Android Dev Kotlin

Working Remotely

Working Remotely TLDR:

1. Be visible
2. Dedicated work space
3. No distractions
4. Get dressed
5. Boundaries
6. Don't procrastinate
7. No household work
8. Schedule
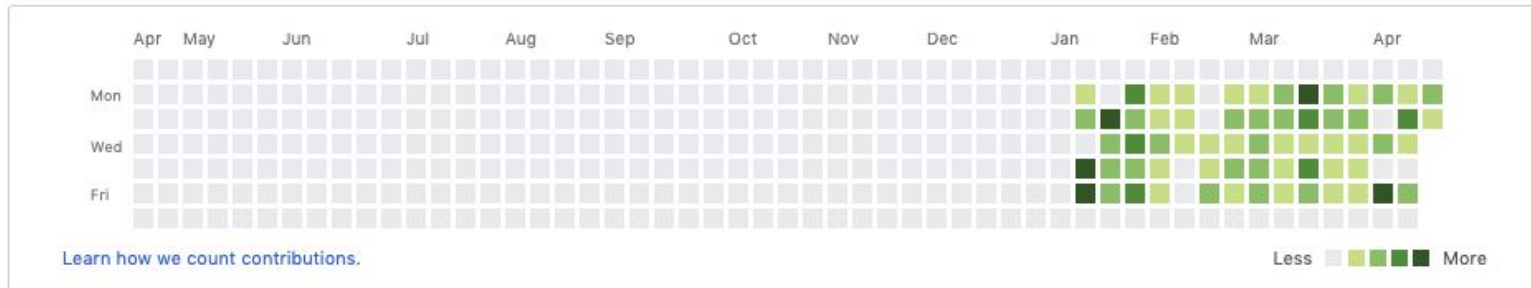9. Exercise
10. Automate
11. Socialize
12. Take breaks

Be Visible

- Lots of face time
- Respond quickly to emails or messages
- Stay on top of your Jira tickets
- Don't give any idea that you're doing something else

Be Visible

222 contributions in the last year

Contribution settings ▾

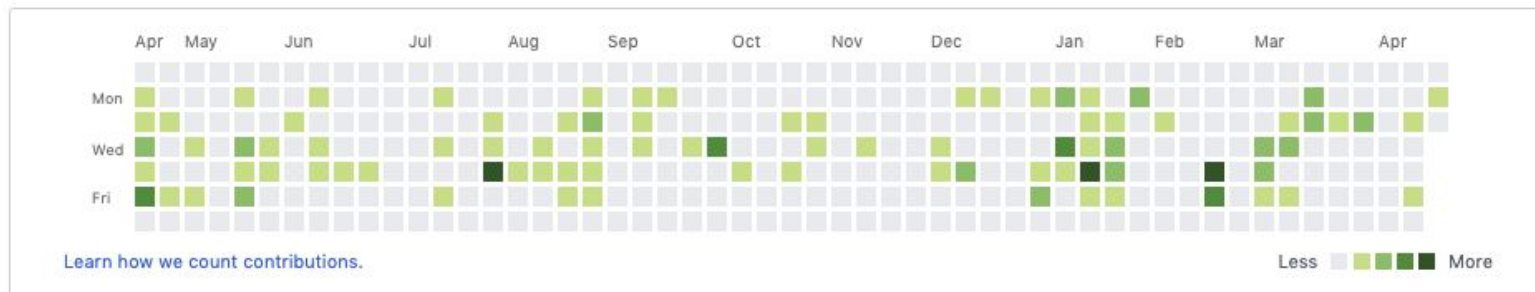|	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr
Mon													
Wed													
Fri													

Learn how we count contributions.

Less ▢ ▢ ▢ ▢ ▢ More

Contribution activity

2020

April 2020

Created 14 commits in 1 repository

Be Visible

Dedicated Workspace

Battlestations

No Distractions

- Only listen to things that you don't need to focus on
- Don't check email
- Turn off notifications on computer and phone
- It takes 20 minutes to get back into the flow after an interruption
- Eliminate all distractions at all cost
- No meetings

Get Dressed

- Not just a shirt
- Act the part
- Mentally ready for the day

Boundaries

- Separate work from fun
- Stop working at a certain time
- No emails off hours
- No work on weekends
- Work hard, play hard

Don't Procrastinate

- Having a routine will help with procrastination
- If it only takes a few minutes, do it immediately
- Have a reward system
- If a task is hard and your brain hurts just thinking about it, make sure those tasks are rewarded the most
- Try to win small battles (Draw one line, write just 10 lines of code, play instrument for 5 minutes)

No Household Work

- Your house is going to get too clean
- Tasks tend to be too large and take too much time

Keep a schedule

- Wake up at the same time
- Eat at the same time
- End at the same time
- Other tasks such email should also be time slotted

Exercise

- One of the best things you can do for your brain
- No music
- Podcasts, read, or just think
- Track your steps with your phone

Automate

- Use scheduling tools so people can schedule meetings with you instead of having you list free time.
- DevOps for fast releases
  - Fastlane
  - Jenkins
  - CircleCI
  - TravisCI
- Keep track of your time on tasks to find bottlenecks

Socialize

- It gets lonely
- Peers are a great source of inspiration, education and new ideas
- "Go" to Meetups or conferences
- Chat with coworkers and get to know them (you'll be happier for it)

Take breaks

- Walking, helps the blood flow, literally
- Cognitive ability goes up