All of the methods return a list of size "count" or lower of items of the type mentioned on the dynamic URL. These items are very well detailed and described in the other API's REST requests.

Endpoint /recommendations/beverages/<count> GET

Endpoint /recommendations/recipes/<count> GET

Endpoint /recommendations/users/<count> GET

Endpoint /recommendations/beverages/<email_user>/<count> GET

Endpoint /recommendations/users/<email_user>/<count> GET

Endpoint /recommendations/recipes/<email_user>/<count> GET