

# Eli D. Halbreich

Ph.D. Student, Texas Tech University  
Pronouns: he/him/his

**Curriculum Vitae**  
May 2023

📍 Department of Psychological Sciences  
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## Education

|           |  |                 |
|-----------|--|-----------------|
| 2022–2028 | <b>Ph.D. Student, Clinical Psychology</b><br>Texas Tech University <ul style="list-style-type: none"><li>➤ Advisor: Jason Van Allen, Ph.D.</li><li>➤ Relevant Coursework: Experimental Design, Practicum in Intelligence Testing, Seminar in Cognition &amp; Cognitive Neuroscience, Seminar in Psychopathology, Intro to Clinical Psychology and CBT, Advanced Correlational Methods and Factor Analysis, Lifespan Development, Research Seminar in Clinical and Counseling Psychology</li></ul>  | Lubbock, TX     |
| 2019–2022 | <b>Bachelor of Arts, Psychology</b><br>Tufts University, <i>summa cum laude</i> , Highest Thesis Honors <ul style="list-style-type: none"><li>➤ Relevant Coursework: Experimental Psych, Human-Animal Interaction, Clinical Methods, One Health, Statistics for Behavioral Science, The Science of Coping, Abnormal Psych, Black Psych, Personal &amp; Social Development, Seminar in CBT, Social Psych, Understanding Child Development Through Film, Introduction to Cognitive and Brain Sciences</li><li>➤ Honors Thesis (2021): Perceived Attitudes of Pet Owners About Their Pets During the COVID-19 Pandemic. Tufts University. Digital Collections and Archives. <a href="https://dl.tufts.edu/concern/pdfs/6q183150s">https://dl.tufts.edu/concern/pdfs/6q183150s</a></li></ul> | Medford, MA     |
| 2017–2019 | <b>Psychology Major</b><br>Los Angeles City College <ul style="list-style-type: none"><li>➤ Relevant Coursework: Life-Span Psych, Statistics, Biological Psych, Child Growth and Development, General Psych, Civil Rights and the Law</li></ul>  | Los Angeles, CA |

## Grants and Fellowships

|           |  |                  |
|-----------|--|------------------|
| 2022–2026 | <b>Helen DeVitt Jones Fellowship</b><br>Texas Tech University Department of Psychological Sciences | Amount: \$16,000 |
|-----------|--|------------------|

## Honors and Awards

|           |  |                 |
|-----------|--|-----------------|
| 2021      | <b>Priscilla N. Dunne Prize</b><br>Tufts University Department of Psychology             | Amount: \$1,000 |
| 2021      | <b>TIHAI Student Scholar</b><br>Tufts Initiative for Human-Animal Interaction            | Amount: \$500   |
| 2019–2022 | <b>Dean's List (all full-time semesters)</b><br>Tufts University                         |                 |
| 2019      | <b>President's Honors</b><br>Los Angeles City College                                    |                 |
| 2018–2019 | <b>Full Time Dean's Honor List (all full-time semesters)</b><br>Los Angeles City College |                 |

## Publications

\* Indicates undergraduate trainee author/presenter

[Google Scholar Profile](#)

## Peer-Reviewed Publications

- King, E. K., **Halbreich, E.D.**, Callina, K., Mueller, M. K. (In Prep). Pet ownership and the relationship between peer victimization and emotion regulation in youth.
- Halbreich, E.D.**, Callina, K., King, E. K., Mueller, M. K. (2023). Companion animals and profiles of peer social behavior in adolescence. *Journal of Adolescence*. <https://doi.org/10.1002/jad.12183>
- Halbreich, E. D.** (2022). Perceived attitudes of pet owners about their pets during the COVID-19 pandemic. *Animalia: An Anthrozoology Journal*, 6(1), 1–13. <https://www.animaliajournal.org/post/perceived-attitudes-of-pet-owners-about-their-pets-during-the-covid-19-pandemic>
- Mueller, M. K., King, E. K., **Halbreich, E. D.**, & Callina, K. S. (2022). Companion animals and adolescent stress and adaptive coping during the COVID-19 pandemic. *Anthrozoös*, 35(5), 693–712. <https://doi.org/10.1080/08927936.2022.2027093>
- Halbreich, E. D.**, & Mueller, M. K. (2022). Profiles of family pet ownership during the COVID-19 pandemic. *Current Psychology*. <https://doi.org/10.1007/s12144-021-02574-x>
- Linder, D. E., Folta, S. C., Must, A., Mulé, C. M., Cash, S. B., **Halbreich, E. D.**, Colón, C., Sullivan, S., Sanabria, E., Gibbs, D., & Farrell, T. (2021). A stakeholder-engaged approach to development of an animal-assisted intervention for obesity prevention among youth with autism spectrum disorder and their pet dogs. *Frontiers in Veterinary Science*, 8, 735432. <https://doi.org/10.3389/fvets.2021.735432>
- Linder D. E., Santiago S., & **Halbreich, E. D.** (2021). Is there a correlation between dog obesity and human obesity? Preliminary findings of overweight status among dog owners and their dogs. *Frontiers in Veterinary Science*, 8, 654617. <https://doi.org/10.3389/fvets.2021.654617>

## Book Chapters

- King, E. K., **Halbreich, E. D.**, & Mueller, M. K. (In Press). Animals and development: Childhood and adolescence. In A. H. Fine, M. K. Mueller, Z. Ng, J. M. Peralta, & A. M. Beck (Eds.), *The handbook on human-animal interactions, interventions and anthrozoology*.

## Online Publications

- Linder, D. E., & **Halbreich, E. D.** (2022, February 22). Does My Pet Need a 'Bland Diet'? Petfoodology. <https://vetnutrition.tufts.edu/2022/02/does-my-pet-need-a-bland-diet/>
- Halbreich, E. D.** (2019, December 9). *Tenure Most Foul*. Tufts University Student Scholarship. Tisch Library. <http://hdl.handle.net/10427/6W924Q81F>

## Presentations

### Symposium Contributions

- Mueller, M. K., **Halbreich, E. D.**, & Anderson, E. (2022, July 7–9). Feasibility of using ecological momentary assessment to measure the effects of interactions with pet dogs on psychophysiological reactivity in adolescents with social anxiety. In N. Gee (Chair), *Ecological Momentary Assessment (EMA) as a Tool for Assessing Human-animal Interaction Across Contexts*. 31st International Society for Anthrozoology Conference, Boise, ID, United States.

### Poster Presentations

- King, E. K., **Halbreich, E. D.**, Anderson, E., Mueller, M. K. (2023, June 15–18). *Dog interactions and psychophysiology in adolescents with social anxiety*. 32nd International Society for Anthrozoology Conference, Edinburgh, Scotland.
- \*Streicher, B. E., **Halbreich, E. D.**, Healy, A., Hefner, T. D., Lelakowska, G., Van Allen, J. (2023, May 3). *Dog ownership, physical activity, depression, and anxiety symptoms in youth*. Obesity Research Institute 8th Annual Meeting, Lubbock, TX, United States.
- Halbreich, E. D.**, Mueller, M. K., King, E. K., Callina, K. (2023, April 13–15). *Pet ownership and profiles of peer social behavior in adolescence*. The Society for Research on Adolescence 2023 Annual Meeting, San Diego, CA, United States.

**Halbreich, E. D.** (2022, July 7–9). *Perceived attitudes of pet owners about their pets during the COVID-19 pandemic*. 31st International Society for Anthrozoology Conference, Boise, ID, United States.

Folta, S. C., Mulé, C. M., Linder, D. E., Must, A., Cash, S. B., Adkins, J., & **Halbreich, E. D.** (2022, May 11–14). *Exploring nutrition, physical activity, and the role of pet dogs in households with a child with autism spectrum disorder: The DANE Study*. INSAR 2022 Annual Meeting, Austin, TX, United States.

## Teaching and Mentoring Experience

### Teaching

- Fall 2022      **Teaching Assistant, Statistical Methods Lab**  
Texas Tech University, Department of Psychological Sciences  
➤ Instructor: Will Crescioni, Ph.D.
- Fall 2020      **Teaching Assistant, Understanding Child Development Through Film**  
Tufts University, Eliot-Pearson Department of Child Study and Human Development  
➤ Instructor: Calvin Gidney, Ph.D.
- Fall 2020      **Teaching Assistant, One Health**  
Tufts University, Department of Community Health  
➤ Instructor: Deborah Linder, DVM, MS, DACVN

### Mentoring

- 2023            **Sara Phy**  
➤ Subsequent Position: M.P.H. Student, University of Michigan
- 2022–2023    **Brooke Streicher**  
➤ Subsequent Position: Research Coordinator, Texas Tech University
- Summer 2022   **Ellis Renwick-Archibold**  
➤ Science Research Program, New Rochelle High School

## Research and Professional Experience

### Research

- Aug. 2022–Present    **Research Assistant, Examining Nutrition, Exercise, and Rest in Growing Youth (ENERGY) Lab**  
Supervisor: Jason Van Allen, Ph.D.  
➤ Research Experience: Work closely with research team on funded research projects; Supervise undergraduate research assistants on research projects; and Assist with administrative tasks.
- Aug. 2021–May 2022   **Research Coordinator, Children's Television Project**  
Supervisor: Calvin Gidney, Ph.D.  
➤ Research Experience: Supervise coders and research assistants working on a longitudinal research project; Work with PIs to implement and improve upon long-term project goals; Organize and manage data from the current season as well as from past years; Assign and track generation of character sheets, coding, cleaning, and collapsing; Generate and manage coder information surveys, training surveys, and coding instrument responses; Respond to student inquiries in a timely manner; and Assist in organizing structure of weekly class meetings as well as semester-long schedule.
- May 2021–Aug. 2022   **Research Assistant, Tufts Pets and Well-Being Lab**  
Supervisor: Megan K. Mueller, Ph.D.  
➤ Research Experience: Work closely with research team on funded research projects; Assist with participant recruitment, consent, protocol training, data collection, debriefing, and tracking; Draft manuscripts and grant proposals; Conduct systematic literature reviews and analyses; Handle data entry and analysis; and Assist with administrative tasks.

- Aug. 2019–Aug. 2022 **Research Assistant, Tufts Initiative for Human-Animal Interaction**  
 Supervisor: Deborah Linder, DVM, MS, DACVN
- Research Experience: Draft manuscripts; Conduct qualitative interviews with participants; Provide general administrative assistance on a number of funded research projects; Work with the Tufts IRB to help ensure that all aspects of the research studies are in compliance with the applicable regulations and institutional guidelines prior to IRB approval; Facilitate feedback on key documents and managing a collaborative workspace with stakeholders; Oversee projects through varying phases of development; Prepare, draft, and finalize stakeholder and research group meeting agendas and minutes; and Draft and finalize site and study documents.

## Clinical Experience

- Jan. 2023–May 2023 **Co-Director, Texas Tech University Psychology Clinic**  
 Supervisor: Megan A. Thoen, Ph.D.
- Assist new and existing clients with intake procedures as well as ongoing billing and administrative questions; Conduct phone screenings to gather pertinent mental health information from prospective clients, including risk assessment protocols; Monitor assessment and library inventory; and Assist with administrative tasks.

## Professional Service and Development

- May. 2023 **The Groundwork Program**  
 Texas Tech University
- Mar. 2023 **Organizing the Academic CV Workshop**  
 Texas Tech University
- Feb. 2023 **Writing the Academic Cover Letter Workshop**  
 Texas Tech University
- Jan. 2023 **Making Equitable Attendance Policies Workshop**  
 Texas Tech University
- 2022–Present **Inclusion, Diversity, Equity, and Access (IDEA) Committee Member**  
 American Psychological Association, Division 17, Section 13: The Section on Human-Animal Interaction: Research and Practice
- 2022–Present **Student Representative**  
 American Psychological Association, Division 17, Section 13: The Section on Human-Animal Interaction: Research and Practice
- 2021–Present **APA Campus Ambassador**  
 American Psychological Association

## Skills

Programming & Software: **R, RStudio, Quarto, Markdown, SPSS, MATLAB, REDCap, Qualtrics, Adobe Acrobat, Microsoft Office**

Languages: **English–Native; German–Intermediate High (ACTFL); Spanish–Novice Mid (ACTFL)**

## Certifications

- 6 Apr. 2023 **QPR Gatekeeper**  
 QPR Institute
- 6 Jan. 2023 **Working with Dogs in Research Settings**  
 CITI Program
- 13 Dec. 2022 **Working With Horses In An Agricultural Research Setting**  
 CITI Program

- 10 Sep. 2022     **TTU Human Subject Research Course**  
CITI Program
- 9 Sep. 2022     **Social and Behavioral Responsible Scholarship Course**  
CITI Program

### **Professional Society Affiliations**

Psi Chi, The International Honor Society in Psychology

American Psychological Association, Division 17, Section 13: The Section on Human-Animal Interaction: Research and Practice

Human Animal Bond Association