

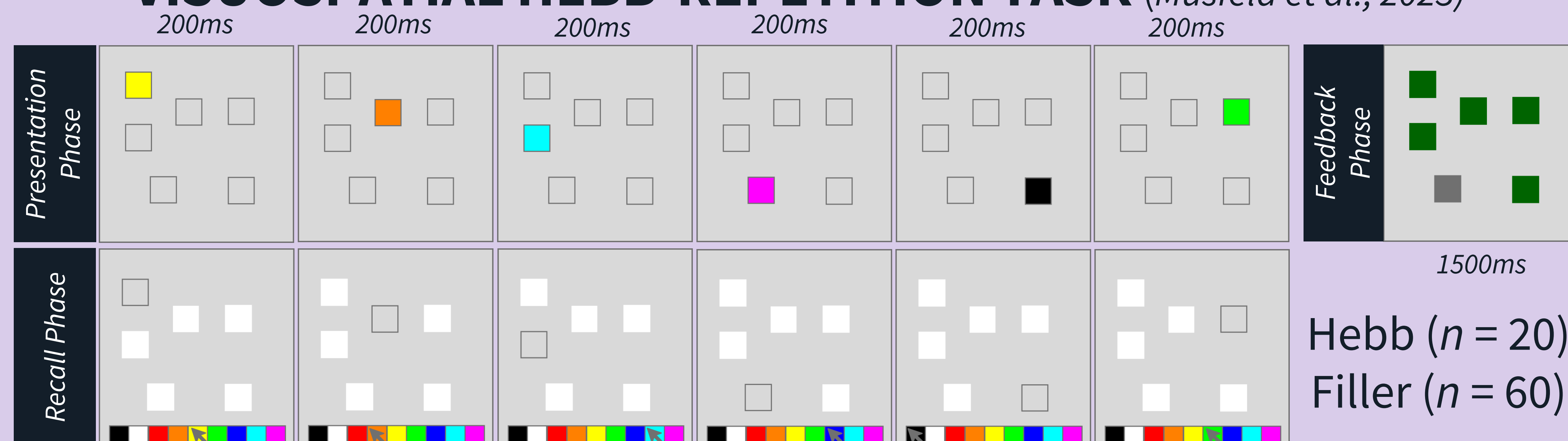
Background

- Research shows associations between video gameplay and performance across various cognitive domains (Bediou et al., 2018; 2023).
- A potential mechanism is ‘Learning to Learn’, where **gaming expertise facilitates faster learning on novel tasks** (Zhang et al., 2021, Bavelier, et al., 2012).
- The **Hebb-repetition learning paradigm** (Hebb, 1961), which assesses learning through repeated sequence exposure, has not yet been tested in gamers but may reveal enhanced **probabilistic inference** or pattern recognition, supporting ‘Learning to Learn’.



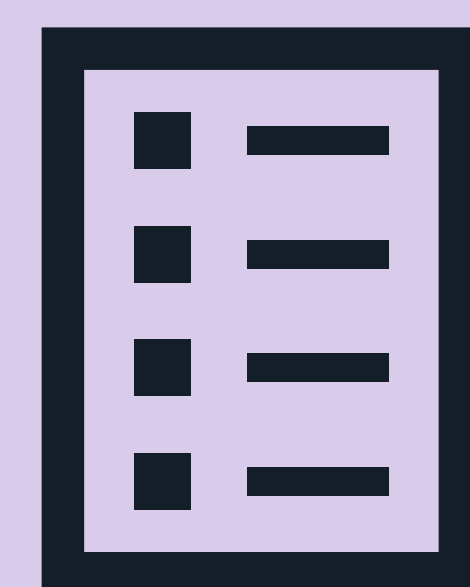
Method

VISUOSPATIAL HEBB-REPETITION TASK (Musfeld et al., 2023)



Unbeknownst to participants, one **HEBB** sequence is (on average) repeated every fourth trial, while other **FILLER** sequences are not repeated.

COUNTER-STRIKE EXPERTISE QUESTIONNAIRE



Total hours of playtime
Fortnightly hours of playtime
Self-rated expertise
Current in-game ranking

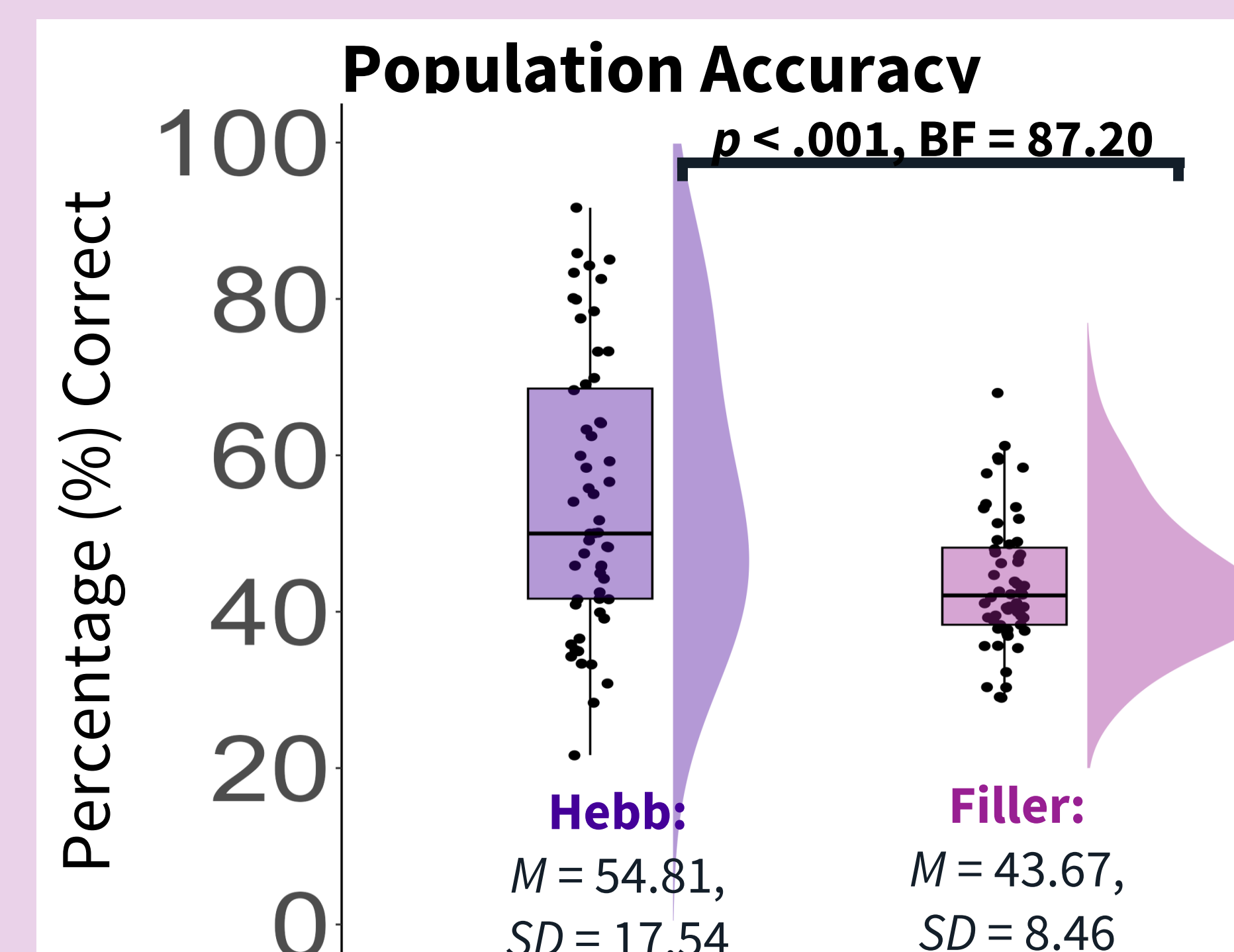
PARTICIPANTS

- 56 Counter-Strike 2 players aged 16-35 years ($M = 24.34$, $SD = 5.04$)
- Mostly male (50), from the UK (45), and predominantly white (46)
- Mostly well educated ($M = 16.07$, $SD = 2.81$), and high self-rated socioeconomic status ($M = 5.88$, $SD = 1.50$)

References
and extra
figures!



Results



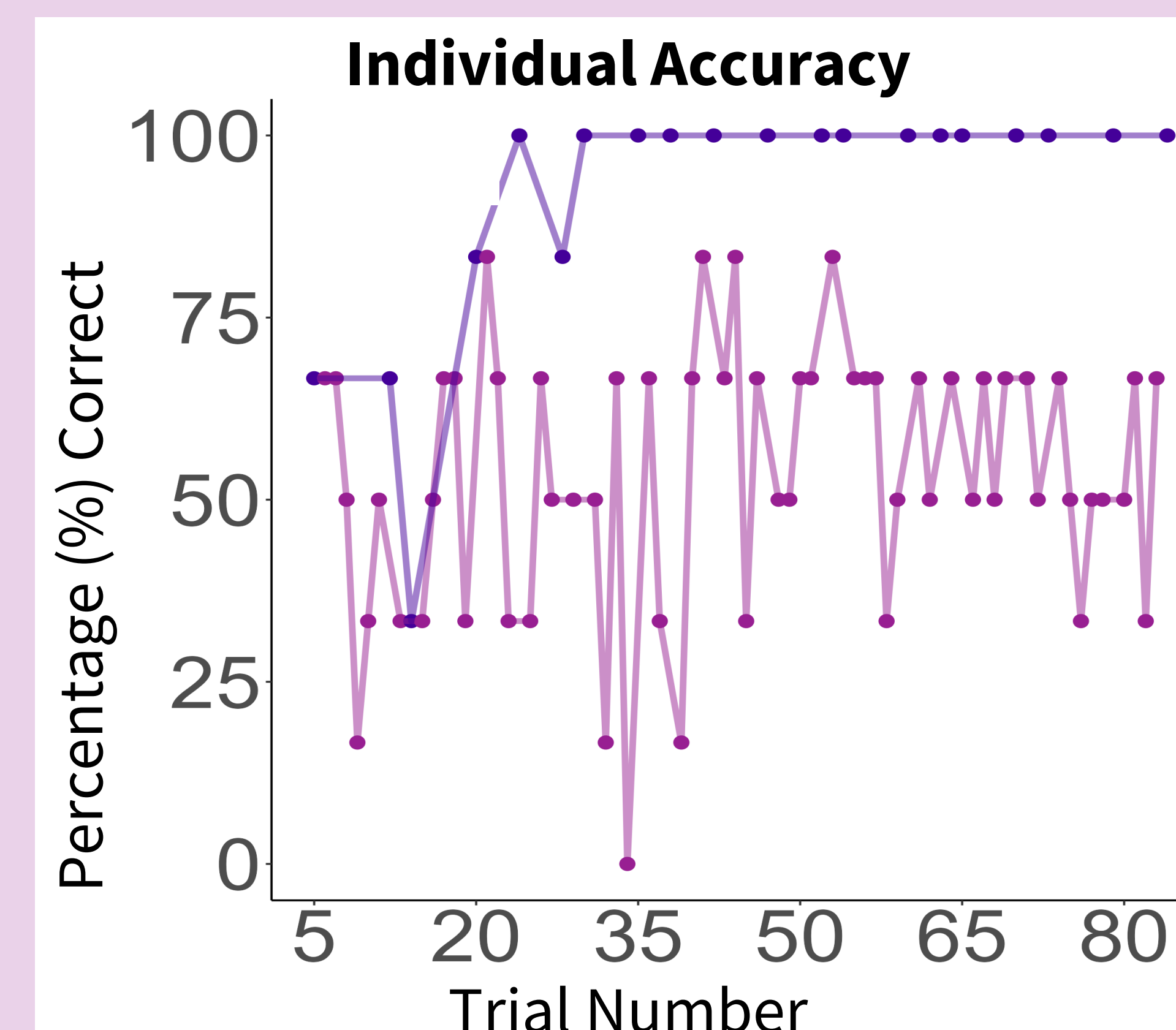
BAYESIAN HIERARCHICAL MIXTURE MODELLING

- Estimates **population**-level and **individual**-level parameters, whilst accounting for individual variability in the **learning curve** (Musfeld et al., 2023).
- Mixture Proportion**: % of trials where learning occurs
- Intercept**: initial performance before learning
- Slope**: rate of performance improvement per repetition
- Learning rate**: rate of progression from baseline to learning
- Onset**: point where learning begins
- Asymptote**: point where performance levels off
- Identified **Learners** ($n = 27$) and **Non-Learners** ($n = 29$)

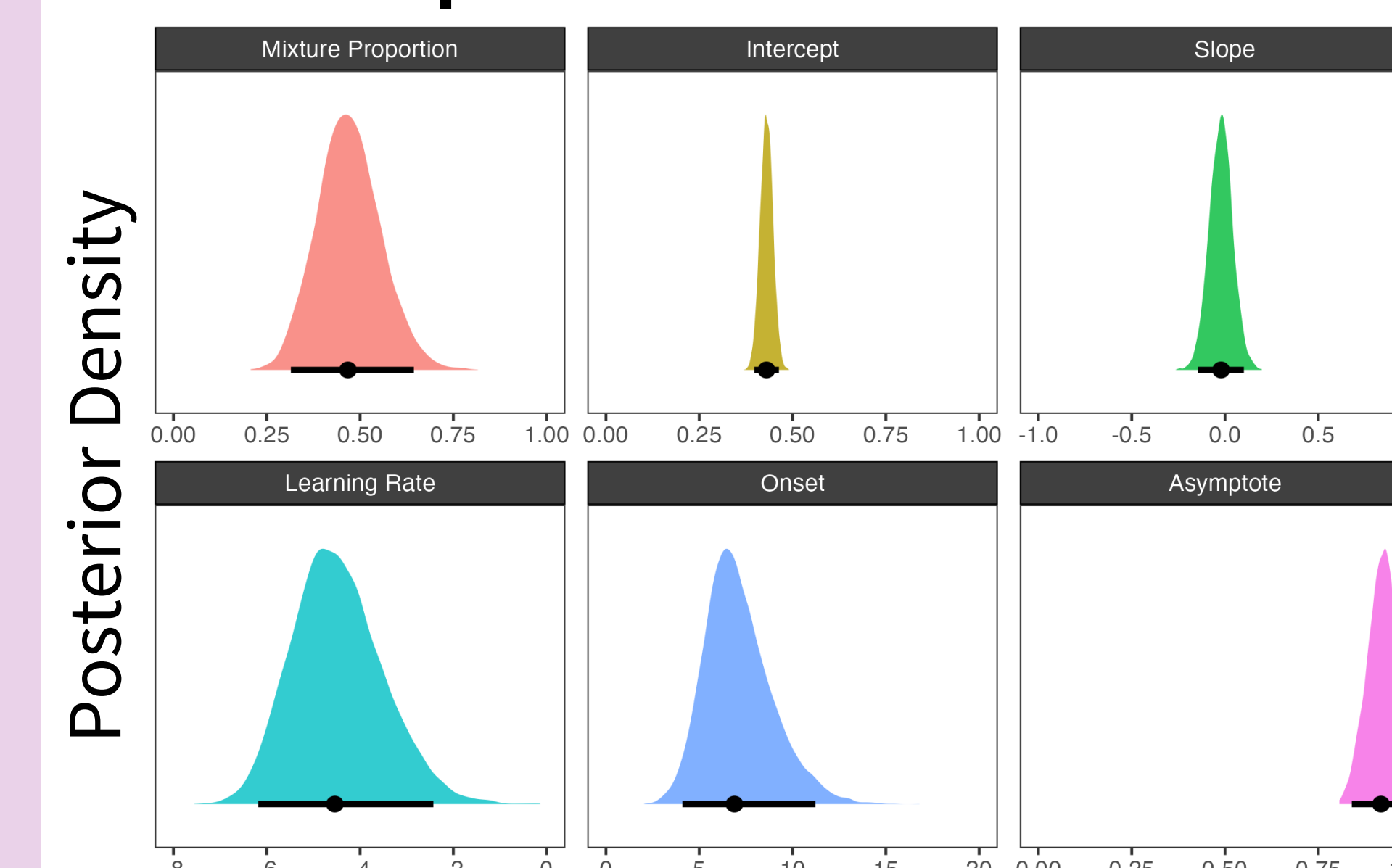
COUNTER-STRIKE EXPERTISE

- No clear evidence** supporting a relationship between Counter-Strike expertise and Learner group status.

Limitation: small number of Hebb trials may have limited exposure and learning



Population Parameters



Estimate

Individual Parameters

