

Header 1

Header 2

Header 3

Header 4

Header 5

- Main Item 1
  - Subitem 1.1
  - Subitem 1.2
  - Subitem 1.3
- Main Item 2
- Main Item 3

- Exercise 1
- Exercise 2
- Exercise 3

- 1. Item 1
- 2. Item 2
  - 2.1 Subitem 2a
  - 2.2 Subitem 2b
- 3. Item 3
  - 3.1 Subitem 3a

Use single *underscores* or single *asterisks* to get italics

*italics*

*italics****bold and italics****italics*

**bold**

