

# BFI (Conscientiousness)

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- 3. Does a thorough job
  - 8. Can be somewhat careless (R)
  - 13. Is a reliable worker
  - 18. Tends to be disorganized (R)
  - 23. Tends to be lazy (R)
  - 28. Perseveres until the task is finished
  - 33. Does things efficiently
  - 38. Makes plans and follows through with them
  - 43. Is easily distracted (R)

John et al., 1991

## BFI (Neuroticism)

4. Is depressed, blue
9. Is relaxed, handles stress well (R)
14. Can be tense
19. Worries a lot
24. Is emotionally stable, not easily upset (R)
29. Can be moody
34. Remains calm in tense situations (R)
39. Gets nervous easily

## BFI (Extraversion)

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- 1. Is talkative
  - 6. Is reserved (R)
  - 11. Is full of energy
  - 16. Generates a lot of enthusiasm
  - 21. Tends to be quiet (R)
  - 26. Has an assertive personality
  - 31. Is sometimes shy, inhibited (R)
  - 36. Is outgoing, sociable

# BFI (Agreeableness)

2. Tends to find fault with others (R)
7. Is helpful and unselfish with others
12. Starts quarrels with others (R)
17. Has a forgiving nature
22. Is generally trusting
27. Can be cold and aloof (R)
32. Is considerate and kind to almost everyone
37. Is sometimes rude to others (R)
42. Likes to cooperate with others

John et al., 1991

## BFI (Openness)

5. Is original, comes up with new ideas
10. Is curious about many different things
15. Is ingenious, a deep thinker
20. Has an active imagination
25. Is inventive
30. Values artistic, aesthetic experiences,
35. Prefers work that is routine (R)
40. Likes to reflect, play with ideas
41. Has few artistic interests (R)
44. Is sophisticated in art, music, or literature

John et al., 1991