PRESENT SIMPLE VS CONTINUOUS – MEANING

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PRESENT SIMPLE

Habits. Regular actions or situations

- I wash my hair every day.
- He usually gets up very early.

Facts, permanent situations or states

- ⇒ I have one brother. He lives in Paris.
- Water boils at 100 degrees.

With stative verbs*

- ⇒ Give me the money. I need it now.
- What happened? You look sad.

Future timetabled events

- The train leaves at 4.
- The exams start next Monday.

SIGNAL WORDS: Always, never, often, sometimes, every day, once a month, etc.

PRESENT CONTINUOUS

Actions in progress 'now'/'around now'

- ⇒ I can't talk. I'm brushing my teeth.
- ⇒ I'm reading a new book. I love it!

Temporary actions or situations

- ⇒ I'm going to work by bus this week.
- I'm living with my cousins until I find an apartment.

Changing or developing situations

- The climate is changing very quickly.
- ⇒ Your English is improving.

Future actions that are decided

- I'm meeting John this evening.
- ⇒ We are leaving tomorrow at 7 a.m.

SIGNAL WORDS: Now, at the moment, these days, this week/month, etc.

*Verbs of the senses: hear, see, smell, look, seem, sound. Opinion: believe, consider, like, love, hate, prefer, think, etc. Possession: have, own, belong, etc. Also: agree, be, depend, need, mean, remember, realise, recognise, seem, want, etc.

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