

Up and down  
Whole-Half

C

C Db Eb E Gb G A C A G Gb E Eb Db C

D

D Eb F Gb Ab A B D B A Ab Gb F Eb D

E

E F G Ab Bb B Db E Db B Bb Ab G F E

Gb

Gb G A Bb C Db Eb Gb Eb Db C Bb A G Gb

Ab

Ab A B C D Eb F Ab F Eb D C B A Ab

Bb

Bb B Db D E F G Bb G F E D Db B Bb

Db

Db D E F G Ab Bb Db Bb Ab G F E D Db

Eb

Eb E Gb G A Bb C Eb C Bb A G Gb E Eb

F

F Gb Ab A B C D F D C B A Ab Gb F

G

G Ab Bb B Db D E G E D Db B Bb Ab G

A

A Bb C Db Eb E Gb A Gb E Eb Db C Bb A

B

B C D Eb F Gb Ab B Ab Gb F Eb D C B