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EDUCATION

2024 (<i>expected</i>)	University of South Florida , Tampa, FL Ph.D., Clinical Psychology Advisor: Marina Bornovalova, Ph.D.
2020 (<i>expected</i>)	University of South Florida , Tampa, FL M.A., Clinical Psychology Advisor: Marina Bornovalova, Ph.D.
2012 to 2016	Michigan State University , East Lansing, MI B.A., Psychology, <i>with Honors</i> <i>Minor in Women's & Gender Studies</i> <i>Minor in LGBTQ & Sexuality Studies</i>

AWARDS, HONORS, AND CERTIFICATIONS

2019	Stephen and Phillip Deibler Memorial Scholarship Award (\$1000)
2018	Data Analysis in R Certification, <i>University of South Florida</i>
2013 to 2016	Dean's List, <i>Michigan State University</i>
2015	Research Assistant of the Month, <i>Michigan State University Twin Registry</i>
2015	Queer Inclusive Learning and Leadership (QuILL) Certification, <i>Michigan State University LGBT Resource Center</i>
2014	Question, Persuade, & Refer (QPR) Suicide Prevention Gatekeeper Certification, <i>QPR Institute</i>

PEER-REVIEWED PUBLICATIONS

Published or In Press

Burt, S.A., Slawinski, B.L., **Carsten, E.E.**, Harden, K.P., Hyde, L.W., & Klump, K.L. (2019). How should we understand the absence of sex differences in the genetic and environmental origins of antisocial behavior? *Psychological Medicine*, 49(10), 1600-1607. doi:10.1017/S003329171900077.

In Preparation

Slawinski, B.L., **Carsten, E.E.**, Schires, S., & Burt, S.A. Meta-analysis of behavior genetic research on traits of psychopathy.

PRESENTATIONS AND INVITED TALKS

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| 2019 | USF Psychology Diversity Colloquium. Presented results from diversity climate survey (data collected summer 2019) and facilitated conversation among graduate students and faculty on how to improve department climate to promote diversity. |
| 2019 | How to Prepare for Graduate Programs in Psychology. Invited talk presented to the Tobacco Research and Intervention Program undergraduates at Moffitt Cancer Center. |
| 2017 | Carsten, E.E., Lu, P., Gant, K., Slawinski, B.L., Alhabash, S.E., & Burt, S.A. (2017) <i>Cyber-aggression in college students associated with delinquent peer affiliation.</i> Poster presented at the 2017 University Undergraduate Research and Arts Forum. |
| 2017 | Gant, K., Lu, P., Carsten, E.E., Slawinski, B.L., Klump, K.L., & Burt, S.A. (2017) <i>Anxiety and parent-child conflict predict somatic complaints in middle childhood.</i> Poster presented at the 2017 University Undergraduate Research and Arts Forum. |
| 2016 | The Etiology of Dark Triad Personality Traits. Invited research talk presented to the Lansing Community College Psychology Club. |

RESEARCH EXPERIENCE

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| 2017 to 2018 | <p>Lab Manager, Behavior Genetics Lab, Michigan State University
Lab Manager of Burt Behavior Genetics Research Lab.</p> <p>Duties: Recruit participants for multiple studies including the Michigan Twin Neurogenetics Study, collect and track participant data, edit IRB amendments, manage DNA, hire and supervise undergraduate research assistants, and coordinate and lead weekly lab meetings.</p> <p>Principal Investigator: S. Alexandra Burt, Ph.D.</p> |
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2016 to 2017	<p>Data Liaison, <i>Hormones and Behavior Lab</i>, Michigan State University Tracked and managed data for multiple studies examining the relationship between hormones and behavior.</p> <p>Duties: Tracked participants' daily online participation, ran syntaxes on SPSS data, checked for and corrected inconsistencies across data entries, trained research assistants, organized Primary Investigator's digital reference manager, and switched reference library from Endnote to Mendeley.</p> <p>Principal Investigator: Kelly Klump, Ph.D.</p>
2016 to 2017	<p>Research Assistant, <i>Behavior Genetics Lab</i>, Digital Behavior Study, Michigan State University Served as a research assistant for a study on digital aggression in college students.</p> <p>Duties: Ran assessments with participants, consented participants, coded participant responses, managed participant contact information.</p> <p>Principal Investigator: S. Alexandra Burt, Ph.D.</p>
2016 to 2017	<p>Research Assistant, <i>Hormones and Behavior Lab</i>, Hormones, Behavior, and Brain Activity Across the Menstrual Cycle Gained experience with a twin study investigating systematic changes in ovarian hormones, behavior, and brain activity across the menstrual cycle in identical and fraternal female twins aged 16-30.</p> <p>Duties: Ran fMRI assessments with participants, assisted radiologist in administering computerized cognitive tasks, administered questionnaires, and administered food tasks during fMRI scans, consented participants, prepared materials for assessments, edited protocols, entered and tracked participant data, and cleaned data files.</p> <p>Principal Investigator: Kelly Klump, Ph.D., Jason Moser, Ph.D.</p>
2016 to 2017	<p>Research Assistant, <i>Hormones and Behavior Lab</i>, Hormones and Behavior Study, Michigan State University Served as a research assistant for a study examining the relationship between hormones and behavior in a sample of female college students.</p> <p>Duties: Ran assessments with participants, consented participants, entered participant data, cleaned data files, prepared assessment materials, tracked participant menstrual cycles, and trained other research assistants.</p> <p>Principal Investigator: Kelly Klump, Ph.D.</p>

- 2015 **Research Assistant, *Hormones and Behavior Lab***, Hormones and Behavior Pilot Study, Michigan State University
Served as a research assistant for a pilot study examining the relationship between hormones and behavior in a sample female twins aged 16-24.
- Duties: Ran assessments with participants, consented participants, entered participant data, cleaned data files, prepared assessment materials, tracked participant menstrual cycles, and inventoried participant DNA.
- Principal Investigator: Kelly Klump, Ph.D.
- 2015 **Research Assistant, “Exploring Reward System Responsivity in the Nucleus Accumbens across Chronicity of Binge Eating in Female Rats”**, Michigan State University
Assisted with an animal study aimed to determine whether individual differences in palatable food consumption are correlated with differential activation of brain regions by PF in binge eating prone and binge-eating resistant female rats.
- Duties: Performed body weight measurement procedures on female rats, fed rats, and assisted with rat surgical perfusions.
- Principal Investigators: Britny Hildebrandt, M.A., Kelly L. Klump, Ph.D., and Cheryl Sisk, Ph.D.

Advanced Training in Quantitative and Research Methodology

- 2019 **Multilevel SEM with xxM** one-week workshop. *Stats Camp Statistical Methods Training*, Albuquerque, NM
Instructor: Paras Mehta, Ph.D.

CLINICAL EXPERIENCE

Graduate – Treatment

- 2019 to present **Clinician, *USF Psychological Services Clinic***, University of South Florida
Administer evidence-based therapeutic interventions with adult individuals referred to the USF Psychological Services Clinic to address mental health concerns that interfere with academic or work performance and daily functioning. Gain proficiency in the administration of therapies to treat a wide range of disorders and behavioral features, such as anxiety disorders (e.g., generalized anxiety disorder, social anxiety disorder, panic disorder), mood disorders (e.g., major depressive disorder), personality disorders (e.g., narcissistic personality disorder), suicidal ideation, and non-suicidal self-injury.

Intervention strategies: Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Acceptance and Commitment Therapy (ACT).

Supervisors: Diana Rancourt, Ph.D., Fallon Goodman, Ph.D., Jack Darkes, Ph.D.

Graduate – Assessment

2019 to present **Clinician, USF Psychological Services Clinic**, University of South Florida
Conduct psychological assessments with individuals referred to the USF Psychological Services Clinic to identify learning disabilities, attention-deficit hyperactivity disorder, and other psychological disorders (e.g., anxiety, mood, personality disorders) that interfere with academic or work performance and daily functioning. Gain proficiency in the administration, scoring, and interpretation of several psychological tests in the domains of intellectual abilities, academic achievement, executive function, memory and attention abilities, and social/emotional functioning.

Supervisors: Diana Rancourt, Ph.D., Fallon Goodman, Ph.D., Jack Darkes, Ph.D.

Undergraduate

2014 **Intern, Sharon L. Rogers, PhD, Private Practice Therapist**, Corpus Christi, Texas
Assisted in a group therapy program focused on preventing recidivism in registered sex offenders.

Duties: Attended group therapy sessions, graded patients' daily journals, handled patient weekly fees, assisted in administrative duties such as coordinating with probation and parole officers, and attended meetings with parole officers.

Supervisor: Sharon L. Rogers, Ph.D.

TEACHING EXPERIENCE

2019 to present **Graduate Teaching Assistant, University of South Florida**
Research Methods Lab (PSY3213, undergraduate course)

2018 to 2019 **Graduate Teaching Assistant, University of South Florida**
Intro to Psychological Science Lab (PSY2012, undergraduate course)

2016 to 2017	Substitute Teacher, EDUStaff, LLC , Greater Lansing area public schools Substituted primarily in upper-level high school courses including AP English and AP Psychology, oversaw high school classrooms, carried out lesson plans and assigned academic tasks, aided students in understanding of coursework, proctored AP exams, and wrote performance evaluations.
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Advanced Training in Classroom Teaching

2019, 2020	Attendee and Volunteer, National Institute of the Teaching of Psychology Conference , St. Petersburg, FL Four-day conference including in-depth workshops and lectures focused on improving teaching skills and student outcomes in university settings.
2018	USF Graduate Certification in College Teaching Intensive one-week program focused on teaching with technology, assessing student learning outcomes, and creating effective learning environments.

LEADERSHIP AND VOLUNTEER WORK

Graduate

2019 to present	Board Member, Psychology Diversity Committee , University of South Florida Department of Psychology Graduate student-led organization dedicated to advocating for graduate and undergraduate psychology students of marginalized and underrepresented backgrounds, promoting inclusive academic practices, highlighting diversity-related topics in academic research, and providing specialized diversity trainings for students and faculty.
2019 to present	Chair, Clinical Diversity Training Subcommittee , University of South Florida Department of Psychology Subcommittee within the Psychology Diversity Committee comprised of graduate students in USF's clinical psychology program, dedicated to enhancing diversity-focused clinical skills, locating and maintaining relevant resources, and coordinating empirically supported diversity trainings and workshops for student and faculty clinicians.

Undergraduate

2013 to 2017	<p>Medical Advocate, <i>Sexual Assault Crisis Intervention Program</i>, Michigan State University</p> <p>Provided advocacy services to individuals struggling with sexual assault-related issues.</p> <p>Duties: Completed 44-hour training, worked 24-hour on-call shifts for both crisis hotline and medical advocacy during which I provided resources and emotional support for individuals 16 years or over and/or their friends and family members, provided advocacy for students during campus events involving sensitive topics.</p> <p>Supervisor: Bianca Segura</p>
2014 to 2016	<p>Vice President and Lead Facilitator, <i>Every 2 Minutes (E2M)</i>, Michigan State University</p> <p>Revitalized and co-led an on-campus theatre troupe dedicated to providing education about sexual assault and relationship abuse.</p> <p>Year One Duties: Recruited members, co-wrote scripts, organized and planning performances, and acted in performances.</p> <p>Year Two Duties: In addition to all year 1 duties, took meeting minutes, facilitated post-performance discussions with audience and encouraged critical thought and discourse regarding societal norms and sexual and romantic scripts for young people.</p>
2016	<p>Intern, <i>Humans Uniting for an Equal Society (HUES)</i>, Lansing, MI</p> <p>Interned for a nonprofit organization dedicated to advocating for the LGBTQ community of Lansing, Michigan.</p> <p>Duties: Created presentations on various topics relevant to the LGBTQ community and presented at monthly HUES Coalition meetings, collaborated with another intern on various projects, planned events.</p> <p>Supervisor: Jayne Schuiteman, Ph.D.</p>
2014 to 2015	<p>Volunteer, <i>Break the Chain</i> (film), Lansing, MI</p> <p>Modeled as human trafficking victim for photography in an award-winning feature length documentary film that addresses human trafficking in the state of Michigan and beyond. <i>Break the Chain</i> is used as an educational and entertainment resource that is utilized in trainings and community resource events nationwide.</p> <p>Supervisors: Laura Swanson, Kirk Mason</p>

2013 to 2014	<p>Youth Mentor, Michigan State University Adolescent Diversion Program Provided mentorship for a youth in a strength-based program aimed at preventing youth recidivism within the juvenile criminal justice system.</p> <p>Duties: Met weekly with youth mentee, participated in positive activities that build on strengths and hobbies, constructed behavior plans and provided weekly behavior reports to court officials, helped youth develop and work toward both short-term and long-term goals, and helped youth discover future career opportunities.</p> <p>Supervisor: Sean Hankins</p>
2013	<p>Volunteer, Corpus Christi Medical Center, Corpus Christi, TX Volunteer member of the Cuddle Club, a program designed to provide basic acute care for medium-risk newborn infants in the absence of their mothers.</p> <p>Duties: Provided assistance to nursing staff in Labor and Delivery unit, provided basic support and comfort for medium-risk infants, and assisted in various administrative functions.</p>

ADDITIONAL ACTIVITIES AND AFFILIATIONS

Professional Development Workshops & Trainings

2020	<p>APA Telepsychology Training Attended one 8-hour online training focused on administration of telepsychology services, such as online therapy.</p> <p>Gained competencies related to clinical evaluation and care, cultural considerations, use of various technologies, legal and ethical guidelines, and reimbursement for telepsychology.</p> <p>Instructor: Marlene Mayhew, Ph.D.</p>
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2019	<p>Ecuador Professional Preparation Program, Quito, Ecuador</p> <p>Participated in 2.5-week professional development and cultural immersion program for psychology graduate students. Worked daily in an orphanage with youth aged 7-16, received daily supervision, attended weekly guest lectures by local and national leaders in the fields of psychology, neuroscience, education, and public health, and received 20 hours of 1:1 Spanish language instruction.</p> <p>Gained an enhanced understanding of cultural differences and culturally specific needs, increased ability to communicate effectively in Spanish, expanded skills pertinent to working with children, and acquired knowledge of psychological practices in Ecuador.</p> <p>Supervisors: Matthew Ruderman, M.Ed., Ph.D., Anton Berzins, Psy.D.</p>
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Professional Affiliations

2019 to present	Member, Association for Psychological Science
2018 to present	Member, American Statistical Association, University of South Florida Student Chapter
2019 to present	Graduate Student Affiliate, American Psychological Association of Graduate Students
2016, 2019 to present	Student Affiliate, American Psychological Association, Division 44: Society for the Psychology of Sexual Orientation and Gender Diversity
2020 to present	Graduate Student Member, Society for Personality and Social Psychology
2016	Board Member, Lansing Association of Human Rights, Lansing, MI

Professional Activities

2018 to present	<i>Ad hoc</i> journal reviewer
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