A.

T1	T2	Т3
L(A), L(B) (lock point)		
R(A)		
W(A)		
U(A)		
		L(A)
		L(B) (Lock point, denied)
		R(A)
		W(A)
R(B)		
W(B)		
U(B)		
commit		
		Granted L(B)
		R(B)
		W(B)
		U(A), U(B)
		commit
	L(A)	
	R(A)	
	L(B) (lock point)	
	R(B)	
	U(A), U(B)	
	commit	

B. Because Strict 2PL adds commits or rollbacks in the schedule (like above), this makes certain that, while just 2PL ensures conflict-serializability, the strictness of commits or rollbacks will also make certain of recoverability (preventing deadlocks, etc.).