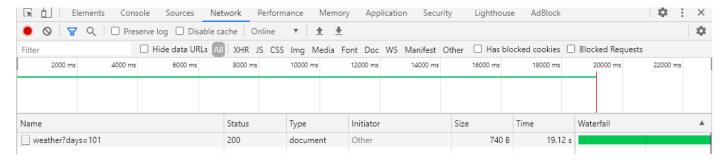
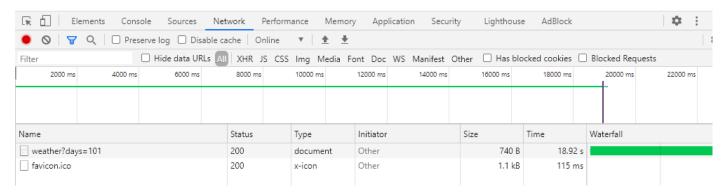
1. The initial variant (101 days):



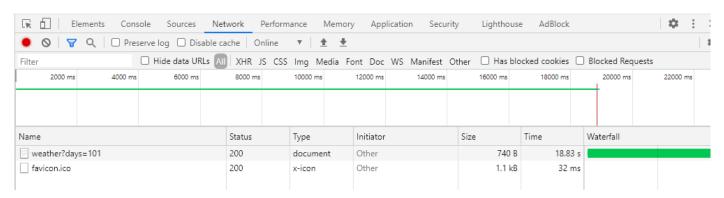
Time: 19.12 s.

2. After changing "24 * 60 * 60L" to "86400L":



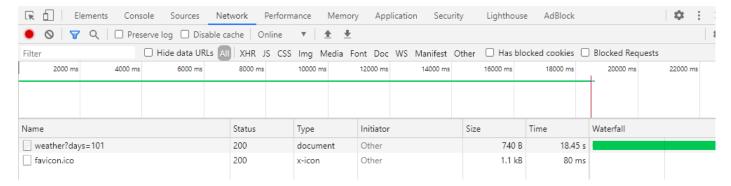
Time: 18.92 s.

3. After removing "oneDayInSec" out of the cycle:



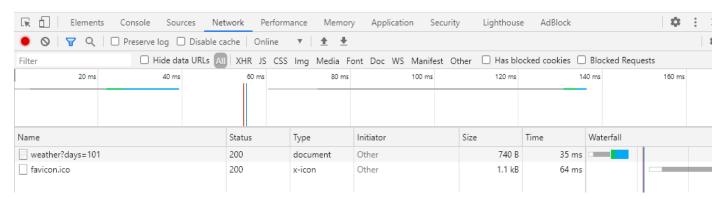
Time: 18.83 s.

4. After removing "currentDayInSec" out of the cycle:



Time: 18.45 s.

5. Add a HashMap to save the results (key = date).



Time: 35 ms

To conclude, the best optimization was the last one.