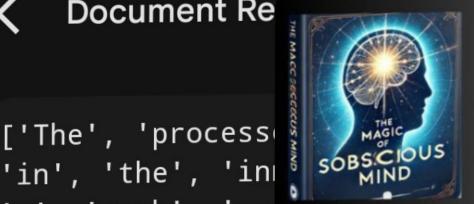


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'grounded', 'in'
'Humans', 'often
'constant'. 'int

THE MAGIC OF SUBCONSCIOUS MIND

'constant', 'int 'focused', 'attention', 'and', 'mind', 'wandering', ',', 'especially', 'when', 'engaged', 'in', 'tasks', 'that', 'require', 'sustained', 'concentration', '.', 'The', 'suggestion', 'to', 'apply', 'mindfulness', 'and', 'self-awareness', 'to', 'coding', 'and', 'software', 'development', 'is', 'also', 'valid', '.', 'Studies', 'have', 'shown', 'that', 'mindfulness', 'practices', 'can', 'improve', 'cognitive', 'function', ',', 'reduce', 'stress', ',', 'and', 'enhance', 'creativity', ',', 'all', 'of', 'which', 'can', 'benefit', 'software', 'developers', '.', 'Therefore', ',', 'while', 'the', 'inner', 'monologue', 'is', 'a', 'creative', 'and', 'imaginative', 'piece', ',', 'the', 'underlying', 'concepts', 'and', 'ideas', 'are', 'rooted', 'in', 'real-world', 'human', 'experiences', 'and', 'cognitive', 'processes', '.',]



THE MAGIC OF SUBCONSCIOUS **MIND**

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'in', 'the', 'in
',', 'such', 'as
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'and', 'neuroscience', '.', 'While',
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'to', 'coding', 'and', 'software',
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'.', 'Studies', 'have', 'shown',
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