

LOYOLA JESUIT COLLEGE



Service of God and Others

Office of the Chaplain

Monday, October 21, 2024.

TO: Parents of SS 2 Lions and Lionesses Registered for *Kairos* Retreat 40.

RE: LETTER OF AFFIRMATION FOR K-40 RETREATANTS

Dear Parents of the Pride,

I thank you for consenting to your child's participation in the *Kairos* Retreat program. Now, having given the consent to your child's participation in the Christmas *Kairos* retreat 40. The dynamics of *Kairos* retreat accords both students and their parents a unique opportunity to be part of the experience. Parents/guardians accompany their ward by means of writing letters. I hereby invite you to write an affirmation letter to your child/ward. Please extend the invitation to your spouse; siblings, family friends and anyone who is close to your child. The expectation is that you will all write **separate letters of support to him/her**. [Send as many letters as possible](#). One of the affirmation letters that each retreatant receives will be read out during the retreat so that other retreatants can share in her/his journey of faith. S/he will read the other letter(s) privately.

What is a Letter of Affirmation, you may ask? [It is a letter written to express love, solidarity, concern and encouragement, thereby promoting self-improvement, emotional healing and well-being](#). Please ensure to keep the tone of the letter **positive, direct, personal, and real**. To write one of such to your child, you can make reference to her/his lived experiences, i.e., concrete occasions in which s/he excelled in virtuous acts making you a proud parent, guardian, family or friend. In addition, you are to candidly point out areas of her/his life in need of improvement, and suggest ways in which s/he can improve.

I strongly recommend that you [make it clear in your letter that your child has been a source of God's blessing to you and your family](#). In the context of *Kairos*, Letters of Affirmation from parents and loved ones are known to elicit in the retreatant a deep feeling of love and a corresponding feeling of gratitude. With that in mind, I can assure you that the letter deserves as much time as you can possibly devote to them.

Still on the Letter of Affirmation, **it should come as a surprise to the child**, hence you are not to discuss it with anyone except your spouse. Please do not divulge this information to your child.

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You may, of course, talk about it with relatives if you wish to invite them to also write a letter of Affirmation to your child/ward. **However, students of Loyola Jesuit College who have not done Kairos retreat and parents/guardians whose children have not done the retreat should NOT know about the letters.** No child should know that you or someone else is writing to affirm him or her prior to the retreat. Due to time constraint, we strongly recommend that all letters of affirmation be sent via email as attachment(s) to the chaplain **BEFORE DECEMBER 1st, 2024.** Please treat it as **STRICTLY CONFIDENTIAL**.

Lastly, kindly be reminded that the *Kairos* retreat 40 is scheduled for **Sunday 08th through Thursday 12th December 2024.**

I look forward to receiving your Letter(s) of Affirmation for your child. Once again I entreat that you get his/her older siblings, uncles, and aunties to write one of such, as that would go a long way to enrich his/her retreat. What is more, I look forward to your maximum cooperation and support in our preparations for *Kairos* Retreat 40 as scheduled. Again, please send in the letters on time, to avoid mix up. Kindly send to us all we require from you for a smooth planning of this life-changing spiritual encounter. May God bless you with His deep peace.

Yours in Christ,

A handwritten signature in blue ink, appearing to read 'Anthony Aduaka', with a horizontal line drawn underneath it.

Fr. Anthony Aduaka, SJ
Chaplain