



BISHOP FOLEY CATHOLIC HIGH SCHOOL  
*"Undeniably Catholic, Academically Excellent"*

# Prayer Book

*Reflections and prayers for all occasions*

REVISED AUGUST 2022



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“For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For by one Spirit we were all baptized into one body – Jews or Greeks, slaves or free – and all were made to drink of one Spirit.” – *1 Corinthians 11:12-13*

## *Prayer for our Foley Students*

Heavenly Father, we thank you for the gift of all the students who belong to our Bishop Foley Catholic Family.

May our students truly encounter Christ through the loving words and actions of the faculty, staff and all those entrusted with their care.

May our students grow in their friendships with Christ through study, prayer worship and the Christian fellowship that permeates our school.

May our students share Christ with others; especially their family, friends and all those they may encounter outside of our school.

God of peace, bless and protect our Foley Family. We ask this through Christ your Son who lives and reigns with you and the Holy Spirit.

**Amen.**

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# *Traditional Catholic Prayers*

— The Bishop Foley Catholic Prayer Book —

## *Our Father*

Our Father, Who art in heaven,  
Hallowed be Thy Name.  
Thy Kingdom come.  
Thy Will be done, on earth as it is in Heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil. **Amen.**

## *Hail Mary*

Hail Mary, Full of Grace,  
The Lord is with you.  
Blessed are you among women,  
and blessed is the fruit of your womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners now,  
and at the hour of death. **Amen.**

## *Glory Be*

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning,  
is now, and ever shall be,  
world without end. **Amen.**

## *Prayer to the Holy Spirit*



Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.  
Send forth your Spirit, and they shall be created.  
And You shall renew the face of the earth.

### *Let us pray.*

O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful,  
grant that by the same Holy Spirit we may be truly wise and ever enjoy His  
consolations. Through Christ Our Lord. **Amen.**

## *The Jesus Prayer*



Lord Jesus Christ, Son of God,  
have mercy on me, a sinner.

## *Apostles Creed*



I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. **Amen.**



## Nicene Creed

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. **Amen.**



## *Angelus* *Traditionally prayed at noon*

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The Angel of the Lord declared to Mary:  
And she conceived of the Holy Spirit.

*Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.*

**Amen.**

Behold the handmaid of the Lord: Be it done unto me according to Thy word.  
*Hail Mary . . .*

And the Word was made Flesh: And dwelt among us.  
*Hail Mary . . .*

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord.

**Amen.**

## *Act of Contrition*

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My God, I am sorry for my sins with all my heart.  
In choosing to do wrong and failing to do good,  
I have sinned against you whom I should love above all things.  
I firmly intend, with your help,  
to do penance, to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ,  
suffered and died for us.  
In his name, my God, have mercy.

## *Guardian Angel*

Angel of God,  
my Guardian dear,  
To whom God's love commits me here,  
Ever this day be at my side  
To light and guard,  
to rule and guide.

**Amen.**

## *Prayer for Vocations*

Loving and Generous God,  
it is You who call us by name  
and ask us to follow You.  
Help us to grow in the Love  
and Service of our Church  
as we experience it today.  
Give us the energy and courage  
of Your Spirit  
to shape its future.  
Grant us faith-filled leaders  
who will embrace Christ's Mission  
of love and justice.  
Bless the Church of Detroit  
by raising up dedicated and generous leaders  
from our families and friends  
who will serve Your people as Sisters,  
Priests, Brothers, Deacons and Lay Ministers.  
Inspire us to know You better  
and open our hearts  
to hear Your call.  
We ask this through our Lord.

**Amen.**

# *Morning Prayers*

— The Bishop Foley Catholic Prayer Book —

## *Morning Offering*

Most Holy and Adorable Trinity, one God in three Persons, I firmly believe that You are here present; I adore You with the most profound humility; I praise You and give You thanks with all my heart for the favors You have bestowed on me. Your Goodness has brought me safely to the beginning of this day.

Behold, O Lord, I offer You my whole being and in particular all my thoughts, words and actions, together with such crosses and contradictions as I may meet with in the course of this day.

Give them, O Lord, Your blessing; may Your divine Love animate them and may they tend to the greater honor and glory of Your Sovereign Majesty.

**Amen.**

## *Good Morning God*

Good Morning God!  
You are ushering in another day,  
untouched and freshly new.  
So here I am to ask you, God,  
if You'll renew me too.

Forgive the many errors that I made yesterday  
and let me try again dear God  
to walk closer in Your way.

But Lord, I am well aware,  
I can't make it on my own.  
So take my hand and hold it tight,  
for I cannot walk alone.

**Amen.**

## Morning Prayer to the Holy Spirit

Holy Spirit, may the blessing of this fresh new morning light shining forth from this new day cause me to be open to the power of Your divine light. May Your divine light mark out the path I must follow this day, strengthen me for sacrifice—for the sacrifice of divine love lived out in all the details and events that await me this day.

Holy Spirit, fill me with the fire of Your love. Be my divine protection, my unfailing source of wisdom and strength to face Satan and all his evil and deceiving spirits throughout the day. May all my weaknesses be a cause for rejoicing because Your power is made perfect in weakness. Come Holy Spirit, Lord and Giver of Life, and make me shine, make me holy this day. Come Holy Spirit. **Amen.**

## Morning Offering

○ Jesus,

Through the Immaculate Heart of Mary,  
I offer you all my prayers, works, and suffering of this day;  
for all the intentions of your Sacred Heart,  
in union with the holy sacrifice of the Mass throughout the world,  
in reparation for all my sins,  
for the intentions of all our family and friends,  
and in particular, for the intentions of our Holy Father.

**Amen.**

## God Be in My Head

God be in my head and in my understanding.  
God be in my eyes and in my looking.  
God be in my mouth and in my speaking.  
God be in my heart and in my thinking.  
God be at my end and my departing.



# Daily Prayers for Teachers

— The Bishop Foley Catholic Prayer Book —

Heavenly Father, who promised that all those who instruct others in the ways of holiness will shine as stars for all eternity, fill our hearts and minds with true knowledge and the art of teaching. Give us patience and understanding, justice and prudence, humility and fear of the Lord. Grant us wisdom and charity so that with a pure and holy love of God we ourselves may enjoy all these gifts and impart them to our pupils. Teach our children to be obedient to your laws and docile to your inspirations. Let them be instruments of your peace in their homes, in our land, and in the family of nations as becomes children of the sons of God in the Mystical Body of Christ. May the blessings of your seven-fold Gifts be in all who teach and in all who learn through the Holy Spirit who is the Love of the Father and the Son, our Lord Jesus Christ. **Amen.**



Father,

May everything we do begin with your inspiration  
and continue with your saving help.

Let our work always find its origin in you and through you reach completion.  
We ask this through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever. **Amen.**



Eternal God

Bless all schools, colleges, and universities this day,  
especially Bishop Foley CHS,  
that they may be lively centers for sound learning,  
new discovery, and the pursuit of wisdom;  
and grant that those who teach and those who learn  
may find you to be the source of all truth;  
through Jesus Christ our Lord,

**Amen.**

Lord, make us instruments of your peace.  
Where there is hatred, let us sow love;  
where there is injury, pardon;  
where there is discord, union;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.

Grant that we may not so much seek  
to be consoled as to console;  
to be understood as to understand;  
to be loved as to love.

For it is in giving that we receive;  
it is in pardoning that we are pardoned;  
and it is in dying that we are born to eternal life. **Amen.**

*St. Francis of Assisi (1181-1226)*



Teach me, O my Lord Jesus, and instruct me that I may learn from you  
what I ought to teach concerning you. **Amen.**



Heavenly Father, enable me to teach with wisdom for I help to shape the mind.  
Equip me to teach with truth for I help to shape the conscience.  
Encourage me to teach with vision for I help to shape the future.  
Empower me to teach with love for I help to shape the world.  
I ask this in the name of Jesus, the Lord. **Amen.**

## *Prayer for Special Education Teachers*

Lord, grant me the eyes to see and the heart to understand. Help me to see  
clearly in my students what others might not see. Help me to identify their  
needs and to reach each student so that they may learn in the ways that  
work best for them. Allow me to see the light that burns within those who are  
different, unusual, remarkable, and to see that light as something precious,  
illuminating, and holy.

**Amen.**



## Prayer for Catechists

Loving Father, we pray today for our catechists. We thank you for their gift of ministry in your Church. Grant them your wisdom that they may grow in the understanding and teaching of your Word. Grant them also your love that they may be fruitful heralds of your Word and lead others to love you. Pour forth your Holy Spirit upon them to grant them wisdom about what is important; knowledge of the truths of faith; understanding of their meaning; right judgment about how to apply them in life; courage to persevere even in the face of adversity; reverence before all that is sacred and holy; and that loving zeal which leads others to a transforming encounter with your Son. We pray this through Christ, our Lord. **Amen.**

## Prayer for Counselors

Let Your love shine through all I do, so those who are in need May hear You, feel You, See You in me. Give to my heart, O Lord compassion and understanding. Give to my hands, skill and tenderness. Give to my ears, the ability to listen. Give to my lips, words of comfort. Give to me, O Lord, strength for this selfless service. And enable me to give hope to those I am called to serve.

**Amen.**

## Prayer to Mary for Teachers

Sweet Virgin Mary,  
Our Heavenly Father chose you among all women  
to be the mother of His Son. You are a true woman  
of grace and love, the holiest of all God's children. We  
ask that you watch over our teachers today. Keep them  
under your maternal care. Help them to have patient  
spirits and kind hearts as they seek to mirror the loving  
face of Jesus to all their students.

At the conception of Jesus the Holy Spirit  
overshadowed you. Through your intercession, may  
the Holy Spirit overshadow our teachers today, opening  
their hearts to the voice of God, and granting them the  
Wisdom to be good and holy educators.

*Hail Mary...*

# Prayers for Academics & Athletics

– The Bishop Foley Catholic Prayer Book –

## Science *Prayer to St. Albert the Great, patron of scientists*

Dear Scientist and Doctor of the Church, natural science always led you to the higher science of God. Though you had an encyclopedic knowledge, it never made you proud, for you regarded it as a gift of God.

Inspire scientists to use their gifts well in studying the wonders of creation, thus bettering the lot of the human race, and rendering greater glory to God.

**Amen.**

## Computers *Prayer to St. Isidore, patron of computer users*

Almighty and eternal God, who created us in your image and formed us to seek after all that is good, true and beautiful, especially in the divine person of your only-begotten Son, our Lord Jesus Christ, grant we beseech you that, through the intercession of Saint Isidore, bishop and doctor, during our journeys on the computer and through the internet we will direct our hands and eyes only to that which is pleasing to you and treat with charity and patience all those souls whom we encounter. Through Christ our Lord.

**Amen.**

## Art *Prayer to St. Catherine of Bologna, patron of artists*

Dear saintly Poor Clare, so rich in love for Jesus and Mary, you were endowed with greatly talents by God and you left us most inspiring writings and paintings of wondrous beauty. You were chosen Abbess in the monastery of Poor Clares at Bologna. You did all for God's greater glory, and in this you are a model for all. Make artists learn lessons from you, and use their talents to the full.

**Amen.**



## Performing Arts *Prayer to St. Genesius, patron of actors*

Dear Genesius, according to a very ancient story when you were still a pagan you once ridiculed Christ while acting on the stage. But, like Saul on the road to Damascus, you were floored by Christ's powerful grace.

You rose bearing witness to Jesus and died a great martyr's death. Intercede for your fellow actors before God, that they may faithfully and honestly perform their roles and so help others to understand their role in life thus enabling them to attain their end in heaven. **Amen.**

## English *Prayer to St. George, patron of England*

Faithful servant of God, Saint George, favored by God with the gift of faith, and inflamed with an ardent love of Christ, you did fight valiantly against the dragon of pride, falsehood, and deceit. Neither pain nor torture, sword nor death could part you from the love of Christ. I fervently implore you for the sake of this love to help me by thy intercession to bear bravely through any trials that I may encounter, so that I may patiently carry the cross which is placed upon me; and let neither distress nor difficulties separate me from the love of Our Lord Jesus Christ. **Amen.**

## Mathematics & Accounting

*Prayer to St. Matthew, patron of Accountants & Mathematicians*

Dear Levi, now known as Matthew, you were first a publican, a tax collector, and then a gatherer of souls for Christ after immediately following His call. Later you wrote wonderful accounts of your Jewish brethren of what Jesus, descendant of David, said and did as Teacher and Savior. Make all accountants imitate your example in giving careful and honest accounts.

**Amen.**

## Music *Prayer to St. Cecilia, patron of music*

Saint Cecilia, heroic martyr who stayed faithful to Jesus your divine bridegroom, give us faith to rise above our persecutors and to see in them the image of our Lord. We know that you were a musician and we are told that you heard angels sing. Inspire musicians to gladden the hearts of people by filling the air with God's gift of music and reminding them of the Divine Musician Who created all beauty. **Amen.**

## *Theology* *Prayer to St. Thomas Aquinas, patron of theologians*

Wonderful Theologian and Doctor of the Church, you learned more from the Crucifix than from books. Combining both sources, you left us the marvelous Summa of theology, broadcasting most glorious enlightenment to all. You always sought for true light and studied for God's honor and glory. Help us all to study our religion as well as all other subjects needed for life, without ambition and pride in imitation of you. **Amen.**

## *French* *Prayer to St. Joan of Arc, patron of France*

Most extraordinary soldier, St. Joan, you insistently proclaimed: "Let God be served first!" You began by winning many victories and received the plaudits of princes, but then you were given to the enemy and cruelly put to death. Instill in us the desire to serve God first and perform our earthly tasks with that idea ever in our minds. **Amen.**

## *Spanish* *Prayer to St. John of the Cross, patron of Spanish poetry*

Lord, you endowed our Saint John of the Cross, patron of Spanish poetry, with a spirit of self-denial and a love of the cross. By following his example, in both word and action, may we come to the eternal vision of your glory. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## *Library* *Prayer to St. Jerome, patron of librarians*

Master of unworldliness and founder of monasteries, you had a deep love for God's inspired Word and were a most careful translator of the Sacred Scriptures. Your single-mindedness in seeking God's glory is a perfect model for all exegetes. Inspire them with respect for the sacred text as well as for Tradition and the Church's Magisterium. Help them to impart to all the true meaning of the Word of God. **Amen.**



## Business/ Economics *St. Homobonus, patron of business people*

Almighty God our heavenly Father, guide all the nations of the world into the way of true economic justice that benefits all, and establish among them that peace which is the fruit of righteousness, so that they may become the kingdom of our Lord and Savior Jesus Christ. **Amen.**

## Social Science *Prayer of the Venerable Bede, patron of historians*

We pray to you, loving Jesus, that as you have graciously given us to drink in with delight the words of your knowledge, so you would mercifully grant us to attain one day to you, the fountain of all wisdom, and to appear forever before your face. **Amen.**

## Athletics

God our Father,

You have created us to strive for the best.

Grant to all athletes, coaches, and fans, strength to pursue excellence during this event, and in all that we do.

We pray for the safety of these athletes; Protect them from injury and harm. And finally, we pray for your grace, that you would provide us with the endurance to pursue our heavenly prize: eternal life in Your Son. **Amen.**



Heavenly Father, be with my young athletes as they test their physical skills. Let them play well, but fairly. Let competition make them strong, but never hostile. Grant them the strength to best their opponent, and lead them to always help the opponent up.

Grant them moments to rejoice, but not in the adversity of others.

Help them stay safe from injury, both physical and emotional.

Help them to learn something that matters once the game is over.

Help them remember that sports are just games. If they know victory, allow them to be happy. If they are denied, keep them from envy.

If through athletics, they set an example, let it be a good one.

In the name of Your Son, Jesus, **Amen.**

# *Seasonal Prayers*

— The Bishop Foley Catholic Prayer Book —

## *Start of New School Year*

Father,

We thank you for the opportunity to begin this new school year, and we ask that you bless the faculty, the students, and student families. We pray that you will guide us in all ways, and that we will seek your will in everything that we do. We ask this in the name of Jesus Christ our Lord, **Amen.**

## *Prayer for Students before Taking Tests*

Loving God,

be with these students now,  
who are about to take this exam.

Thank you for the many talents and gifts you have given them and for the opportunity of education. Calm their nerves and anxiety, help them to remember all that they have studied, to express it clearly and to answer the questions the very best that they can.

Holy Spirit, sit with them in their exam — and always.

In Jesus' name. **Amen.**

St. Joseph of Cupertino, patron saint of test takers, pray for us!

## *All Saints Day*

Father, All-Powerful and ever-living God,  
today we rejoice in the holy men and women  
of every time and place.

May their prayers bring us your forgiveness and love  
We ask this in the name of Jesus Christ our Lord. **Amen.**



## *All Souls Day*

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Merciful Father,  
hear our prayer and console us.  
As we renew our faith in Your Son,  
whom You raised from the dead,  
strengthen our hope  
that all our departed brothers and sisters  
will share in His resurrection,  
who lives and reigns  
with You and the Holy Spirit,  
one God, for ever and ever. **Amen.**

## *Advent*

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All-powerful God,  
help us to look forward in hope to the coming of our Savior.  
May we live as he taught, ready to welcome him with burning love and faith.  
We ask this through our Lord Jesus Christ, your Son who lives and reigns with you and  
the Holy Spirit, one God, for ever and ever. **Amen.**



Lord Jesus Christ, who is, who was, and who is to come,  
we pray for the virtue of hope, that amidst the trials and difficulties  
of this world, we may keep our hearts fixed upon you, who reigns over the cosmos.  
May your grace enliven us, strengthen us, and defend us,  
as we await your coming in glory. **Amen.**



God of love and mercy,  
help us to follow the example of Mary, always ready to do your will.  
At the message of an angel she welcomed your eternal Son and, filled with the light  
of your Spirit, she became the temple of your Word,  
who lives and reigns with you and the Holy Spirit, one God, for ever and ever.  
**Amen.**



## Christmas

God of love, Father of all,  
 the darkness that covered the earth has given way  
 to the bright dawn of your Word made flesh.  
 Make us a people of this light. Make us faithful to your Word,  
 that we may bring your life to the waiting world.  
 Grant this through Christ our Lord. **Amen.**



Lord, in this holy season of prayer and song and laughter,  
 we praise you for the great wonders you have sent us:  
 for shining star and angel's song, for infant's cry in lowly manger.  
 We praise you for the Word made flesh in a little Child.  
 We behold his glory, and are bathed in its radiance.  
 Be with us as we sing the ironies of Christmas,  
 the incomprehensible comprehended,  
 the poetry made hard fact, the helpless Babe who cracks the world asunder.  
 We kneel before you shepherds, innkeepers, wisemen.  
 Help us to rise bigger than we are.  
**Amen.**

## Lent

Father of light,  
 in You is found no shadow of change  
 but only the fullness of life and limitless truth.  
 Open our hearts to the voice of Your Word  
 and free us from the original darkness  
 that shadows our vision.

Restore our sight that we may look upon Your Son  
 who calls us to repentance and a change of heart,  
 for he lives and reigns with You and the Holy Spirit,  
 one God, for ever and ever.

**Amen.**

## *Lent* *continued*

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Father,  
through our observance of Lent,  
help us to understand the meaning  
of Your Son's death and resurrection,  
and teach us to reflect it in our lives.  
Grant this through our Lord Jesus Christ, Your Son,  
who lives and reigns with You and the Holy Spirit,  
one God, for ever and ever. **Amen.**



Almighty and Everlasting God,  
You have given the human race  
Jesus Christ our Savior as a model of humility.  
He fulfilled Your Will by becoming Man and giving His life on the Cross.  
Help us to bear witness to You by following His example of suffering  
And make us worthy to share in His Resurrection.  
We ask this through our Lord Jesus Christ, Your Son.  
**Amen.**

## *Easter*

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God our Father,  
by raising Christ your Son you conquered the power of death and opened for us  
the way to eternal life. Let our celebration during this Easter season raise us up and  
renew our lives by the Spirit that is within us.  
Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and  
the Holy Spirit, one God, for ever and ever. **Amen.**



God our Father,  
by raising Christ your Son you conquered the power of death and opened for us  
the way to eternal life. Let our celebration during this Easter season raise us up and  
renew our lives by the Spirit that is within us.  
Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and  
the Holy Spirit, one God, for ever and ever. **Amen.**



## Easter *continued*

### St. Hippolytus

Christ is Risen: The world below lies desolate  
 Christ is Risen: The spirits of evil are fallen  
 Christ is Risen: The angels of God are rejoicing  
 Christ is Risen: The tombs of the dead are empty  
 Christ is Risen indeed from the dead,  
 the first of the sleepers, Glory and power are his forever and ever. **Amen.**



### Regina Caeli traditionally recited during Easter

Queen of Heaven rejoice, Alleluia;  
 The Son whom you merited to bear, Alleluia,  
 has risen as He said, Alleluia.  
 Pray for us to God, Alleluia.  
 Rejoice and be glad, O Virgin Mary, Alleluia,  
 For the Lord is truly Risen, Alleluia. **Amen.**

## Pentecost



Almighty and ever-living God,  
 you fulfilled the Easter promise by sending us your Holy Spirit.  
 May that Spirit unite the races and nations on earth to proclaim your glory.  
 Grant this through our Lord Jesus Christ, your Son who lives and reigns with you and  
 the Holy Spirit, one God, for ever and ever.  
**Amen.**

## Prayer to any Saint



O Saint \_\_\_\_\_,  
 grant by your powerful intercession with God, that we may obtain the merits of the  
 passion and death of our Lord and Savior Jesus Christ.  
 Who lives and reigns with the Father and the Holy Spirit, One God forever and ever.  
**Amen.**



# Marian Feast Days



Remember,  
O most gracious Virgin Mary,  
that never was it known that any one who fled to thy protection,  
implored thy help or sought thy intercession,  
was left unaided.  
Inspired with this confidence,  
I fly unto thee,  
O Virgin of virgins my Mother;  
to thee do I come,  
before thee I stand,  
sinful and sorrowful;  
O Mother of thy Word Incarnate,  
despise not my petitions,  
but in thy clemency hear and answer me.

**Amen.**



We turn to you for protection, holy Mother of God.  
Listen to our prayers and help us in our needs.  
Save us from every danger, glorious and blessed Virgin.

**Amen.**



Father, source of light in every age, the virgin conceived  
and bore your Son who is called Wonderful God, Prince of Peace.  
May her prayer, the gift of a mother's love, be your people's  
joy through all ages. May her response, born of a humble heart,  
draw your Spirit to rest on your people.  
Grant this through Christ our Lord. Amen.

**Amen.**

# Patron Saints & Prayers

— The Bishop Foley Catholic Prayer Book —

## Prayer to any Saint

O Saint \_\_\_\_\_,

grant by your powerful intercession with God, that we may obtain the merits of the passion and death of our Lord and Savior Jesus Christ. Who lives and reigns with the Father and the Holy Spirit, One God forever and ever. **Amen.**

**Advertisers:** St. Bernardine of Siena

**Athletes:** St. Sebastian

**Archdiocese of Detroit:** St. Anne

**Arts:** St. Catherine of Bologna

**Business/Economics:** St. Homobonus

**Catholic Schools:** St. Thomas Aquinas, St. Ursula, St. Elizabeth Ann Seton

**Choirs:** St. Dominic Savio

**Church:** St. Joseph

**Cooks:** St. Martha

**Counseling:** St. Dymphna and St. Christina the Astonishing

**Creation and the Environment:** St. Francis of Assisi

**Debate:** St. Justin Martyr

**Drama (actors/actresses):** St. Genesius

**Engineers:** St. Patrick

**England:** St. George

**France:** St. Joan of Arc, St. Therese of Lisieux

**Headaches:** St. Teresa of Avila, St. Denis (Bishop of Paris)

**Hopeless (or desperate) cases:** St. Jude

**Immigrants and Refugees:** Frances Xavier Cabrini

**Internet and Computers:** St. Isidore

**Journalists and Writers:** St. Francis de Sales

**Librarians:** St. Jerome

**Math/Bankers:** St. Matthew

**Missions:** St. Francis Xavier, St. Peter Claver, St. Therese of Lisieux

**Music:** St. Cecilia

**Poets:** St. David, St. Columba

**Priests:** St. John Vianney

<b>Retreats:</b>	St. Ignatius of Loyola
<b>Robotics:</b>	St. Macrina the Younger
<b>Schoolmasters, Principals:</b>	St. John Baptist de La Salle
<b>Scientists:</b>	St. Albert the Great
<b>Social Science:</b>	Venerable Bede
<b>Social Justice:</b>	St. Joseph, St. Martin de Porres
<b>Spanish Poets:</b>	St. John of the Cross
<b>Student Council/Government:</b>	St. Thomas More
<b>Teachers:</b>	St. Gregory the Great, St. Elizabeth Ann Seton
<b>Test-Takers:</b>	St. Joseph of Cupertino
<b>Theology:</b>	St. Tomas Aquinas
<b>Throat ailments:</b>	St. Blaise
<b>United States:</b>	Immaculate Conception of Mary
<b>Video Gamers:</b>	Blessed Carlo Acutis
<b>Youth:</b>	St. Maria Goretti, St. John Bosco, Bl. Pier Giorgio Frassati, St. Aloysius Gonzaga

## *Prayer to St. Anne*

O Glorious St. Anne, filled with compassion for those who invoke thee and with love for those who suffer, heavily laden with the weight of my troubles, I cast myself at thy feet and humbly beg of thee to take under thy special protection the present affair which I commend to thee. (State your petition.) Be pleased to command it to thy daughter, the Blessed Virgin Mary, and lay it before the throne of Jesus, so that He may bring it to a happy outcome. Cease not to intercede for me until my request is granted. Above all, obtain for me the grace of one day beholding my God face to face, and, with thee and Mary and all the Saints, of praising and blessing Him for all eternity. **Amen.**

## *Prayer for the Canonization of Blessed Solanus Casey*

O God, I adore You. I give myself to You. May I be the person You want me to be, and may Your will be done in my life today. I thank You for the gifts You gave to Father Solanus. If it is Your Will, bless us with the canonization of Blessed Solanus so that others may imitate and carry on his love for all the poor and suffering of our world. As he joyfully accepted Your divine plans, I ask You, according to Your Will, to hear my prayer for (your intention) through Jesus Christ our Lord. **Amen.**

# Prayer of St. Francis



Lord,

Make me an instrument of your peace:  
 where there is hatred, let me sow love;  
 where there is injury pardon;  
 where there is doubt, faith;  
 where there is despair, hope;  
 where there is darkness, light;  
 where there is sadness, joy.

O Divine Master,

Grant that I may not so much seek  
 to be consoled as to console,  
 to be understood as to understand,  
 to be loved as to love.

For it is in giving that we receive,  
 it is in pardoning that we are pardoned, and  
 it is in dying that we are born to eternal life.

**Amen.**

# Radiating Christ Prayer *St. John Henry Newman*



Dear Jesus, help me to spread Your fragrance wherever I go.

Flood my soul with Your spirit and life. Penetrate and possess my whole being so utterly, that my life may only be a radiance of Yours.

Shine through me, and be so in me that every soul I come in contact with may feel Your presence in my soul. Let them look up and see no longer me, but only Jesus!

Stay with me and then I shall begin to shine as You shine, so to shine as to be a light to others. The light, O Jesus, will be all from You; none of it will be mine.  
 It will be you, shining on others through me.

Let me thus praise You the way You love best, by shining on those around me. Let me preach You without preaching, not by words but by my example, by the catching force of the sympathetic influence of what I do, the evident fullness of the love my heart bears to You. **Amen.**



# Various Prayers

– The Bishop Foley Catholic Prayer Book –

## The Beatitude Prayer

Lord,

Help us to faithfully live the Beatitudes so that we can mirror to others your loving countenance.

When we are poor in spirit, may they behold your countenance.

When we mourn, may they behold your countenance.

When we are meek, may they behold your countenance.

When we hunger and thirst for righteousness, may they behold your countenance.

When we are merciful, may they behold your countenance.

When we are pure in heart, may they behold your countenance.

When we are peacemakers, may they behold your countenance.

When we are persecuted because of you, may they behold your countenance.

Lord Jesus, help us to be holy as you are holy.

**Amen.**

## Prayer to the Holy Spirit

Holy Spirit, Anoint us with your presence.

Stir within us a holy zeal to do the will of the Father.

Sanctify us and soften the places in our hearts in need of healing and redemption. Bring light to our darkness, understanding to our ignorance and peace to our unrest.

Pray in us, through us and with us, for we do not know how to pray as we ought. Make our lives an unceasing prayer to the Father through Jesus our Savior. Help us spread your fragrance in the world.

Spirit of Life, we entrust our lives to your guidance. Give us the gift of discernment so that we are able to be sensitive to your whispers. Help us to unleash the Gospel so that your presence may be all in all.

**Amen.**

## *Serenity Prayer*

God, Grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

**Amen.**

## *Prayer of Thomas Merton*

My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think that I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road, though I may know nothing about it. Therefore will I trust you always, though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone. **Amen.**

## *Prayer of Julian of Norwich*

In you, Father all-mighty, we have our preservation and our bliss.

In you, Christ, we have our restoring and our saving.

You are our mother, brother, and Savior.

In you, our Lord the Holy Spirit, is marvelous and plenteous grace.

You are our clothing; for love you wrap us and embrace us.

You are our maker, our lover, our keeper.

Teach us to believe that by your grace all shall be well, and all shall be well, and all manner of things shall be well. **Amen.**

## *Prayer before Praying in Silence*

Loving God, in the height of this day we pause to rest in you. Quiet our minds that they may be still, fill our hearts that we may abide in love and trust. Christ, as a light illumine and guide me. Christ, as a shield overshadows me. Christ under me; Christ over me; Christ beside me on my left and my right.

**Amen.**



# Bishop John Samuel Foley

– 1833-1918 –

John Foley was born in Baltimore, Maryland, to Matthew and Elizabeth Foley, who were both natives of Enniscorthy, County Wexford, Ireland. His older brother was Bishop Thomas Foley, who served as Coadjutor Bishop of Chicago (1870-1879). After attending local parochial schools in Baltimore, he completed his studies in the classics and philosophy at St. Mary's College in 1850. He then studied theology at St. Mary's Seminary until 1853, when he was sent by Archbishop Francis Kenrick to further his studies in Rome at the Pontifical Athenaeum S. Apollinare, from where he obtained his Licentiate of Sacred Theology in 1857. While in Rome, **Foley was ordained to the priesthood by Cardinal Costantino Patrizi on December 20, 1856, at the Lateran Basilica**. Upon his return to Maryland in November 1857, he served as pastor of St. Brigid's Church in Baltimore.

He was transferred to St. Paul's Church at Ellicott City in 1858, and then to St. Peter's Church in Baltimore as a curate in 1864. In 1865 he founded and became first pastor of St. Martin's Church. **Foley also served as principal of the House of the Good Shepherd, and assisted Archbishop Martin John Spalding in establishing new missions and schools and developing charitable institutions.** A childhood friend of Cardinal James Gibbons, he was secretary of the Third Plenary Council of Baltimore in 1884 and co-authored the Baltimore Catechism.

**On February 11, 1888, Foley was appointed the third Bishop of Detroit, Michigan, by Pope Leo XIII.** He received his episcopal consecration on the following November 4 from Cardinal Gibbons, with Bishops John Loughlin and Edgar Wadhams serving as co-consecrators, at Baltimore. He was Detroit's first American-born bishop, with his two predecessors both hailing from Germany. During his tenure, he established a seminary for Polish Americans, and later healed a long and damaging schism among them. In 1907 the priests and laity of the diocese, in honor of the golden jubilee of his priestly ordination, presented Foley with St. Francis's Home for Orphan Boys, built at a cost of \$250,000. He established the first parish for African Americans, St. Peter Claver's Church, in 1911, although chapels and missions for African American Catholics had existed since the late 1870s. Foley later died at age 84. His 30-year-long tenure remains the longest in the history of the Archdiocese of Detroit.