El Eman Lab

Medical Chemical Analysis





REPORTS

BLOOD GLUCOSE

Reference Range:

▲ **HbA1C** (Glycosylated Hemoglobin) : 7.0 % **High** Normal: 4.5 - 5.7 %

prediabetic: 5.8 - 6.4 %

Diabetic: > 6.5 % Good control: 6 - 7 % Fair control: 7 - 8 % poor control: > 8%

Iron Tests

★ Ferritin : 31.3 ng/mL 10.0 - 232.0

Vitamins

▲ Vitamin B12 (Cyanocobalamine) : 1192.0 pg/mL High 197.0 - 771.0 pg/mL

▲ Vitamin D3 (25 Hydroxy Cholycalceferol) 28.8 ng/mL Low Recommended Value 30 - 100

Insufficiency 10 - 29 Marked Deficiency < 10 Toxic Values > 100

Thyroid Hormones

▲ TSH (Thyroid Stimulating Hormone) : 2.91 ulU/mL Normal 0.30 - 6.00 uIU/ml

Comment: Many factors affect TSH levels including circadian rhythm (peak around midnight and a low in the afternoon), diet (High-Fiber Diet or Goitrogenic Foods), thyroid therapy, autoimmune thyroiditis and stress. such factors act as Non-thyroidal illness affecting TSH levels without any effect on thyroid gland.

Doctor's signature:

