

CURRICULUM VITAE

Eli D. Halbreich, M.A.

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Department of Psychological Sciences, Box 42051, Lubbock, TX 79409-2051

Education

2022–Present	Doctor of Philosophy, Clinical Psychology (Expected August 2028) Texas Tech University (American Psychological Association [APA] Accredited), Lubbock, TX <ul style="list-style-type: none">• Advisor: Jason Van Allen, Ph.D.
2023–2025	Graduate Certificate, Psychological Methods and Analysis Texas Tech University (APA Accredited), Lubbock, TX
2022–2024	Master of Arts, Clinical Psychology Texas Tech University (APA Accredited), Lubbock, TX <ul style="list-style-type: none">• Advisor: Jason Van Allen, Ph.D.• Master's Thesis (2024): Pet Ownership and Family Involvement in Sports and Other Activities. Texas Tech University. Electronic Theses and Dissertations. https://hdl.handle.net/2346/99242
2019–2022	Bachelor of Arts, Psychology, <i>summa cum laude</i>, Highest Thesis Honors Tufts University, Medford, MA <ul style="list-style-type: none">• Advisor: Alexander Queen, Ph.D.• Honors Thesis (2021): Perceived Attitudes of Pet Owners About Their Pets During the COVID-19 Pandemic. Tufts University. Digital Collections and Archives. https://dl.tufts.edu/concern/pdfs/6q183150s
2017–2019	Psychology Major Los Angeles City College, Los Angeles, CA

Grants and Fellowships

2023	2023 APA of Graduate Students (APAGS)/Psi Chi Junior Scientist Fellowship American Psychological Association of Graduate Students & Psi Chi <ul style="list-style-type: none">• Amount: \$1,000
2022–2026	Helen DeVitt Jones Fellowship Texas Tech University Department of Psychological Sciences <ul style="list-style-type: none">• Amount: \$16,000

Honors and Awards

2025	2025 Society of Pediatric Psychology Annual Conference (SPPAC) Travel Award Society of Pediatric Psychology, Division 54 of the American Psychological Association <ul style="list-style-type: none">• Amount: \$500
2021	Priscilla N. Dunne Prize Tufts University Department of Psychology <ul style="list-style-type: none">• Amount: \$1,000
2021	Tufts Initiative for Human-Animal Interaction (TIHAI) Student Scholar

	Tufts Initiative for Human-Animal Interaction
	• Amount: \$500
2019–2022	Dean's List (all full-time semesters)
	Tufts University
2019	President's Honors
	Los Angeles City College
2018–2019	Full Time Dean's Honor List (all full-time semesters)
	Los Angeles City College

Publications

[Google Scholar Profile](#)

*indicates undergraduate trainee author/presenter

Peer-Reviewed Publications

11. Hefner, T. D., **Halbreich, E. D.**, & Van Allen, J. (In Press). Predictive utility and cut point of the Physical Activity Questionnaire - Children for differentiating youth meeting moderate to vigorous physical activity recommendations using accelerometry. *Journal of Pediatric Psychology*. <https://doi.org/10.1093/jpepsy/jsaf116>
10. **Halbreich, E. D.**, & Van Allen, J. (2024). Pet Ownership and Family Involvement in Sports and Other Activities. *Anthrozoös*, 37(6), 1107–1131. <https://doi.org/10.1080/08927936.2024.2406097>
9. **Halbreich, E. D.**, Hefner, T. D., Healy, A. S., & Van Allen, J. (2024). Measurement of attachment in human-animal interaction research. *Human-Animal Interactions*, 12(1). <https://doi.org/10.1079/hai.2024.0030>
8. King, E. K., **Halbreich, E. D.**, Callina, K., & Mueller, M. K. (2023). Companion animals and the relationship between peer victimization and emotion regulation in youth. *Journal of Research on Adolescence*, 34(1), 85–95. <https://doi.org/10.1111/jora.12901>
7. Mueller, M. K., King, E. K., **Halbreich, E. D.**, & Anderson, E. (2023) Feasibility of using ecological momentary assessment to measure the effects of interactions with pet dogs on psychophysiological reactivity in adolescents with social anxiety. *Human-Animal Interactions*, 11(1). <https://doi.org/10.1079/hai.2023.0036>
6. **Halbreich, E. D.**, Callina, K., King, E. K., & Mueller, M. K. (2023). Companion animals and profiles of peer social behavior in adolescence. *Journal of Adolescence*, 95(6), 1152–1167. <https://doi.org/10.1002/jad.12183>
5. **Halbreich, E. D.** (2022). Perceived attitudes of pet owners about their pets during the COVID-19 pandemic. *Animalia: An Anthrozoology Journal*, 6(1), 1–13. <https://www.animaliajournal.org/post/perceived-attitudes-of-pet-owners-about-their-pets-during-the-covid-19-pandemic>
4. Mueller, M. K., King, E. K., **Halbreich, E. D.**, & Callina, K. S. (2022). Companion animals and adolescent stress and adaptive coping during the COVID-19 pandemic. *Anthrozoös*, 35(5), 693–712. <https://doi.org/10.1080/08927936.2022.2027093>
3. **Halbreich, E. D.**, & Mueller, M. K. (2022). Profiles of family pet ownership during the COVID-19 pandemic. *Current Psychology*. <https://doi.org/10.1007/s12144-021-02574-x>
2. Linder, D. E., Folta, S. C., Must, A., Mulé, C. M., Cash, S. B., **Halbreich, E. D.**, Colón, C., Sullivan, S., Sanabria, E., Gibbs, D., & Farrell, T. (2021). A stakeholder-engaged approach to development of an animal-assisted intervention for obesity prevention among youth with autism spectrum disorder and their pet dogs. *Frontiers in Veterinary Science*, 8, 735432. <https://doi.org/10.3389/fvets.2021.735432>

1. Linder, D. E., Santiago, S., & **Halbreich, E. D.** (2021). Is there a correlation between dog obesity and human obesity? Preliminary findings of overweight status among dog owners and their dogs. *Frontiers in Veterinary Science*, 8, 654617. <https://doi.org/10.3389/fvets.2021.654617>

Book Chapters

1. King, E. K., **Halbreich, E. D.**, & Mueller, M. K. (2023). Animals in development: Childhood and adolescence. In A. H. Fine, M. K. Mueller, Z. Y. Ng, A. M. Beck, & J. M. Peralta (Eds.), *The Routledge International Handbook of Human-Animal Interactions and Anthrozoology* (1st ed., pp. 214–227). Routledge. <https://doi.org/10.4324/9781032153346>

Online Publications

2. Linder, D. E., & **Halbreich, E. D.** (2022, February 22). *Does My Pet Need a ‘Bland Diet’?* Petfoodology. <https://vetnutrition.tufts.edu/2022/02/does-my-pet-need-a-bland-diet/>
1. **Halbreich, E. D.** (2019, December 9). *Tenure Most Foul*. Tufts University Student Scholarship. Tisch Library. <http://hdl.handle.net/10427/6W924Q81F>

Non-Refereed Publications

1. **Halbreich, E. D.** (2025). Leaders in the History of Clinical Child and Adolescent Psychology Past Presidents Series: Wendy Silverman. *Journal of Clinical Child & Adolescent Psychology*.

Selected Manuscripts in Preparation

3. Hefner, T. D., **Halbreich, E. D.**, Jones, J., *Arendt, F., *Jones, C., & *Valley, M. (In Prep). Systematic review and meta-analysis of cognitive-dissonance interventions to improve body image satisfaction among athletes.
2. Lancaster, B. D., Hefner, T. D., **Halbreich, E. D.**, Hall, N. J., & Van Allen, J. (In Prep). The effect of pet dogs on empirical measures of child activity.
1. **Halbreich, E. D.**, Hefner, T. D., Healy, A. S., & Van Allen, J. (In Prep). Construction and validation of the companion animal ties scale (CATS).

Presentations

Symposium Contributions

1. Mueller, M. K., **Halbreich, E. D.**, & Anderson, E. (2022, July 7–9). Feasibility of using ecological momentary assessment to measure the effects of interactions with pet dogs on psychophysiological reactivity in adolescents with social anxiety. In N. Gee (Chair), *Ecological Momentary Assessment (EMA) as a Tool for Assessing Human-animal Interaction Across Contexts*. 31st International Society for Anthrozoology Conference, Boise, ID, United States.

Snapshot Presentations

1. Hoelscher, E.C., **Halbreich, E.D.**, & Victor, S. E. (2025, June 26–27). *Feeling the urge: Interoception and NSSI urge frequency in transgender and nonbinary adults*. International Society for the Study of Self-injury 2025 Annual Conference, Wellington, New Zealand.

Invited Talks

2. Hefner, M., Hefner, T.D., & **Halbreich, E.D.** (2025, October). *Clinical Connections*. Nutrition and Metabolic Health Initiative (NMHI) Clinic, Department of Nutritional Sciences, Texas Tech University, Lubbock, TX, United States.
1. Singer, J., Elliott, L., Fadalla, C., McLean, E., **Halbreich, E.D.**, Narayan, M., Jump, A., McLendon, A., Sparks, S., Levit, D (2025, October). *Utilizing telehealth to improve outcomes in rural areas for care partners of persons with dementia*. Society of Behavioral Medicine Digital Health SIG, Online.

Poster Presentations

10. Lelakowska, G., Hefner, T. D., **Halbreich, E. D.**, Van Allen, J. (2026, April 30–May 2). *Measurement invariance testing of the Food Noise Questionnaire*. Society of Pediatric Psychology 2026 Annual Conference, Las Vegas, NV, United States.
9. Hefner, T. D., **Halbreich, E. D.**, *Jones, C., *Valley, M., & Van Allen, J. (2025, April 3–5). *Relationship between pet ownership, physical activity, and sleep recommendations*. Society of Pediatric Psychology 2025 Annual Conference, Phoenix, AZ, United States.
8. **Halbreich, E. D.**, *Arendt, F., Hefner, T. D., & Van Allen, J. (2025, April 3–5). *Evaluating prosocial behavior and sleep disturbances between pet owners and non-pet owners*. Society of Pediatric Psychology 2025 Annual Conference, Phoenix, AZ, United States.
<http://dx.doi.org/10.13140/RG.2.2.14135.02721>
7. *Sprabary, K., Javins, A., Hefner, T. D., **Halbreich, E. D.**, *Gaitonde, A., Van Allen, J. (2025, April 1–2). *Development of an integrative pediatric weight management curriculum*. Undergraduate Research Conference, Texas Tech University, Lubbock, TX, United States.
6. **Halbreich, E. D.**, Hefner, T. D., & Van Allen, J. (2024, April 18–20). *Pet ownership and physical activity in adolescence*. The Society for Research on Adolescence 2024 Annual Meeting, Chicago, IL, United States.
5. King, E. K., **Halbreich, E. D.**, Anderson, E., & Mueller, M. K. (2023, June 15–18). *Dog interactions and psychophysiology in adolescents with social anxiety*. 32nd International Society for Anthrozoology Conference, Edinburgh, Scotland.
4. *Streicher, B. E., **Halbreich, E. D.**, Healy, A., Hefner, T. D., Lelakowska, G., & Van Allen, J. (2023, May 3). *Dog ownership, physical activity, depression, and anxiety symptoms in youth*. Obesity Research Institute 8th Annual Meeting, Lubbock, TX, United States.
3. **Halbreich, E. D.**, Mueller, M. K., King, E. K., & Callina, K. (2023, April 13–15). *Pet ownership and profiles of peer social behavior in adolescence*. The Society for Research on Adolescence 2023 Annual Meeting, San Diego, CA, United States.
2. **Halbreich, E. D.** (2022, July 7–9). *Perceived attitudes of pet owners about their pets during the COVID-19 pandemic*. 31st International Society for Anthrozoology Conference, Boise, ID, United States.
1. Folta, S. C., Mulé, C. M., Linder, D. E., Must, A., Cash, S. B., Adkins, J., & **Halbreich, E. D.** (2022, May 11–14). *Exploring nutrition, physical activity, and the role of pet dogs in households with a child with autism spectrum disorder: The DANE Study*. INSAR 2022 Annual Meeting, Austin, TX, United States.

Research and Clinical Experience

Research Experience

- Aug. 2022– **Examining Nutrition, Exercise, and Rest in Growing Youth (ENERGY) Lab**
Present Research Assistant
 - Supervisor: Jason Van Allen, Ph.D.
 - Write, edit, and conduct statistical analyses for peer-reviewed manuscripts, utilizing structural equation modeling and approaches to categorical data analysis; Propose and manage new research projects; Write and conceptualize grant applications for relevant funding opportunities; Analyze data across different statistical platforms (e.g., R, Mplus, SAS); Analyze and prepare actigraphy data using ActiLife software; Work collaboratively on federally funded research projects; Directly mentor and supervise undergraduate research assistants on graduate school applications, conference submissions, and professional

		development; organize lab meetings and data collection; supervise undergraduate research assistants with lab-related tasks, such as directing data entry and verification procedures; and Assist with administrative tasks, such as creating and maintaining REDCap surveys and databases.
Aug. 2021– May 2022	Children's Television Project Research Coordinator	<ul style="list-style-type: none"> • Supervisor: Calvin Gidney, Ph.D. • Supervise coders and research assistants working on a longitudinal research project; Work with PIs to implement and improve upon long-term project goals; Organize and manage data from the current season as well as from past years; Assign and track generation of character sheets, coding, cleaning, and collapsing; Generate and manage coder information surveys, training surveys, and coding instrument responses; Respond to student inquiries in a timely manner; and Assist in organizing structure of weekly class meetings as well as semester-long schedule.
May 2021– Aug. 2022	Tufts Pets and Well-Being Lab Research Assistant	<ul style="list-style-type: none"> • Supervisor: Megan K. Mueller, Ph.D. • Work closely with research team on funded research projects; Assist with participant recruitment, consent, protocol training, data collection, debriefing, and tracking; Draft manuscripts and grant proposals; Conduct systematic literature reviews and analyses; Handle data entry and analysis; and Assist with administrative tasks.
Aug. 2019– Aug. 2022	Tufts Initiative for Human-Animal Interaction Research Assistant	<ul style="list-style-type: none"> • Supervisor: Deborah Linder, DVM, MS, DACVN • Draft manuscripts; Conduct qualitative interviews with participants; Provide general administrative assistance on a number of funded research projects; Work with the Tufts IRB to help ensure that all aspects of the research studies are in compliance with the applicable regulations and institutional guidelines prior to IRB approval; Facilitate feedback on key documents and managing a collaborative workspace with stakeholders; Oversee projects through varying phases of development; Prepare, draft, and finalize stakeholder and research group meeting agendas and minutes; and Draft and finalize site and study documents.
Statistical Training		
2025	Psychometrics and Item Response Theory Instructor: Andrew K. Littlefield, Ph.D.	
2024	Categorical Data Analysis Instructor: Andrew K. Littlefield, Ph.D.	
2023	Structural Equation Modeling for Psychologists Instructor: Andrew K. Littlefield, Ph.D.	
2023	Advanced Correlational Methods and Factor Analysis Instructor: Nicholas C. Borgogna, Ph.D.	
2022	Experimental Design Instructor: Martina I. Klein, Ph.D.	
Clinical Experience		

Jul. 2025– Present	Texas Tech University Health Sciences Center (TTUHSC), Department of Psychiatry Practicum Student Individual Therapist <ul style="list-style-type: none"> • Supervisors: Gabriela Lelakowska, Ph.D., James E. Barnett, Ph.D., Emily Pali, Ph.D. • Provide evidence-based and measurement-based individual psychotherapy for youth and guardians with a range of presenting problems in an outpatient setting. • Provide individual therapy for youth with internalizing disorders as part of the Texas Child Health Access Through Telemedicine (TCHATT) program. • Utilize treatment protocols, including <i>Trichotillomania: An ACT-enhanced behavior therapy approach, Unified protocol for transdiagnostic treatment of emotional disorders in children and adolescents, Coping Cat, and C.A.T. Project</i>. • Conduct neurological and psychological assessments for youth and integrate these assessments into comprehensive psychological evaluations for neurodevelopmental concerns such as autism spectrum disorder and attention-deficit/hyperactivity disorder.
Jun. 2025– Present	The University of Kansas Medical Center, iAmHealthy Project Practicum Student Individual Health Coach & Group Intervention Co-Leader <ul style="list-style-type: none"> • Supervisor: Ann. M. Davis, Ph.D. • Provide health-related group and individual telehealth services as part of an R01-funded multi-site rurally tailored pediatric obesity behavioral intervention.
Jun. 2025– Present	University Medical Center (UMC) TLC² Foundation Cancer Center Practicum Student Individual Therapist <ul style="list-style-type: none"> • Supervisor: Evan Guidry, Ph.D. • Provide brief behavioral health interventions and short-term psychological services to patients of doctors specializing in hematology and oncology. • Work as part of a fast-paced, integrated care setting, coordinating care between patients' care teams. • Provide evidence-based services to patients endorsing subjective distress, emotional disorders, and desire for smoking cessation. • Engage a wide range of patients in care using Motivational Interviewing, Acceptance and Commitment Therapy, and Cognitive-Behavioral Therapy principles. • Attend and contribute to tumor board reviews across a number of different interdisciplinary treatment teams and presentations.
Apr. 2025– Present	TTUHSC Garrison Institute on Aging, TX Cares Program Practicum Student Individual Therapist <ul style="list-style-type: none"> • Supervisor: Jonathan Singer • Provide individual (telehealth and in-person) psychotherapy to caregivers of individuals with dementia. • Receive didactic training in Mindfulness-Based Cognitive Therapy and Behavioral Activation.

- Conduct comprehensive psychodiagnostic evaluations using a battery of neuropsychological and personality assessments as well as structured clinical interviews.
- Sep. 2024–
May 2025 **UMC Health System, Pediatrics**
Practicum Student | Individual Therapist
- Supervisor: Jason Van Allen, Ph.D.
 - Provide a variety of psychological services offered within the Pediatric Intensive Care Unit, the general Pediatrics Department, the Neonatal Intensive Care Unit, and others.
- Mar. 2024–
Aug. 2025 **Equine-Assisted Positively Fit**
Practicum Student | Individual Therapist
- Supervisor: Jason Van Allen, Ph.D.
 - Lead therapist providing a family-focused, weight management intervention to youth and their families.
- Sep. 2023–
Jun. 2025 **Texas Tech University, Texas Tech University Psychology Clinic**
Graduate Student | Individual Child and Adult Therapist
- Supervisors: Andrew K. Littlefield, Ph.D., Sarah E. Victor, Ph.D., John L. Cooley, Ph.D., Jason Van Allen, Ph.D., Adam T. Schmidt, Ph.D., Jonathan Singer, Ph.D.
 - Provide long-term, individual psychotherapy for anxiety disorders (e.g., generalized anxiety disorder, social anxiety disorder), mood disorders (e.g., major depressive disorder, persistent depressive disorder), chronic pain, attention-deficit/hyperactivity disorder, oppositional defiant disorder, and prolonged grief disorder.
 - Receive didactic training in evidence-based treatment protocols and principles, including *Defiant children* and *Trauma-focused cognitive behavioral therapy*.
 - Implement evidence-based treatments and theoretically informed case conceptualization built on Parent Management Training, Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, Behavioral Activation, and Motivational Interviewing.
 - Utilize treatment protocols, including the *Unified protocol for transdiagnostic treatment of emotional disorders, ACT made simple, Managing chronic pain: A cognitive-behavioral therapy approach, and Cognitive behavioral therapy for insomnia in veterans*.
 - Provide long-term individual and parent-based therapy for children utilizing treatment protocols, including *Defiant children, A clinical guide to pediatric sleep*, and *Multidimensional grief therapy*.
 - Design visual aids, client worksheets, and homework documents for clients, consistent with evidence-based treatment protocols.
 - Assess for suicide and self-harm risk, create safety plans, monitor risk throughout treatment, assess for and report abuse and neglect to the appropriate safety organizations, and communicate safety-related concerns to parents and caregivers of children.
 - Advocate for clients in additional contexts, including medical settings and places of education.

- Conduct psychodiagnostic evaluations (including structured and semi-structured interviews) and assessments (including autism spectrum disorder, attention-deficit/hyperactivity disorder, learning disorder, intelligence testing, and general psychological evaluations).
 - Provide feedback from evaluations to clients utilizing evidence-based techniques.
 - Produce comprehensive psychological evaluations (including personality measures, intellectual tests, cognitive tests, and neuropsychological tests), psychodiagnostic reports, and treatment progress reports, including intake reports, treatment plans, and termination summaries.
- Sep. 2023–
Aug. 2024 **Texas Tech University, Grief Therapy with Adolescents**
Practicum Student
- Supervisor: Jonathan Singer, Ph.D.
 - Receive didactic training in Trauma and Grief Component Therapy for adolescents who have lost a family member.
- Sep. 2023–
Aug. 2024 **Texas Tech University, CBT Pain Program for Adolescents**
Practicum Student
- Supervisor: Caroline Cummings, Ph.D.
 - Receive didactic training in CBT-based pain protocols—Children’s Health and Illness Recovery Program and The Comfort Ability—for adolescents with chronic pain and their parents
- Jan. 2023–
May 2023 **Texas Tech University, Texas Tech University Psychology Clinic**
Clinic Co-Director
- Supervisor: Megan A. Thoen, Ph.D.
 - Conduct first-contact intake screenings of incoming clients, including assessment and documentation of risk, history, and presenting concerns.

Teaching and Mentoring Experience

Teaching

- Fall 2025 **Guest Lecturer, RRP 1100: First Year Student Seminar**
Texas Tech University, RaiderReady Program
 - Course Instructor: Margaret L. Durham, Ed.D.
- Fall 2025 **Teaching Assistant, PSY 5404: Practicum in Intelligence Testing**
Texas Tech University, Department of Psychological Sciences
 - Course Instructor: Adam T. Schmidt, Ph.D.
 - Average Student Rating: 4.25/5.0
- Spring 2025 **Guest Lecturer, HLTH 2307: Understanding Death and Dying**
Texas Tech University, Department of Kinesiology & Sport Management
 - Course Instructor: Elizabeth Hoelscher, M.A.
- Fall 2024 **Guest Lecturer, INCH Lab: Behavioral Interventions for Overweight and Obesity**
Texas Tech University, Department of Nutritional Sciences
 - Principal Investigator: Marleigh Hefner, Ph.D.
- Fall 2024 **Guest Lecturer, PSY 1300: General Psychology**
Texas Tech University, Department of Psychological Sciences
 - Course Instructor: Carol Fadalla
- Fall 2024 **Guest Lecturer, PSY 1300: General Psychology**

	Texas Tech University, Department of Psychological Sciences
	<ul style="list-style-type: none"> • Course Instructor: Brelynne Baldwin, M.A.
Fall 2022	Teaching Assistant, PSY 2400: Statistical Methods Lab
	Texas Tech University, Department of Psychological Sciences
	<ul style="list-style-type: none"> • Course Instructor: Will Crescioni, Ph.D. • Average Student Rating: 4.5/5.0
Fall 2020	Teaching Assistant, CSHD 0159: Understanding Child Development Through Film
	Tufts University, Eliot-Pearson Department of Child Study and Human Development
	<ul style="list-style-type: none"> • Course Instructor: Calvin Gidney, Ph.D.
Fall 2020	Teaching Assistant, CH 0099: Special Topics In Community Health, One Health
	Tufts University, Department of Community Health
	<ul style="list-style-type: none"> • Course Instructor: Deborah Linder, DVM, MS, DACVN
Mentoring	
2025	Hyla Riley Undergraduate Research Assistant
2024–Present	Fanny Arendt Current mentee
2023–2025	Madeleine Valley Undergraduate Research Assistant
2025	Dan Garcia Undergraduate Research Assistant
2023–2024	Cyerra Jones Subsequent Position: Student, Master of Science, Kinesiology, Concentration in Sports and Exercise Psychology
2023–2024	Amanda Tabansi Undergraduate Research Assistant
2023	Macie Le Undergraduate Research Assistant
2023–2024	Abigail Woodall Subsequent Position: Student, Master of Science in Marriage & Family Therapy, Texas Woman's University
2023	Sara Phy Subsequent Position: Student, Master of Public Health, Nutritional Sciences, Dietetics Concentration, University of Michigan
2022–2023	Brooke Streicher Subsequent Position: Student, Doctor of School Psychology, University of Florida
2022	Ellis Renwick-Archibald Science Research Program, New Rochelle High School

Editorial and Reviewing Experience

[Web of Science Profile](#)

Ad hoc Reviewer

- Anthrozoös; Human-Animal Interactions; Acta Psychologica; Translational Issues in Psychological Science

Fellowship Reviewer

2024 **Graduate Student Reviewer**

APAGS/Psi Chi Junior Scientist Fellowship

Conference Reviewer

- 2025 **Poster and Session Reviewer**
APA 2025 Division 54

Professional Service and Development

Service

- 2025– **Clinical Psychology Student Representative**
TTU, Department of Psychological Sciences, Clinical Psychology
- Present **Society of Clinical Child and Adolescent Psychology (SCCAP) Mentor**
SCCAP, Division 53
- 2022–2023 **Inclusion, Diversity, Equity, and Access (IDEA) Committee Member**
American Psychological Association, Division 17, Section 13: The Section on Human-Animal Interaction: Research and Practice
- 2022–2023 **Student Representative**
American Psychological Association, Division 17, Section 13: The Section on Human-Animal Interaction: Research and Practice
- 2021–2023 **APA Campus Ambassador**
American Psychological Association

Development

- May 2025 **Supporting Parents in Coping with Diagnoses: Feedback and Beyond**
Sunfield Institute
- Jul. 2024 **Dialectical Behavior Therapy (DBT) Seminar**
Megan Renna, Ph.D.
- Jun. 2024 **Virtual BPD COMPASS Introductory Workshop**
Compass Mental Health Training & Consultation
- May 2024 **Telehealth 101**
Texas A&M Health Telehealth Institute
- Jan. 2024 **Making Equitable Attendance Policies Workshop**
Texas Tech University
- Nov. 2023 **Multidimensional Grief Therapy (MGT) Overview Training**
The Trauma and Grief Center at the Hackett Center for Mental Health
- May 2023 **The Groundwork Program**
Texas Tech University

Skills

- **Programming Languages:** R, Markdown, LaTeX
- **Statistical Software:** Posit products (i.e., RStudio IDE, Quarto, tidyverse, ggplot2), MPlus, SAS, SPSS, MATLAB
- **Database & Survey Systems:** REDCap, Qualtrics
- **Research Skills:** Categorical data analysis, item response theory, psychometrics, structural equation modeling, general linear model applications

Professional Society Affiliations

- American Psychological Association, Division 54: Society of Pediatric Psychology

- APA Division 54: Sports Medicine and Orthopedics SIG
- APA Division 54: Obesity SIG
- APA Division 54: Sleep SIG
- APA Division 54: Pain SIG
- APA Division 54: Diversity SIG • Psi Chi, The International Honor Society in Psychology
- American Psychological Association, Division 53: Society of Clinical Child and Adolescent Psychology
- American Psychological Association, Division 17, Section 13: The Section on Human-Animal Interaction: Research and Practice
- Human Animal Bond Association

Certifications

Dec. 2025	International OCD Foundation: OCD Basics
Jun. 2025	CITI Program: TTU Human Subject Research Course
May 2025	CITI Program: Conflict of Interest for DOE AND PHS Agencies
May 2025	Sunfield Institute: Autism Diagnostic Observation Schedule (ADOS-2)
Sep. 2023	MoCA Cognitive Assessment: Certified Rater
Apr. 2023	QPR Institute: QPR Gatekeeper
Jan. 2023	CITI Program: Working with Dogs in Research Settings
Dec. 2022	CITI Program: Working With Horses In An Agricultural Research Setting
Sep. 2022	CITI Program: Social and Behavioral Responsible Scholarship Course

Additional Information

Languages: English (Native); German (Intermediate High; ACTFL); Spanish (Novice Mid; ACTFL)

References

1. Jason Van Allen, Ph.D.
John G. Skelton, Jr. Regents Professor; Director of Clinical Training
Department of Psychological Sciences, Clinical Psychology Program
Texas Tech University
Email: jason.vanallen@ttu.edu
Phone: +1 (806) 834-7703
Relationship: Doctoral Advisor