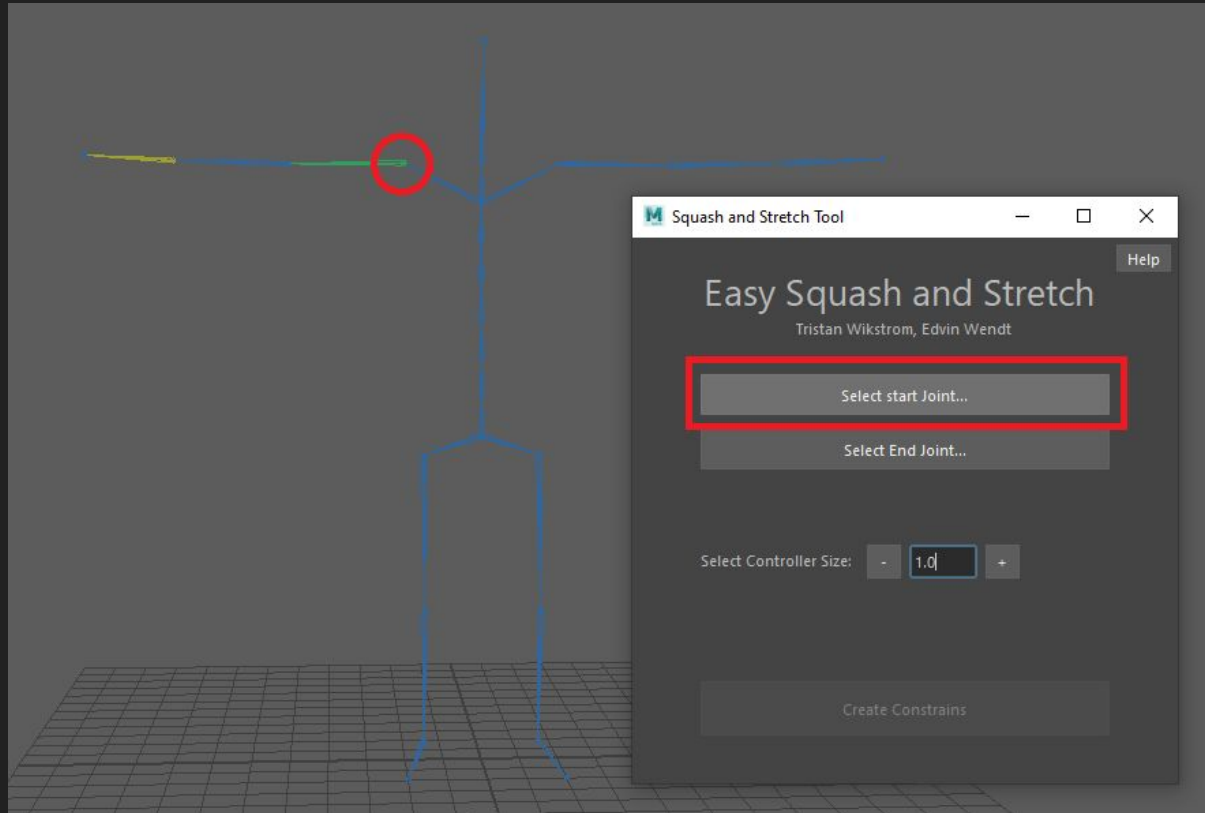


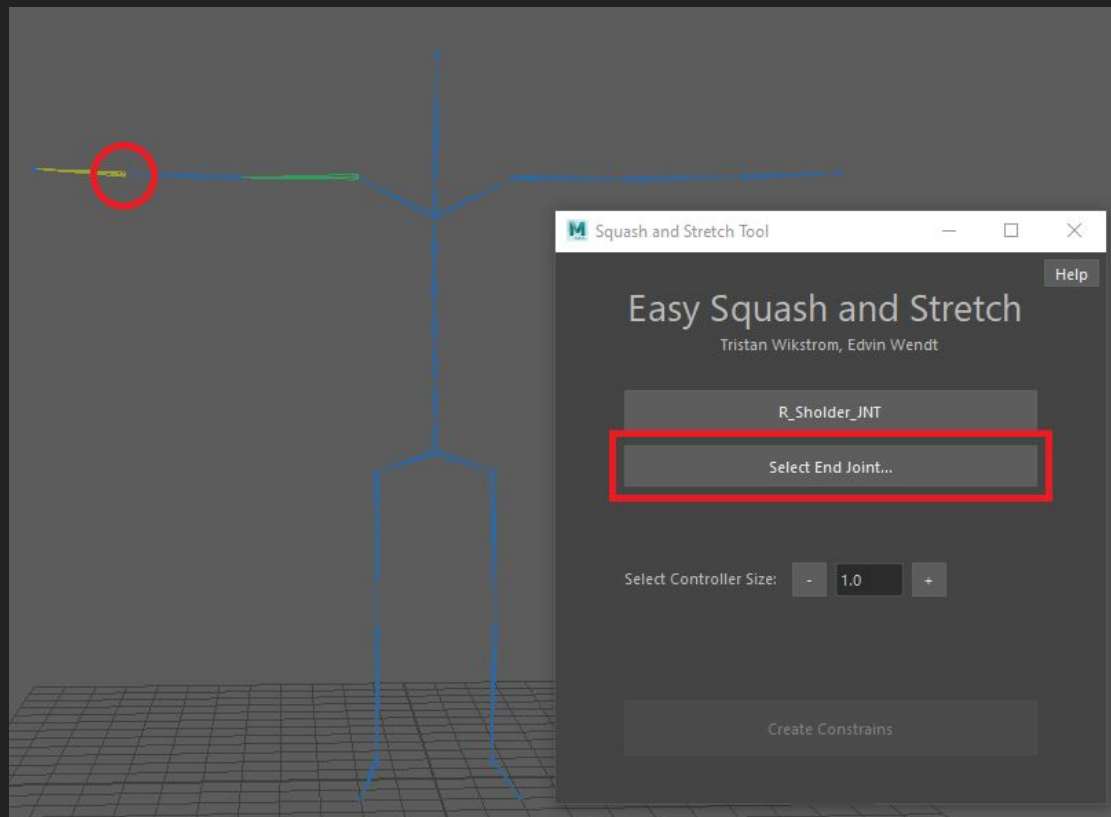
- 1) Select the “**R\_Shoulder\_JNT**” and click on the “Select start joint...” button in the Squash and Stretch Tool window. (Fig 1)

Fig 1:



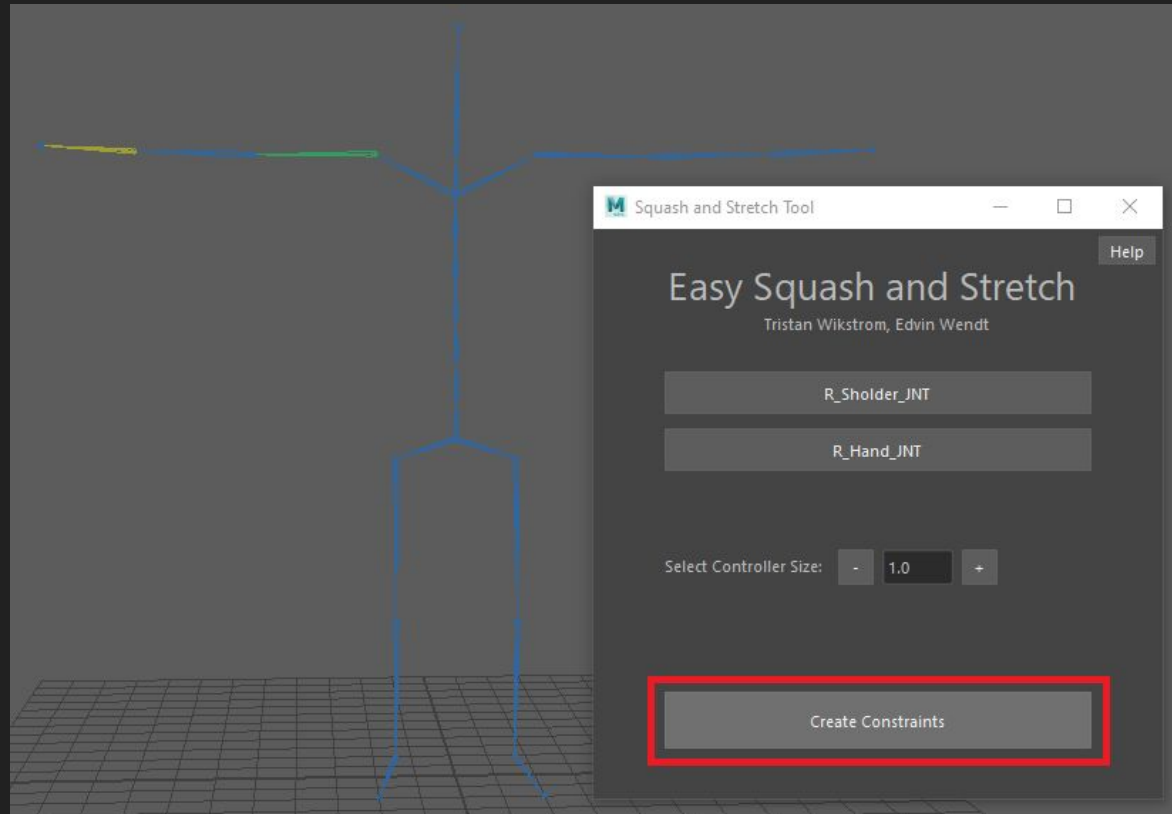
- 2) Select the “R\_Hand\_JNT” and click on the “Select end joint...” button in the Squash and Stretch Tool window. (Fig 2)

Fig 2:



- 2) Click on the “Create Constraints” button in the Squash and Stretch Tool window. (Fig 3)

Fig 3:



You are done!