1. Install Python: First, you need to install Python on your computer. Go to the folder Joek gave you and there should be a installer for the latest version there (PythonInstaller.exe).

2. Choose an IDE or text editor: You can write Python code in any text editor, but it's recommended to use an Integrated Development Environment (IDE) that provides features like code completion, debugging, and project management. Some popular IDEs for Python include PyCharm, Visual Studio Code, and Jupyter Notebook. We however are going to use sublime and a sublime installer will also be in the folder SublimeInstaller.exe.

3. Learn Python basics: To start writing Python code, you need to learn the basics. You can use the information provided by Joek in the info folder or you can find more info at the official Python documentation at https://docs.python.org/3/tutorial/index.html it is a great resource to get started. You can also find many online courses, tutorials, and books that teach Python.

4. Get help: If you encounter a problem while writing Python code, you can find help in many places. The official Python documentation and community at

https://www.python.org/community are great resources. You can also ask questions on online forums like Stack Overflow or Reddit.

5. Contribute to open source: Once you've done an assignment you should upload them to github so i can take a look or help you and so you can look at your progress afterwards