

Environmental impact

In the table below, you can find a comparison of different “milk” options from an environmental perspective. The “milks” are rated from the most environmentally friendly (1) to the least (4). Green colour marks the best option, red the worst from an environmental perspective. Question mark means, that the current science does not know yet for sure - maybe an opportunity for future interested scientists?

	Emission of greenhouse gas	Water Use	Land Use
Dairy milk	4	2	2
Soy drink	2	1	1
Oat drink	1	?	?
Almond drink	3	3	?