# FILIF DEFRE

# **EDUCATION**

2019 2018

# King's College London

First Class Honors - MSc. Clinical Neuropsychiatry

Q London, UK

Project: What are the barriers to people with dissociative seizures accessing treatment? A literature review and service evaluation

2018 2014

# **Cardiff University**

First Class Honors - BSc. Psychology

♀ Cardiff, UK

Project: Looking for trouble? An investigation into attentional biases of angry and fear faces in psychopathy and aggression

# RESEARCH EXPERIENCE

2019

# **MSc Research Project**

King's College London

Q London, UK

- · Carried out a literature review analysing key barriers to accessing treatment for individuals with dissociative seizures
- · Carried out a further service evaluation of King's College Hospital, looking at the care pathway for patients with dissociative seizures

2018

#### **BSc Research Project**

School of Psychology, Cardiff

- Studied attentional biases of angry and fearful faces in psychopathy and aggression, utilising a dot-probe paradigm
- · Awarded a First Class mark

August 2017 June

2017

### **SPRINt Research Assistant**

School of Psychology, Cardiff

Ocardiff. UK

- · Investigated recognition memory deficits in mouse models of Down's syndrome
- · Immunohistochemistry testing on brain slices of mouse modles of Alzheimer's disease

2017 2016

# **Assistant Clinical Psychologist**

Caswell Clinic

Pridgend, UK

- · Qualitative research investigating the impact of acceptance and commitment therapy for service users with psychosis
- · Carried out semi-structured interviews with service users and used thematic analysis to identify key themes
- Provided me with a fundamental set of research and collaborative skills

# PROFESSIONAL EXPERIENCE

Present March

2020

## **Acute Medical Healthcare Assistant**

Princess Elizabeth Hospital

♀ Guernsey, CI

- · Work on an acute medical ward assisting and supporting patients with their daily care
- · Promoting independence, personal care, mobility and wellbeing
- Completed The Care Certificate in under 4 months, receiving an award for Best Care Certificate upon completion
- Further developed my communication, life-support, and practical clinical skills

#### Ellie Deere

## **CONTACT INFO**

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LinkedIn/elliedeere

For more

information, please

contact me via email.

## **PUBLICATIONS**

Davies, B. E., Morgan, S., John-Evans, H., & Deere, E. (2019), 'Monsters don't bother me anymore' forensic mental health service users' experiences of acceptance and commitment therapy for psychosis. The Journal of Forensic Psychiatry & Psychology, 30(4), 594-613.

2019 | 2018

# **Neurological Support Worker**

**♀** London, UK

- · Worked in the community with people who have a brain injury of neurological disorder
- · Worked primarily with an individual with cerebral palsy with limited mobility
- · Worked to promote independence and support with daily living activities and wellbeing
- Helped develop fundamental bedside manner and interpersonal communication skills in both a clinical and personal environment

2017 | 2018

# Assistant Clinical Psychologist

Caswell Clinic

Pridgend, UK

- · Carried out risk assessments of new admissions using the HCR-20V3
- Contributed to research on methods of psychotherapy
- · Made clinical judgements regarding the care and treatment of patients
- Provided first-hand experience of the practicalities of healthcare in a medium-secure psychiatric setting



# **SKILLS**

# Interpersonal and teamworking

- · I can communicate effectively and clearly, with compassion and understanding
- I can identify communication needs and respond to them appropriately using relevant communications aids
- I can work efficiently and pragmatically within an multidisciplinary team

#### Research

- Experience with wet lab protocols
- Confident with both qualitative and quantitative research methods

# Problem solving

- I am able to assess a situation by evaluating and managing risk
- I can seek advice when needed whilst relying on my experience, skillset and initative

## Statistical analysis

- Confidence applying the family of general linear models
- Experience with qualitative analysis approaches such as Grounded Theory and thematic analysis

#### IT

- Experience utilising statistical and analytical software such as Excel and SPSS
- · Confidence using experimental design software E-Prime