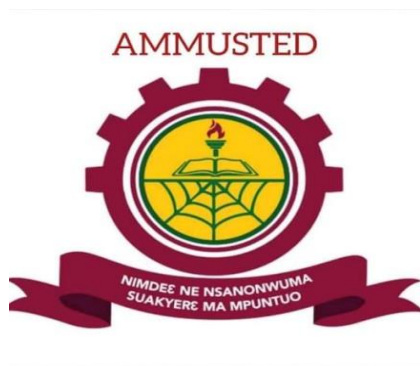


**AKENTEN APPIAH – MENKA UNIVERSITY OF SKILLS TRAINING AND ENTREPRENEURIAL
DEVELOPMENT**

FACULTY OF APPLIED SCIENCES AND MATHEMATICS EDUCATION

DEPARTMENT OF INFORMATION TECHNOLOGY EDUCATION



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PROGRAMME : BSc. INFORMATION TECHNOLOGY EDUCATION

COURSE TITLE : POST INTERNSHIP SEMINAR

COURSE CODE : GPD 471

LEVEL : 400 E

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TEACHING PORTFOLIO 2024/2025

CONTENT

- Reflective practice

REFLECTIVE PRACTICE

Reflective practice is about taking a step back to think honestly about what you did, how you felt, and what you learned from an experience. It's a way to make sense of your actions and decisions so you can grow, improve, and handle similar situations better in the future.

During my internship at **ABUAKWA M/A J.H.S "B"**, where I taught Computing in **B.S.7**, I consistently reflected on nearly every lesson I delivered. However, this account specifically focuses on a lesson I taught on February 17th, 2025.

LESSON COVERAGE

Name of School	Abuakwa M/A J.H.S 'B'
Subject	Computing
Strand	Communication Networks
Sub Strand	Internet and Social Media
Class	B.S.7
Class size	51
Date	17 th February, 2025.
Lesson Duration	86 minutes

Instructional Objectives: By the end of the lesson, learner can;

- 1. Learners will be able to define the Internet and Social Media.**
- 2. Describe at least three (3) uses of social media sites.**

REFERENCE: Mantey, E.H. (2023). Computing Basic 7-9. Archivers Publications. (P.153)

TEACHING AND LEARNING MATERIALS: Computer, Projector, Textbook, Pictures and videos of social media sites.

RELEVANT PREVIOUS KNOWLEDGE (R.P.K): Used questions and answers to review learners' previous knowledge.

MODE OF DELIVERY: Demonstration and Guided practice.

TEACHER – LEARNER ACTIVITIES

INTRODUCTION

To start the lesson, I quickly reviewed students' prior knowledge using a short test to check their understanding of earlier topics. After that, I introduced the new topic and shared the performance indicators so learners knew what was expected by the end of the lesson.

DEVELOPMENT OF THE LESSON

The main part of the lesson focused on practical activities related to Internet and Social Media.

Activity 1:

I guided learners step-by-step on how to connect to the internet and open common web browsers like Google Chrome and Mozilla Firefox. They practiced how to safely search for information online, and I emphasized responsible browsing.

Activity 2:

Next, I introduced the idea of social media. Students identified various platforms such as Facebook, WhatsApp, and Instagram. We discussed their uses, especially for communication and sharing information. Together, we explored both the positive and negative impacts of social media, particularly among young people.

CLOSURE

To wrap up the lesson, we summarized the key points as a class. I encouraged students to ask any lingering questions and provided clarification where needed. I also gave them an assignment to list five advantages and five disadvantages of social media based on what we had discussed.

STRENGTH

The learning objectives were successfully archived. I showed strong subject knowledge, which helped maintain students' interest.

The students were engaged and actively participated throughout the lesson, especially during the hands-on activities.

CHALLENGES

Although the lesson went well overall, I did encounter some challenges:

A few students had difficulty distinguishing between web browsers and social media platforms, which caused confusion.

There were also some misconceptions about online safety and privacy.

Time was limited, which made it difficult to cover every planned point in detail.

These challenges made me realize that I relied too much on explaining and not enough on checking individual understanding. That reflection has encouraged me to consider better ways of reaching all learners.

WHAT I WOULD DO DIFFERENTLY NEXT TIME

If I were to teach this lesson again:

✓ I would create more opportunities for students to ask questions and practice on their own.

✓ I'd plan the lesson better to fit within the allocated time.

✓ I'd also bring in more visual and hands-on materials to support students who learn differently.

INNOVATIVE MEASURES

After the lesson, I sought advice from my mentor, who has experience teaching similar topics to students who struggle with Computing. His suggestions helped me see areas I could improve.

This experience taught me that being flexible in my teaching style is essential. I also realized the importance of helping students build a solid foundation in basic computing skills before introducing more advanced concepts like social media and internet safety.

INSIGHT GAINED

From this lesson, I learned that:

Interactive and participatory teaching methods are very effective for engaging learners.

A strong command of the subject matter boosts teacher confidence and improves student attention.

Students learn better when they discover knowledge through guided activities and practice, rather than just being told.