Setup of Apple Watch with Gfit

The following instructions will guide you through registering your Apple Watch with the Gfit app and then you can get registered with Cure Science at appomics.org.

Before setup:

- Always wear the Apple Watch properly on your wrist.
- Please wear your Apple Watch throughout the day so that all data can be recorded incomplete data will not be useful for analysis.
- Please always keep your Apple Watch connected with the Apple Health app on iPhone which will communicate using Bluetooth /WiFi. This is required for proper syncing of the data with the Apple server which will receive the data.
- Be sure to open your Apple health app and Gfit app at least once daily to allow the data to sync with the app and server.

Step 1: Google fit app installation

Install Google Fit app from iPhone App store. You can use the following link:-

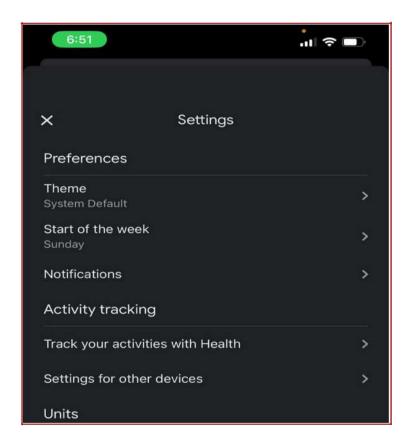
https://apps.apple.com/in/app/google-fit-activity-tracker/id1433864494

Login with your Google account username(email) and password in the Gfit app.

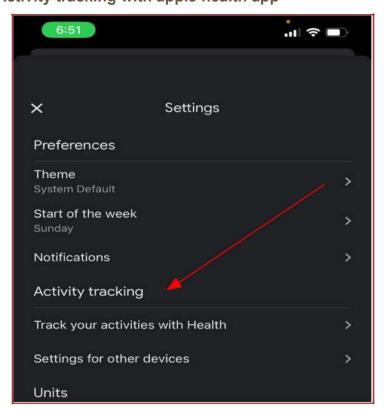
Step 2: Sync data with Google fit App

1. Tap on the 'profile icon' in the top right corner of Gfit app window (shown with arrow below).

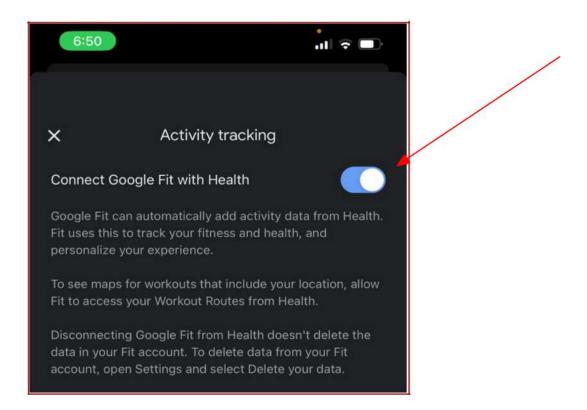
2. Tap on Settings:



3. Tap on Activity tracking with apple health app



3. Turn on "Connect with Google Fit with Apple Health" (shown with arrow below)



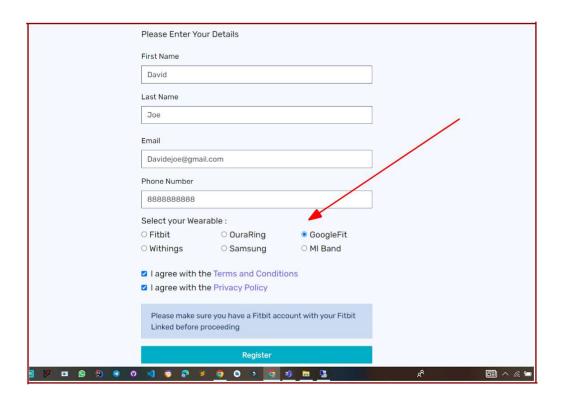
Step 3: Register with CureScience

During this step you will set up your Apple Watch to share data with the CureScience server.

To register with CureScience, open the following link in a web browser and follow the instructions to register.

https://appomics.org/Wearables

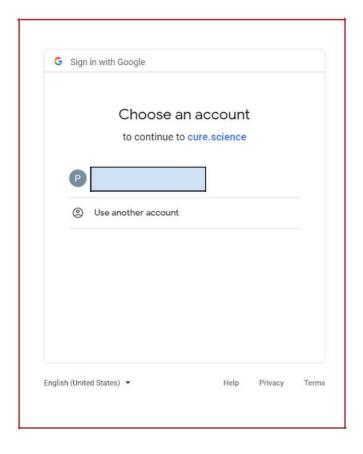
Please fill the required information in the form and click on the "Google Fit" option to get registered.



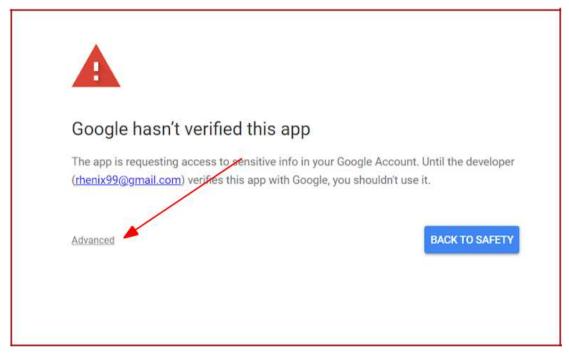
After you click on the register button you will be directed to login with your Google account.

[Note: Please register with the same Google account credentials username and password that you used in the Google Fit app on your iPhone].

Select the email account which you previously linked with your Google Fit app username and password.

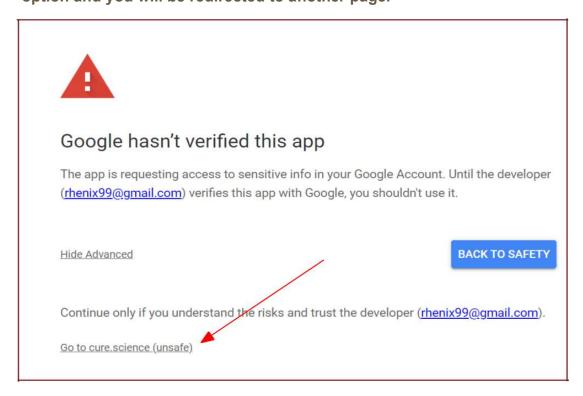


Click the "Advanced" option and you will be redirected to the page as shown below.



Advanced Setting

Once you are taken to the Advanced option click on "Go to the cure.science" option and you will be redirected to another page.



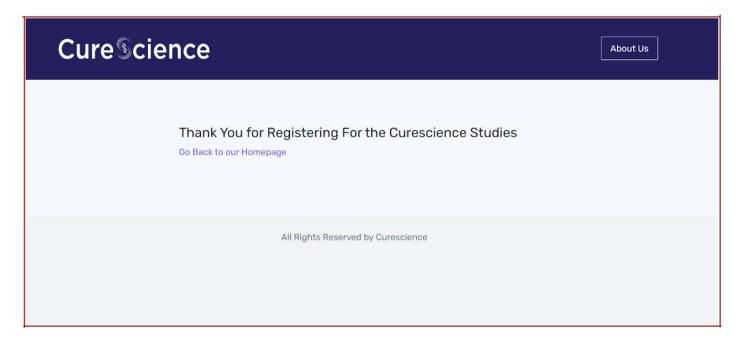
Note: [Please ignore the "unsafe" warning].

Please select / check all options checkboxes and then click continue.

	cure.science wants access to your Google Account)
Sele	ect what cure.science can access	
•	Add to your sleep data in Google Fit. I consent to Google using my sleep information with this app Learn more	
•	See your sleep data in Google Fit. I consent to Google sharing my sleep information with this app Learn more	
•	Add to your heart rate data in Google Fit. I consent to Google using my heart rate information with this app Learn more	
•	See your heart rate data in Google Fit. I consent to Google sharing my heart rate information with this app Learn more	

•	See info about your body measu Google Fit. Learn more	urements in
•	Add to your Google Fit location Learn more	data.
•	See your Google Fit speed and o	distance data.
•	Add to your Google Fit physical Learn more	activity data.
•	Use Google Fit to see and store activity data. Learn more	your physical
Mal	se sure you trust cure.scienc	ce
	may be sharing sensitive info with always see or remove access in yo	
Lear	n how Google helps you share da	ta safely.
See	cure.science's Privacy Policy and	Terms of Service.
	Cancel	Continue

Once your registration with is complete you will see the message show below.



Note: Please remember to open your Apple Health app and Gfit app at least once daily and connect to Bluetooth/ WiFi so that the data will be synced with the apps and the server

Thank you for completing your registration!