

CURRICULUM VITAE

Eli D. Halbreich, M.A.

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Department of Psychological Sciences, Box 42051, Lubbock, TX 79409-2051

Education

2022–Present	Doctor of Philosophy, Clinical Psychology (Expected August 2028) <i>Texas Tech University (American Psychological Association [APA] Accredited), Lubbock, TX</i> <ul style="list-style-type: none">• Advisor: Jason Van Allen, Ph.D.
2023–2025	Graduate Certificate, Psychological Methods and Analysis <i>Texas Tech University (APA Accredited), Lubbock, TX</i>
2022–2024	Master of Arts, Clinical Psychology <i>Texas Tech University (APA Accredited), Lubbock, TX</i> <ul style="list-style-type: none">• Advisor: Jason Van Allen, Ph.D.• Master's Thesis (2024): Pet Ownership and Family Involvement in Sports and Other Activities. Texas Tech University. Electronic Theses and Dissertations. https://hdl.handle.net/2346/99242
2019–2022	Bachelor of Arts, Psychology, summa cum laude, Highest Thesis Honors <i>Tufts University, Medford, MA</i> <ul style="list-style-type: none">• Advisor: Alexander Queen, Ph.D.• Honors Thesis (2021): Perceived Attitudes of Pet Owners About Their Pets During the COVID-19 Pandemic. Tufts University. Digital Collections and Archives. https://dl.tufts.edu/concern/pdfs/6q183150s
2017–2019	Psychology Major <i>Los Angeles City College, Los Angeles, CA</i>

Grants and Fellowships

2023	2023 APA of Graduate Students (APAGS)/Psi Chi Junior Scientist Fellowship <i>American Psychological Association of Graduate Students & Psi Chi</i> <ul style="list-style-type: none">• Amount: \$1,000
2022–2026	Helen DeVitt Jones Fellowship <i>Texas Tech University Department of Psychological Sciences</i> <ul style="list-style-type: none">• Amount: \$16,000

Honors and Awards

2025	2025 Society of Pediatric Psychology Annual Conference (SPPAC) Travel Award <i>Society of Pediatric Psychology, Division 54 of the American Psychological Association</i> <ul style="list-style-type: none">• Amount: \$500
2021	Priscilla N. Dunne Prize <i>Tufts University Department of Psychology</i> <ul style="list-style-type: none">• Amount: \$1,000
2021	Tufts Initiative for Human-Animal Interaction (TIHAI) Student Scholar <i>Tufts Initiative for Human-Animal Interaction</i>

	• Amount: \$500
2019–2022	Dean's List (all full-time semesters) <i>Tufts University</i>
2019	President's Honors <i>Los Angeles City College</i>
2018–2019	Full Time Dean's Honor List (all full-time semesters) <i>Los Angeles City College</i>

Publications

*indicates undergraduate trainee author/presenter

[Google Scholar Profile](#)**Peer-Reviewed Publications**

1. **Halbreich, E. D.**, & Van Allen, J. (2024). Pet Ownership and Family Involvement in Sports and Other Activities. *Anthrozoös*, 37(6), 1107–1131.
<https://doi.org/10.1080/08927936.2024.2406097>
2. **Halbreich, E. D.**, Hefner, T. D., Healy, A. S., & Van Allen, J. (2024). Measurement of attachment in human-animal interaction research. *Human-Animal Interactions*, 12(1).
<https://doi.org/10.1079/hai.2024.0030>
3. King, E. K., **Halbreich, E. D.**, Callina, K., & Mueller, M. K. (2023). Companion animals and the relationship between peer victimization and emotion regulation in youth. *Journal of Research on Adolescence*, 34(1), 85–95. <https://doi.org/10.1111/jora.12901>
4. Mueller, M. K., King, E. K., **Halbreich, E. D.**, & Anderson, E. (2023) Feasibility of using ecological momentary assessment to measure the effects of interactions with pet dogs on psychophysiological reactivity in adolescents with social anxiety. *Human-Animal Interactions*, 11(1). <https://doi.org/10.1079/hai.2023.0036>
5. **Halbreich, E. D.**, Callina, K., King, E. K., & Mueller, M. K. (2023). Companion animals and profiles of peer social behavior in adolescence. *Journal of Adolescence*, 95(6), 1152–1167.
<https://doi.org/10.1002/jad.12183>
6. **Halbreich, E. D.** (2022). Perceived attitudes of pet owners about their pets during the COVID-19 pandemic. *Animalia: An Anthrozoology Journal*, 6(1), 1–13.
<https://www.animaliajournal.org/post/perceived-attitudes-of-pet-owners-about-their-pets-during-the-covid-19-pandemic>
7. Mueller, M. K., King, E. K., **Halbreich, E. D.**, & Callina, K. S. (2022). Companion animals and adolescent stress and adaptive coping during the COVID-19 pandemic. *Anthrozoös*, 35(5), 693–712. <https://doi.org/10.1080/08927936.2022.2027093>
8. **Halbreich, E. D.**, & Mueller, M. K. (2022). Profiles of family pet ownership during the COVID-19 pandemic. *Current Psychology*. <https://doi.org/10.1007/s12144-021-02574-x>
9. Linder, D. E., Folta, S. C., Must, A., Mulé, C. M., Cash, S. B., **Halbreich, E. D.**, Colón, C., Sullivan, S., Sanabria, E., Gibbs, D., & Farrell, T. (2021). A stakeholder-engaged approach to development of an animal-assisted intervention for obesity prevention among youth with autism spectrum disorder and their pet dogs. *Frontiers in Veterinary Science*, 8, 735432.
<https://doi.org/10.3389/fvets.2021.735432>
10. Linder D. E., Santiago S., & **Halbreich, E. D.** (2021). Is there a correlation between dog obesity and human obesity? Preliminary findings of overweight status among dog owners and their dogs. *Frontiers in Veterinary Science*, 8, 654617. <https://doi.org/10.3389/fvets.2021.654617>

Book Chapters

1. King, E. K., **Halbreich, E. D.**, & Mueller, M. K. (2023). Animals in development: Childhood and adolescence. In A. H. Fine, M. K. Mueller, Z. Y. Ng, A. M. Beck, & J. M. Peralta (Eds.), *The*

Routledge International Handbook of Human-Animal Interactions and Anthrozoology (1st ed., pp. 214–227). Routledge. <https://doi.org/10.4324/9781032153346>

Online Publications

1. Linder, D. E., & **Halbreich, E. D.** (2022, February 22). *Does My Pet Need a ‘Bland Diet’? Petfoodology*. <https://vetnutrition.tufts.edu/2022/02/does-my-pet-need-a-bland-diet/>
2. **Halbreich, E. D.** (2019, December 9). *Tenure Most Foul*. Tufts University Student Scholarship. Tisch Library. <http://hdl.handle.net/10427/6W924Q81F>

Non-Refereed Publications

1. **Halbreich, E. D.** (2025). Leaders in the History of Clinical Child and Adolescent Psychology Past Presidents Series: Wendy Silverman. *Journal of Clinical Child & Adolescent Psychology*.

Selected Manuscripts in Preparation

1. Hefner, T. D., **Halbreich, E. D.**, Jones, J., *Arendt, F., *Jones, C., & *Valley, M. (In Prep). Systematic review and meta-analysis of cognitive-dissonance interventions to improve body image satisfaction among athletes.
2. Lancaster, B. D., Hefner, T. D., **Halbreich, E. D.**, Hall, N. J., & Van Allen, J. (In Prep). The effect of pet dogs on empirical measures of child activity.
3. **Halbreich, E. D.**, Hefner, T. D., Healy, A. S., & Van Allen, J. (In Prep). Construction and validation of the companion animal ties scale (CATS).
4. **Halbreich, E. D.**, & Van Allen, J. (In Prep). Examining the relationship between pet ownership and prosocial behaviors.

Presentations

Symposium Contributions

1. Mueller, M. K., **Halbreich, E. D.**, & Anderson, E. (2022, July 7–9). Feasibility of using ecological momentary assessment to measure the effects of interactions with pet dogs on psychophysiological reactivity in adolescents with social anxiety. In N. Gee (Chair), *Ecological Momentary Assessment (EMA) as a Tool for Assessing Human-animal Interaction Across Contexts*. 31st International Society for Anthrozoology Conference, Boise, ID, United States.

Snapshot Presentations

1. Hoelscher, E.C., **Halbreich, E.D.**, & Victor, S. E. (2025, June 26–27). *Feeling the urge: Interoception and NSSI urge frequency in transgender and nonbinary adults*. International Society for the Study of Self-injury 2025 Annual Conference, Wellington, New Zealand.

Invited Talks

1. Hefner, M., Hefner, T.D., & **Halbreich, E.D.** (2025, October). *Clinical Connections*. Nutrition and Metabolic Health Initiative (NMHI) Clinic, Department of Nutritional Sciences, Texas Tech University, Lubbock, TX, United States.
2. Singer, J., Elliott, L., Fadalla, C., McLean, E., **Halbreich, E.D.**, Narayan, M., Jump, A., McLendon, A., Sparks, S., Levit, D (2025, October). *Utilizing telehealth to improve outcomes in rural areas for care partners of persons with dementia*. Society of Behavioral Medicine Digital Health SIG, Online.

Poster Presentations

1. Lelakowska, G., Hefner, T. D., **Halbreich, E. D.**, Van Allen, J. (2026, April 30–May 2). *Measurement invariance testing of the Food Noise Questionnaire*. Society of Pediatric Psychology 2026 Annual Conference, Las Vegas, NV, United States.
2. Hefner, T. D., **Halbreich, E. D.**, *Jones, C., *Valley, M., & Van Allen, J. (2025, April 3–5). *Relationship between pet ownership, physical activity, and sleep recommendations*. Society of Pediatric Psychology 2025 Annual Conference, Phoenix, AZ, United States.

3. **Halbreich, E. D.**, *Arendt, F., Hefner, T. D., & Van Allen, J. (2025, April 3–5). *Evaluating prosocial behavior and sleep disturbances between pet owners and non-pet owners*. Society of Pediatric Psychology 2025 Annual Conference, Phoenix, AZ, United States.
<http://dx.doi.org/10.13140/RG.2.2.14135.02721>
4. *Sprabary, K., Javins, A., Hefner, T. D., **Halbreich, E. D.**, *Gaitonde, A., Van Allen, J. (2025, April 1–2). *Development of an integrative pediatric weight management curriculum*. Undergraduate Research Conference, Texas Tech University, Lubbock, TX, United States.
5. **Halbreich, E. D.**, Hefner, T. D., & Van Allen, J. (2024, April 18–20). *Pet ownership and physical activity in adolescence*. The Society for Research on Adolescence 2024 Annual Meeting, Chicago, IL, United States.
6. King, E. K., **Halbreich, E. D.**, Anderson, E., & Mueller, M. K. (2023, June 15–18). *Dog interactions and psychophysiology in adolescents with social anxiety*. 32nd International Society for Anthrozoology Conference, Edinburgh, Scotland.
7. *Streicher, B. E., **Halbreich, E. D.**, Healy, A., Hefner, T. D., Lelakowska, G., & Van Allen, J. (2023, May 3). *Dog ownership, physical activity, depression, and anxiety symptoms in youth*. Obesity Research Institute 8th Annual Meeting, Lubbock, TX, United States.
8. **Halbreich, E. D.**, Mueller, M. K., King, E. K., & Callina, K. (2023, April 13–15). *Pet ownership and profiles of peer social behavior in adolescence*. The Society for Research on Adolescence 2023 Annual Meeting, San Diego, CA, United States.
9. **Halbreich, E. D.** (2022, July 7–9). *Perceived attitudes of pet owners about their pets during the COVID-19 pandemic*. 31st International Society for Anthrozoology Conference, Boise, ID, United States.
10. Folta, S. C., Mulé, C. M., Linder, D. E., Must, A., Cash, S. B., Adkins, J., & **Halbreich, E. D.** (2022, May 11–14). *Exploring nutrition, physical activity, and the role of pet dogs in households with a child with autism spectrum disorder: The DANE Study*. INSAR 2022 Annual Meeting, Austin, TX, United States.

Research and Clinical Experience

Research Experience

- Aug. 2022– **Examining Nutrition, Exercise, and Rest in Growing Youth (ENERGY) Lab**
Present *Research Assistant*
 - Supervisor: Jason Van Allen, Ph.D.
 - Write, edit, and conduct statistical analyses for peer-reviewed manuscripts, utilizing structural equation modeling and approaches to categorical data analysis; Propose and manage new research projects; Write and conceptualize grant applications for relevant funding opportunities; Analyze data across different statistical platforms (e.g., R, Mplus, SAS); Analyze and prepare actigraphy data using ActiLife software; Work collaboratively on federally funded research projects; Directly mentor and supervise undergraduate research assistants on graduate school applications, conference submissions, and professional development; organize lab meetings and data collection; supervise undergraduate research assistants with lab-related tasks, such as directing data entry and verification procedures; and Assist with administrative tasks, such as creating and maintaining REDCap surveys and databases.
- Aug. 2021– **Children's Television Project**
May 2022 *Research Coordinator*

		<ul style="list-style-type: none"> • Supervisor: Calvin Gidney, Ph.D. • Supervise coders and research assistants working on a longitudinal research project; Work with PIs to implement and improve upon long-term project goals; Organize and manage data from the current season as well as from past years; Assign and track generation of character sheets, coding, cleaning, and collapsing; Generate and manage coder information surveys, training surveys, and coding instrument responses; Respond to student inquiries in a timely manner; and Assist in organizing structure of weekly class meetings as well as semester-long schedule.
May 2021– Aug. 2022	Tufts Pets and Well-Being Lab <i>Research Assistant</i>	<ul style="list-style-type: none"> • Supervisor: Megan K. Mueller, Ph.D. • Work closely with research team on funded research projects; Assist with participant recruitment, consent, protocol training, data collection, debriefing, and tracking; Draft manuscripts and grant proposals; Conduct systematic literature reviews and analyses; Handle data entry and analysis; and Assist with administrative tasks.
Aug. 2019– Aug. 2022	Tufts Initiative for Human-Animal Interaction <i>Research Assistant</i>	<ul style="list-style-type: none"> • Supervisor: Deborah Linder, DVM, MS, DACVN • Draft manuscripts; Conduct qualitative interviews with participants; Provide general administrative assistance on a number of funded research projects; Work with the Tufts IRB to help ensure that all aspects of the research studies are in compliance with the applicable regulations and institutional guidelines prior to IRB approval; Facilitate feedback on key documents and managing a collaborative workspace with stakeholders; Oversee projects through varying phases of development; Prepare, draft, and finalize stakeholder and research group meeting agendas and minutes; and Draft and finalize site and study documents.
Statistical Training		
2025	Psychometrics and Item Response Theory <i>Instructor: Andrew K. Littlefield, Ph.D.</i>	
2024	Categorical Data Analysis <i>Instructor: Andrew K. Littlefield, Ph.D.</i>	
2023	Structural Equation Modeling for Psychologists <i>Instructor: Andrew K. Littlefield, Ph.D.</i>	
2023	Advanced Correlational Methods and Factor Analysis <i>Instructor: Nicholas C. Borgogna, Ph.D.</i>	
2022	Experimental Design <i>Instructor: Martina I. Klein, Ph.D.</i>	
Clinical Experience		
Jul. 2025– Present	Texas Tech University Health Sciences Center (TTUHSC), Department of Psychiatry <i>Practicum Student / Individual Therapist</i>	<ul style="list-style-type: none"> • Supervisors: Gabriela Lelakowska, Ph.D., James E. Barnett, Ph.D., Emily Pali, Ph.D.

- Provide evidence-based and measurement-based individual psychotherapy for youth and guardians with a range of presenting problems in an outpatient setting.
 - Provide individual therapy for youth with internalizing disorders as part of the Texas Child Health Access Through Telemedicine (TCHATT) program.
 - Utilize treatment protocols, including *Trichotillomania: An ACT-enhanced behavior therapy approach, Unified protocol for transdiagnostic treatment of emotional disorders in children and adolescents, Coping Cat, and C.A.T. Project*.
 - Conduct neurological and psychological assessments for youth and integrate these assessments into comprehensive psychological evaluations for neurodevelopmental concerns such as autism spectrum disorder and attention-deficit/hyperactivity disorder.
- Jun. 2025–
Present **The University of Kansas Medical Center, iAmHealthy Project**
Practicum Student / Individual Health Coach & Group Intervention Co-Leader
- Supervisor: Ann. M. Davis, Ph.D.
 - Provide health-related group and individual telehealth services as part of an R01-funded multi-site rurally tailored pediatric obesity behavioral intervention.
- Jun. 2025–
Present **University Medical Center (UMC) Health System, Cancer Center**
Practicum Student / Individual Therapist
- Supervisor: Evan Guidry, Ph.D.
 - Provide brief behavioral health interventions and short-term psychological services to patients of doctors specializing in hematology and oncology.
 - Work as part of a fast-paced, integrated care setting, coordinating care between patients' care teams.
 - Provide evidence-based services to patients endorsing subjective distress, emotional disorders, and desire for smoking cessation.
 - Engage a wide range of patients in care using Motivational Interviewing, Acceptance and Commitment Therapy, and Cognitive-Behavioral Therapy principles.
 - Attend and contribute to tumor board reviews across a number of different interdisciplinary treatment teams and presentations.
- Apr. 2025–
Present **TTUHSC Garrison Institute on Aging, TX Cares Program**
Practicum Student / Individual Therapist
- Supervisor: Jonathan Singer
 - Provide individual (telehealth and in-person) psychotherapy to caregivers of individuals with dementia.
 - Receive didactic training in Mindfulness-Based Cognitive Therapy and Behavioral Activation.
 - Conduct comprehensive psychodiagnostic evaluations using a battery of neuropsychological and personality assessments as well as structured clinical interviews.
- Sep. 2024–
May 2025 **UMC Health System, Pediatrics**
Practicum Student / Individual Therapist
- Supervisor: Jason Van Allen, Ph.D.

- Provide a variety of psychological services offered within the Pediatric Intensive Care Unit, the general Pediatrics Department, the Neonatal Intensive Care Unit, and others.
- Mar. 2024– **Equine-Assisted Positively Fit**
Aug. 2025 *Practicum Student / Individual Therapist*
- Supervisor: Jason Van Allen, Ph.D.
 - Lead therapist providing a family-focused, weight management intervention to youth and their families.
- Sep. 2023– **Texas Tech University, Texas Tech University Psychology Clinic**
Present *Graduate Student / Individual Child and Adult Therapist*
- Supervisors: Andrew K. Littlefield, Ph.D., Sarah E. Victor, Ph.D., John L. Cooley, Ph.D., Jason Van Allen, Ph.D., Adam T. Schmidt, Ph.D., Jonathan Singer, Ph.D.
 - Provide long-term, individual psychotherapy for anxiety disorders (e.g., generalized anxiety disorder, social anxiety disorder), mood disorders (e.g., major depressive disorder, persistent depressive disorder), chronic pain, attention-deficit/hyperactivity disorder, oppositional defiant disorder, and prolonged grief disorder.
 - Receive didactic training in evidence-based treatment protocols and principles, including *Defiant children* and *Trauma-focused cognitive behavioral therapy*.
 - Implement evidence-based treatments and theoretically informed case conceptualization built on Parent Management Training, Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, Behavioral Activation, and Motivational Interviewing.
 - Utilize treatment protocols, including the *Unified protocol for transdiagnostic treatment of emotional disorders, ACT made simple, Managing chronic pain: A cognitive-behavioral therapy approach, and Cognitive behavioral therapy for insomnia in veterans*.
 - Provide long-term individual and parent-based therapy for children utilizing treatment protocols, including *Defiant children, A clinical guide to pediatric sleep, and Multidimensional grief therapy*.
 - Design visual aids, client worksheets, and homework documents for clients, consistent with evidence-based treatment protocols.
 - Assess for suicide and self-harm risk, create safety plans, monitor risk throughout treatment, assess for and report abuse and neglect to the appropriate safety organizations, and communicate safety-related concerns to parents and caregivers of children.
 - Advocate for clients in additional contexts, including medical settings and places of education.
 - Conduct psychodiagnostic evaluations (including structured and semi-structured interviews) and assessments (including autism spectrum disorder, attention-deficit/hyperactivity disorder, learning disorder, intelligence testing, and general psychological evaluations).
 - Provide feedback from evaluations to clients utilizing evidence-based techniques.

- Produce comprehensive psychological evaluations (including personality measures, intellectual tests, cognitive tests, and neuropsychological tests), psychodiagnostic reports, and treatment progress reports, including intake reports, treatment plans, and termination summaries.
- Sep. 2023–
Aug. 2024 **Texas Tech University, Grief Therapy with Adolescents**
Practicum Student
- Supervisor: Jonathan Singer, Ph.D.
 - Receive didactic training in Trauma and Grief Component Therapy for adolescents who have lost a family member.
- Sep. 2023–
Aug. 2024 **Texas Tech University, CBT Pain Program for Adolescents**
Practicum Student
- Supervisor: Caroline Cummings, Ph.D.
 - Receive didactic training in CBT-based pain protocols—Children’s Health and Illness Recovery Program and The Comfort Ability—for adolescents with chronic pain and their parents
- Jan. 2023–
May 2023 **Texas Tech University, Texas Tech University Psychology Clinic**
Clinic Co-Director
- Supervisor: Megan A. Thoen, Ph.D.
 - Conduct first-contact intake screenings of incoming clients, including assessment and documentation of risk, history, and presenting concerns.

Teaching and Mentoring Experience

Teaching

- Fall 2025 **Guest Lecturer, RRP 1100: First Year Student Seminar**
Texas Tech University, RaiderReady Program
- Course Instructor: Margaret L. Durham, Ed.D.
- Fall 2025 **Teaching Assistant, PSY 5404: Practicum in Intelligence Testing**
Texas Tech University, Department of Psychological Sciences
- Course Instructor: Adam T. Schmidt, Ph.D.
- Spring 2025 **Guest Lecturer, HLTH 2307: Understanding Death and Dying**
Texas Tech University, Department of Kinesiology & Sport Management
- Course Instructor: Elizabeth Hoelscher, M.A.
- Fall 2024 **Guest Lecturer, INCH Lab: Behavioral Interventions for Overweight and Obesity**
Texas Tech University, Department of Nutritional Sciences
- Principal Investigator: Marleigh Hefner, Ph.D.
- Fall 2024 **Guest Lecturer, PSY 1300: General Psychology**
Texas Tech University, Department of Psychological Sciences
- Course Instructor: Carol Fadalla
- Fall 2024 **Guest Lecturer, PSY 1300: General Psychology**
Texas Tech University, Department of Psychological Sciences
- Course Instructor: Brelynne Baldwin, M.A.
- Fall 2022 **Teaching Assistant, PSY 2400: Statistical Methods Lab**
Texas Tech University, Department of Psychological Sciences
- Course Instructor: Will Crescioni, Ph.D.
 - Average Student Rating: 4.5/5.0
- Fall 2020 **Teaching Assistant, CSHD 0159: Understanding Child Development Through Film**

Tufts University, Eliot-Pearson Department of Child Study and Human Development

- Course Instructor: Calvin Gidney, Ph.D.

Fall 2020 **Teaching Assistant, CH 0099: Special Topics In Community Health, One Health**
Tufts University, Department of Community Health
 • Course Instructor: Deborah Linder, DVM, MS, DACVN

Mentoring

2025	Hyla Riley <i>Undergraduate Research Assistant</i>
2024–Present	Fanny Arendt <i>Current mentee</i>
2023–2025	Madeleine Valley <i>Undergraduate Research Assistant</i>
2025	Dan Garcia <i>Undergraduate Research Assistant</i>
2023–2024	Cyerra Jones <i>Subsequent Position: Student, Master of Science, Kinesiology, Concentration in Sports and Exercise Psychology</i>
2023–2024	Amanda Tabansi <i>Undergraduate Research Assistant</i>
2023	Macie Le <i>Undergraduate Research Assistant</i>
2023–2024	Abigail Woodall <i>Subsequent Position: Student, Master of Science in Marriage & Family Therapy, Texas Woman's University</i>
2023	Sara Phy <i>Subsequent Position: Student, Master of Public Health, Nutritional Sciences, Dietetics Concentration, University of Michigan</i>
2022–2023	Brooke Streicher <i>Subsequent Position: Student, Doctor of School Psychology, University of Florida</i>
2022	Ellis Renwick-Archibald <i>Science Research Program, New Rochelle High School</i>

Editorial and Reviewing Experience

[Web of Science Profile](#)

Ad hoc Reviewer

- Anthrozoös; Human-Animal Interactions; Translational Issues in Psychological Science

Fellowship Reviewer

2024 **Graduate Student Reviewer**
APAGS/Psi Chi Junior Scientist Fellowship

Conference Reviewer

2025 **Poster and Session Reviewer**
APA 2025 Division 54

Professional Service and Development

Service

2025– Present	Clinical Psychology Student Representative <i>TTU, Department of Psychological Sciences, Clinical Psychology</i>
2024– Present	Society of Clinical Child and Adolescent Psychology (SCCAP) Mentor <i>SCCAP, Division 53</i>
2022–2023	Inclusion, Diversity, Equity, and Access (IDEA) Committee Member <i>American Psychological Association, Division 17, Section 13: The Section on Human-Animal Interaction: Research and Practice</i>
2022–2023	Student Representative <i>American Psychological Association, Division 17, Section 13: The Section on Human-Animal Interaction: Research and Practice</i>
2021–2023	APA Campus Ambassador <i>American Psychological Association</i>
Development	
May 2025	Supporting Parents in Coping with Diagnoses: Feedback and Beyond <i>Sunfield Institute</i>
Jul. 2024	Dialectical Behavior Therapy (DBT) Seminar <i>Megan Renna, Ph.D.</i>
Jun. 2024	Virtual BPD COMPASS Introductory Workshop <i>Compass Mental Health Training & Consultation</i>
May 2024	Telehealth 101 <i>Texas A&M Health Telehealth Institute</i>
Jan. 2024	Making Equitable Attendance Policies Workshop <i>Texas Tech University</i>
Nov. 2023	Multidimensional Grief Therapy (MGT) Overview Training <i>The Trauma and Grief Center at the Hackett Center for Mental Health</i>
May 2023	The Groundwork Program <i>Texas Tech University</i>

Skills

- **Programming Languages:** R, Markdown, LaTeX
- **Statistical Software:** Posit products (i.e., RStudio IDE, Quarto, tidyverse, ggplot2), MPlus, SAS, SPSS, MATLAB
- **Database & Survey Systems:** REDCap, Qualtrics
- **Research Skills:** Categorical data analysis, structural equation modeling, general linear model applications

Professional Society Affiliations

- American Psychological Association, Division 54: Society of Pediatric Psychology
- APA Division 54: Sports Medicine and Orthopedics SIG
- APA Division 54: Obesity SIG
- APA Division 54: Sleep SIG
- APA Division 54: Pain SIG
- APA Division 54: Diversity SIG • Psi Chi, The International Honor Society in Psychology
- American Psychological Association, Division 53: Society of Clinical Child and Adolescent Psychology

- American Psychological Association, Division 17, Section 13: The Section on Human-Animal Interaction: Research and Practice
- Human Animal Bond Association

Certifications

Jun. 2025	CITI Program: TTU Human Subject Research Course
May 2025	CITI Program: Conflict of Interest for DOE AND PHS Agencies
May 2025	Sunfield Institute: Autism Diagnostic Observation Schedule (ADOS-2)
Sep. 2023	MoCA Cognitive Assessment: Certified Rater
Apr. 2023	QPR Institute: QPR Gatekeeper
Jan. 2023	CITI Program: Working with Dogs in Research Settings
Dec. 2022	CITI Program: Working With Horses In An Agricultural Research Setting
Sep. 2022	CITI Program: Social and Behavioral Responsible Scholarship Course

Additional Information

Languages: English (Native); German (Intermediate High; ACTFL); Spanish (Novice Mid; ACTFL)

References

1. Jason Van Allen, Ph.D.
John G. Skelton, Jr. Regents Professor; Director of Clinical Training
Department of Psychological Sciences, Clinical Psychology Program
Texas Tech University
Email: jason.vanallen@ttu.edu
Phone: +1 (806) 834-7703
Relationship: Doctoral Advisor