Screen Time

Objectives:

At the end of this episode, I will be able to:

1. Describe the purpose of Screen Time in macOS.
2. Describe the available controls and how they improve the user experience.
3. Enable, configure, and disable Screen Time for an account.

> Additional resources used during the episode can be obtained using the download link on the overview episode.

- Screen Time

    - `Apple Menu` -> `System Preferences` -> `Screen Time`
    - No real global settings
    - Per user settings

- Parental Controls (Previous versions of macOS)

    1. `Apple Menu` -> `System Preferences` -> `Users & Groups`
    2. Select the User
    3. Check `Enable parental controls`

- Restrictions include:

    - Apps

        - Manage a white-list of applications which can be run by the user

    - Web

        - Manage a white-list or black-list of web sites than can be accessed by the user

    - People

        - Controls social applications
        - Game Center
        - Apple Mail
        - Contacts

    - Time Limits

        - Apply weekday, weekend and bedtime limits

    - Other

        - Disable camera
        - Disable dictation
        - Hide profanity in dictionary
        - Limit printer administration
        - Disable changing the password
        - Limit CD and DVD burning

- Testing Controls

    - Login with the controlled user if you have the password.

- Disabling Parental Controls

    1. `Apple Menu` -> `System Preferences` -> `Screen Time` -> `Options` -> `Turn Off`