

75	80	90	100	110	125	140	155	175	200	225	255	285	315	350
↓														
70	75	80	90	100	110	125	140	155	175	200	225	255	285	315
↓														↑
65	70	75	80	90	100	110	125	140	155	175	200			
↓											↑			
60	65	70	75	80	90	100	110	125	140					
↓									↑					
55	60	65	70	75	80	90	100							
↓							↑							
50	55	60	65	70	75	80								
↓						↑								
45	50	55	60	65	70									
↓					↑									
40	45	50	55	60										
↓				↑										
30	40	45	50											
↓			↑											
20	30	40	45											
↓			↑											
10	20	30	40											
			↑											