



Assignment #01

CPIS428: Professional Computing Issues
Personal value system (personal and career values)



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Introduction

The concept of personal and career values has drawn a lot of attention in recent years as people seek to build a set of values that guide their activities and behaviors in both their personal lives and in the workplace.

Values are fundamental principles that guide our actions and decisions. They are beliefs and ideals that shape who we are and what we strive for in life, both personally and professionally.

We should not suppress our genuine values. They enhance our feeling of self-awareness and give life meaning. We may not have a list of values written down. However, we have likely made choices to prioritize what we find important in life over the years. They impact our decisions, and they form the path that gets us closer to our long-term goals. Personal values and career values are both essential for individuals to establish a strong foundation for their lives. [\[1\]](#)



Personal Values

Personal values are the beliefs and principles that shape who we are and the decisions we make in life. Understanding and living by our personal values is crucial for our well-being and happiness. When our actions align with our values, we feel fulfilled and confident, which leads to greater satisfaction in our relationships and overall life. [2]

As an example, being honest in all communication with colleagues, managers, and clients, even if it means admitting mistakes or delivering difficult news.



Honesty is one of the most significant personal values. It requires telling the truth even when it's difficult, admitting mistakes, and taking responsibility for our actions. Honesty is crucial for building and maintaining healthy relationships with others.



Respect is another essential personal value. It means treating others the way we want to be treated, showing kindness, and acknowledging the value of others' beliefs and perspectives. Respect is crucial for fostering positive relationships and creating a sense of community.



Taking care of our **physical, mental, and emotional well-being** is another vital personal value. It involves engaging in activities that promote our overall health, such as eating well, exercising regularly, and practicing self-care. Investing in our well-being ensures that we have the energy and motivation to pursue our goals and live fulfilling lives.



Responsibility is about being accountable for our actions and decisions. It means taking ownership of our mistakes and doing what we can to make things right. Responsibility also involves being reliable, dependable, and following through on our commitments and obligations.



Compassion and empathy are crucial personal values. Compassion involves caring for others and showing empathy, putting ourselves in others' shoes, and doing what we can to help. It means demonstrating concern for their welfare and offering support and comfort when needed.



Finally, **family** is one of the most important personal values. Prioritizing family and maintaining strong relationships with loved ones is crucial for our well-being. Family provides us with a sense of belonging and support, and investing time and effort in nurturing family relationships is essential.

Career Values

Career values are the guiding principles that shape our professional decisions and influence our priorities in the workplace. When we understand and adhere to our values, we can create a fulfilling and meaningful career that aligns with our beliefs and aspirations. [3] [4]

For instance, an individual who values creativity may seek out a career in a field such as art or writing, where they can express themselves and pursue their passion while still earning a living.



One of the most significant values is **passion**. A career driven by passion allows individuals to feel motivated, committed, and enthusiastic about their work. Passion helps people overcome challenges and obstacles, leading to success and fulfillment.



Another important value is **integrity**. This means being honest, transparent, and ethical in all aspects of our professional lives. Individuals who value integrity are accountable for their actions and decisions, and their behavior gains the trust and respect of colleagues and clients.



Ambition is also crucial. Setting high standards and pursuing goals is a characteristic of ambitious people. They are driven to achieve and continuously improve themselves and their skills.



Personal growth and development are equally important. Individuals who prioritize personal growth are dedicated to learning, expanding their knowledge and skills, and exploring new experiences. They are open to challenges, allowing them to grow both professionally and personally.



Collaboration and teamwork are essential values in today's work environment. The ability to work effectively with others, share knowledge and expertise, and build positive relationships can lead to success and opportunities.



Lastly, **creativity** is a valuable asset in any career. Those who value creativity think innovatively and produce ingenious resolutions to challenges. They are willing to take risks and try new things, leading to growth and advancement.

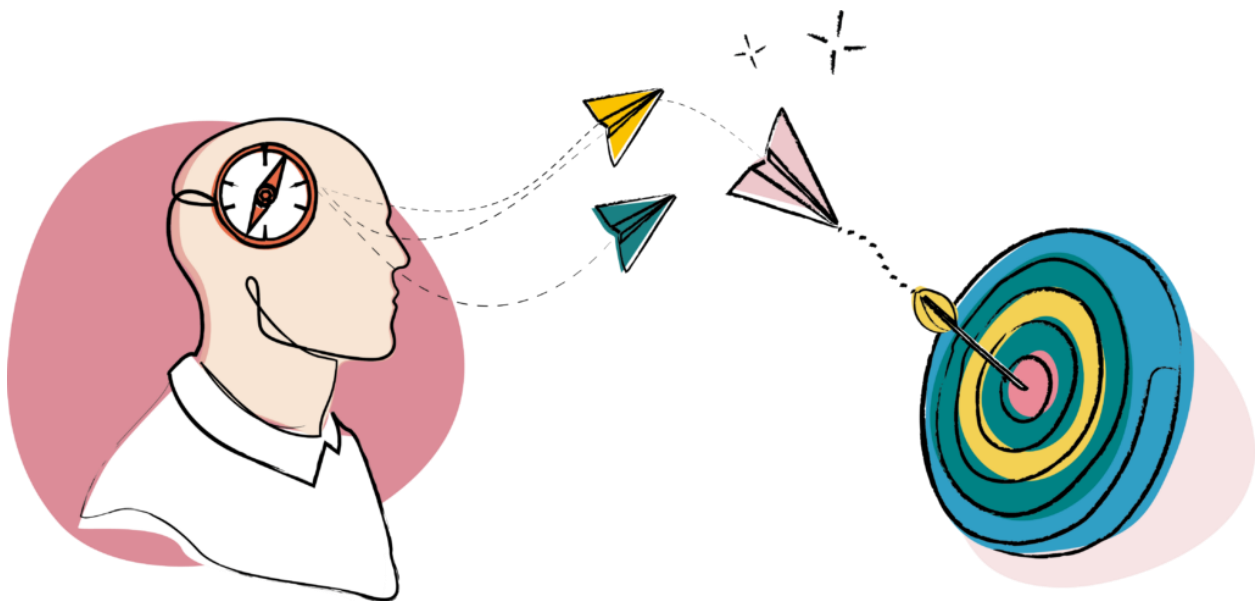
In summary, by embracing these values, individuals can create a career that aligns with their beliefs and priorities. Adhering to these values allows individuals to overcome challenges, build trust, achieve success, and make a positive impact on their communities and the world around them.

Conclusion

In conclusion, it is crucial to note that personal and career values are not mutually exclusive, and they often overlap. Personal values can have an impact on an individual's career values, and vice versa.

Personal and career values are integral to our behavior, decision-making, and interactions with others. Identifying and prioritizing these values is crucial for personal and professional fulfillment. Aligning our actions with these values leads to a more purposeful and satisfying life.

In my personal life, I strive to embody these values in all my interactions with others. I make it a point to always be honest with my loved ones, even when it's difficult. I also try to show respect to everyone I meet, regardless of their beliefs or backgrounds. By embodying these values and striving to live by them every day, we can build strong relationships, achieve our goals, and make a positive impact on the world around us.



References

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