



MOVE SMART predict



HEALTH DATA ACTIVITY SUGGESTION

←



Mindfulness



Motivation
Find it hard to follow through on things sometimes?



Concentration
To focus means to be productive.

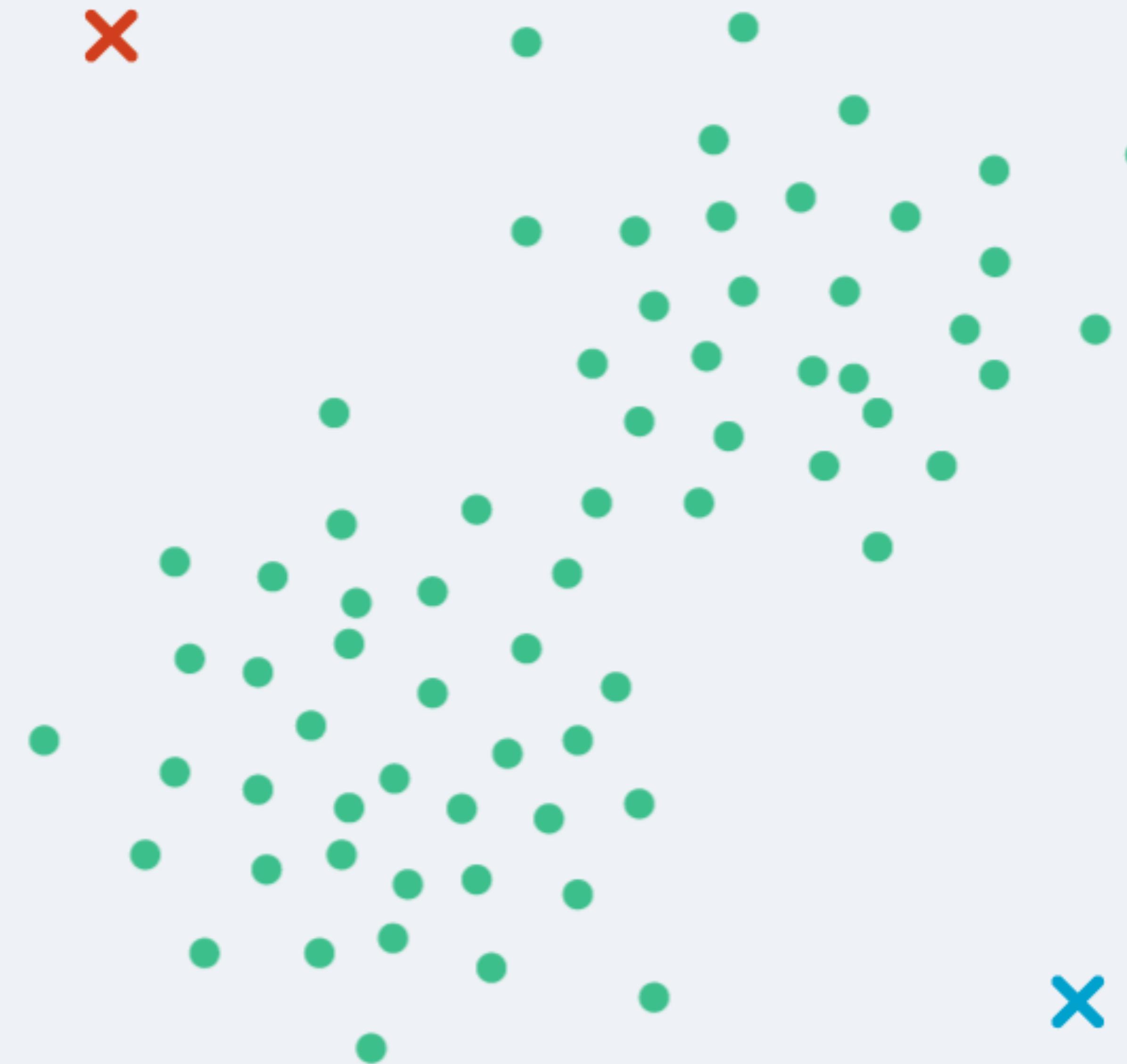


Relaxation
If you have a busy life you have to be able to switch off too.



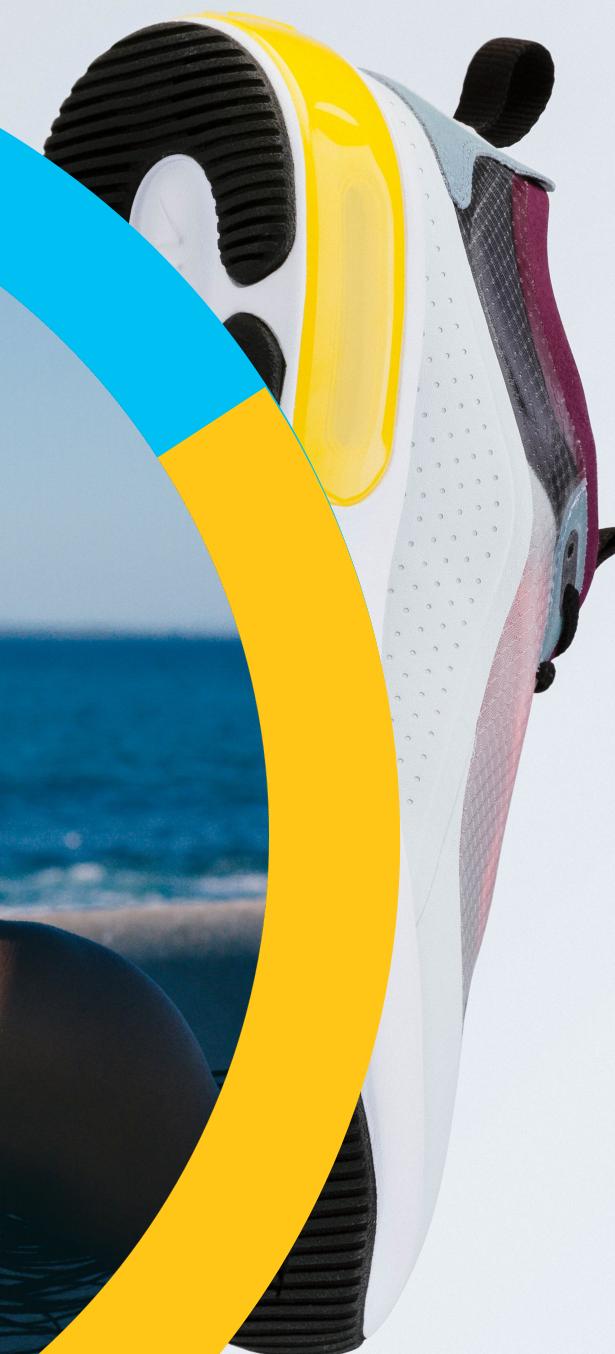
Sleep
We spend a third of our lives sleeping - which is a good thing.

K-MEANS CLUSTER



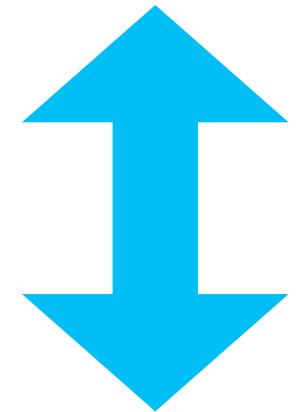








SIMILAR



← DIFFERENT →



CODE DEMO

ARE YOU READY FOR THIS?