

# 20251015

1. fulfill this wish	实现这个愿望
2. restrict A to B	将 A 限制在 B 范围内
3. Lack of sleep may result in health problems.	缺乏睡眠可能导致健康问题。
4. A result from B	A 由 B 引起
5. as a result of our joint efforts	由于我们的共同努力
6. in return for his help	作为对他帮助的回报
7. the reverse of mine	与我的相反
8. was rewarded with a cash bonus	获得了现金奖励
9. get rid of these nuclear waste	处理掉这些核废料
10. be ripe for	时机成熟;适合于
11. run the risk of doing	冒着做某事的风险
12. at the risk of being fired	冒着被解雇的风险
13. play an effective role in	在...中发挥有效作用
14. be rooted in	植根于
15. expectations of the future	对未来的期望
16. rule out the possibility of	排除...的可能性
17. be frightened to death	吓得要死
18. sacrifice A for B	为 B 牺牲 A
19. as prosperous as it used to be.	像过去一样繁荣
20. for the sake of	为了...起见
21. be worth promoting on a large scale	值得大规模推广
22. Scarcely +过完 ... when +过去	
23. be scheduled to do	计划做
24. scold A for B	因 B 责备 A
25. in search of a decent job	寻找一份体面的工作
26. out of season	不当季
27. in season	当季
28. be seated in/at	坐在
29. be second to none	首屈一指