

# External Force Observers for the NAO

*Analysis and C++ Implementation of a Testbed for External  
Force Observers acting on the NAO robot*

DIPARTIMENTO DI INGEGNERIA INFORMATICA  
AUTOMATICA E GESTIONALE ANTONIO RUBERTI



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# Our Work

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- **Estimation** of an **external force** acting on the center of mass of a NAO robot
  - Important to design a controller that can counteract it
  - Usually medium-sized robots do not possess F/T sensors
- Implementation of three **state-disturbance observers**:
  - *Luenberger* Observer
  - *Kalman Filter based* Observer
  - *Stephens'* Observer
- Implementation of a mutual **framework**
  - Automatic handling of the observer
  - Widget extension for an external setup
- Validation of the observers through **experiments** and analysis of the results

# Luenberger Observer

- Inspired by [2]
- Relies on the continuous perturbed **LIP** model
- Gain matrix **G** found via pole placement
- Asymptotically stable if **(A-GC)** is Hurwitz

*Luenberger Observer:*

$$\begin{cases} \dot{\hat{\mathbf{x}}} = \mathbf{A}\hat{\mathbf{x}} + \mathbf{B}u + \mathbf{G}(\mathbf{y} - \hat{\mathbf{y}}) \\ \hat{\mathbf{y}} = \mathbf{C}\hat{\mathbf{x}} \end{cases}$$

STATE  $\mathbf{x} = (x_c \quad \dot{x}_c \quad x_z \quad w_x \quad \dot{w}_x)$

OUTPUT  $\mathbf{y} = (x_c \quad x_z)$

INPUT  $\mathbf{u} = \dot{x}_z$

*System matrices:*

$$\mathbf{A} = \begin{pmatrix} 0 & 1 & 0 & 0 & 0 \\ \eta^2 & 0 & -\eta^2 & 1 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 1 \\ 0 & 0 & 0 & 0 & 0 \end{pmatrix} \quad \mathbf{C} = \begin{pmatrix} 1 & 0 \\ 0 & 0 \\ 0 & 1 \\ 0 & 0 \\ 0 & 0 \end{pmatrix}^T$$

$$\mathbf{B} = \begin{pmatrix} 0 \\ 0 \\ 1 \\ 0 \\ 0 \end{pmatrix} \quad \mathbf{G} = \begin{pmatrix} 240 & 0 \\ 21254.7 & -29.5 \\ 0 & 70 \\ 820250 & 12.36 \\ 11700000 & 236.15 \end{pmatrix}$$

# Kalman Filter based Observer

- Inspired by [4]
- Uses Kalman Filter equations to compute estimates of the state
- Relies on the discrete perturbed **LIP** model
- Uses estimates of z-axis to compute **C<sub>x</sub>** and **C<sub>y</sub>**

System for applying KF equations:

$$^{**}\begin{cases} \mathcal{X}_z(k+1) = \mathbf{A}\mathcal{X}_z(k) + \boldsymbol{\omega}_z(k) \\ \mathbf{Y}_z(k) = \mathbf{C}_z\mathcal{X}_z(k) + \mathbf{v}_z(k) \end{cases}$$

with  $\boldsymbol{\omega}_z \sim \mathcal{N}(0, \mathbf{Q})$   
 $\mathbf{v}_z \sim \mathcal{N}(0, \mathbf{R}_z)$  <sup>\*\*</sup>

STATE  $\mathcal{X}_z(k)^{**} = [z_c(kT) \quad \dot{z}_c(kT) \quad \ddot{z}_c(kT) \quad F_z(kT) \quad \dot{F}_z(kT)]^T$

OUTPUTS  $\mathbf{Y}_z(k) = [z_c(kT) \quad \ddot{z}_c(kT) \quad f_n^o(kT) + M_c g]^T$   
 $\mathbf{Y}_x(k)^* = [x_c(kT) \quad \ddot{x}_c(kT) \quad x_z(kT)]^T$

Dependency for xy-axes:

$$\mathbf{p} = \begin{pmatrix} x_c + \frac{M_c z_c}{f_n^o} \ddot{x}_c - \frac{z_c}{f_n^o} F_x \\ y_c + \frac{M_c z_c}{f_n^o} \ddot{y}_c - \frac{z_c}{f_n^o} F_y \end{pmatrix}$$



$$^* \mathbf{C}_x = \begin{pmatrix} 1 & 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 & 0 \\ 1 & 0 & \frac{M_c \dot{z}_c(kT)}{f_n^o(kT)} & -\frac{\dot{z}_c(kT)}{f_n^o(kT)} & 0 \end{pmatrix}$$

System matrices:

$$\mathbf{A} = \begin{pmatrix} 1 & T & \frac{T^2}{2} & 0 & 0 \\ 0 & 1 & T & 0 & 0 \\ 0 & 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 1 & T \\ 0 & 0 & 0 & 0 & 1 \end{pmatrix} \quad \mathbf{B} = \begin{pmatrix} \frac{T^3}{6} & 0 \\ \frac{T^2}{2} & 0 \\ T & 0 \\ 0 & \frac{T^2}{2} \\ 0 & T \end{pmatrix}$$

Dependency for z-axis:

$$f_n^o = -M_c g - M_c \ddot{z}_c + F_z$$



$$\mathbf{C}_z = \begin{pmatrix} 0 & 0 & 1 \\ 0 & 0 & 0 \\ -M_c & 1 & 0 \\ 1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}^T$$

$$\mathbf{Q}^{**} = \mathbf{B} \begin{pmatrix} \sigma_{\dot{z}_c}^2 & 0 \\ 0 & \sigma_{\ddot{F}_z}^2 \end{pmatrix} \mathbf{B}^T$$

\* holds also for y-axis

\*\* holds also for xy-axes

# Stephens' Observer

- Inspired by [5]
- Relies on the discrete perturbed **LIP** model
- Explicit use of system inputs
- Uses KF equations to compute estimates of the state
- Independent observer for each dimension

System dynamics:

$$\begin{cases} \mathcal{X}(k+1) = \mathbf{A}\mathcal{X}(k) + \mathbf{B}u(k) + \omega(k) \\ \mathbf{Y}(k) = \mathbf{C}\mathcal{X}(k) + v(k) \end{cases}$$

with  $\omega \sim \mathcal{N}(0, \mathbf{Q})$   
 $v \sim \mathcal{N}(0, \mathbf{R})$

\*\* STATE  $\mathcal{X}_x = (x_c \quad \dot{x}_c \quad x_p \quad w_x)$

\*\* OUTPUT  $\mathbf{Y}_x = (x_c \quad x_p)$

\*\* INPUT  $u_x = \dot{x}_p$

System matrices:

$$\mathbf{A} = \begin{pmatrix} 1 & T & 0 & 0 \\ \eta^2 T & 1 & -\eta^2 T & T \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix} \quad \mathbf{B} = \begin{pmatrix} 0 \\ 0 \\ T \\ 0 \end{pmatrix} \quad \mathbf{C} = \begin{pmatrix} 0 & 1 \\ 0 & 0 \\ 1 & 0 \\ 0 & 0 \end{pmatrix}^T$$

$$\mathbf{R} = \begin{pmatrix} 10^{-8} & 0 \\ 0 & 10^{-4} \end{pmatrix} \quad \mathbf{Q} = \begin{pmatrix} 10^{-8} & 0 & 0 & 0 \\ 0 & 10^{-4} & 0 & 0 \\ 0 & 0 & 10^{-4} & 0 \\ 0 & 0 & 0 & 10^{-1} \end{pmatrix}$$

\*\* holds also for yz-axes

# Implementation Details

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## DART

- Used to simulate NAO behaviour
- Open-source framework with 3D Physical engine
- Support for Kinematics and dynamics and allows application of external forces

## IS-MPC

- Based on perturbed LIP Model
- Acts as controller
- Uses first sample of output sequence of a Quadratic Programming Problem s.t.
  - ZMP Constraint
  - Stability Constraint

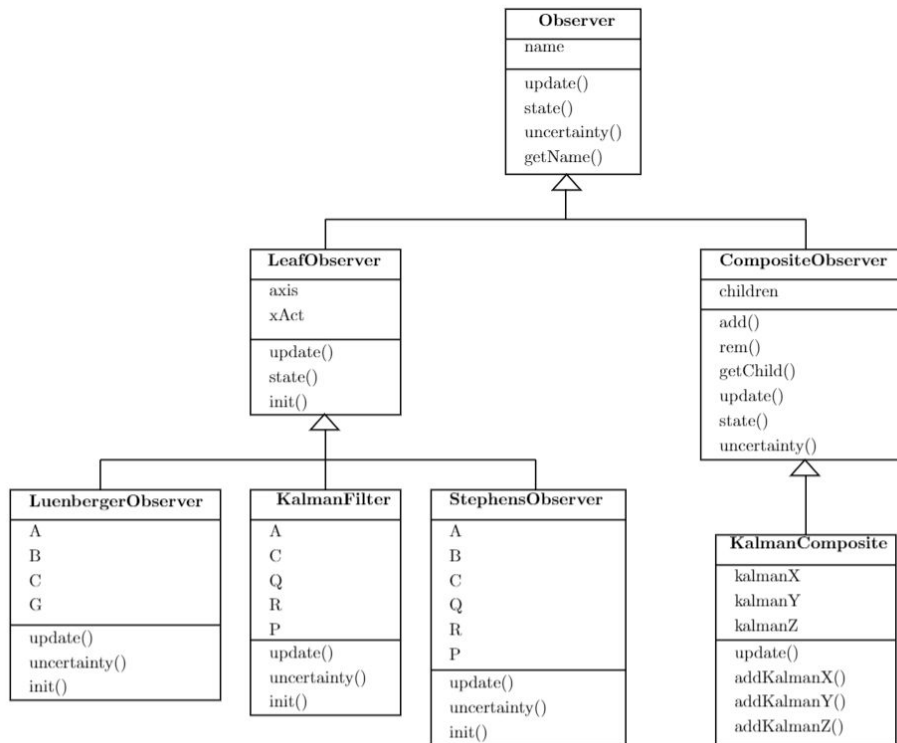
## Measurements

- Used DART and custom methods to obtain measurements to feed the observers
- Different methods and settings tested to get most accurate data

# Implementation Details (cont'd)

## COMPOSITE PATTERN

- Each Observer implements **Observer** and **LeafObserver** interfaces
- **CompositeObserver** is a container class from which the observers can be updated



## LUENBERGER OBSERVER

- Implementation of abstract methods of Observer and *LeafObserver*
- G matrix obtained with pole placement after grid-search on poles

## KALMAN FILTER BASED OBSERVER

- Implementation of abstract methods of Observer and *LeafObserver*
- Definition of **KalmanComposite** to manage the coupling between  $z$  and  $xy$ -axes.
- Covariances of inputs and **R** found empirically

## STEPHENS' OBSERVER

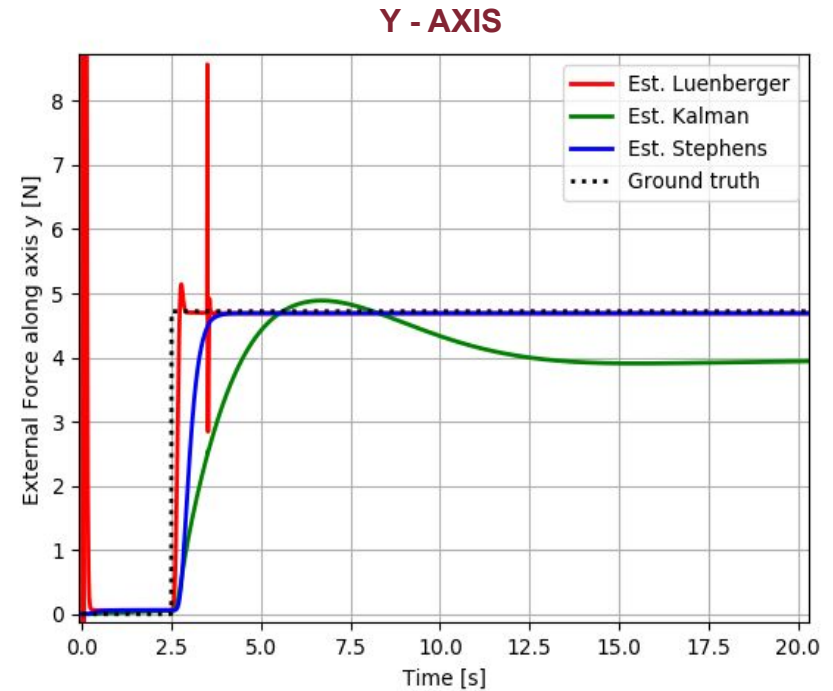
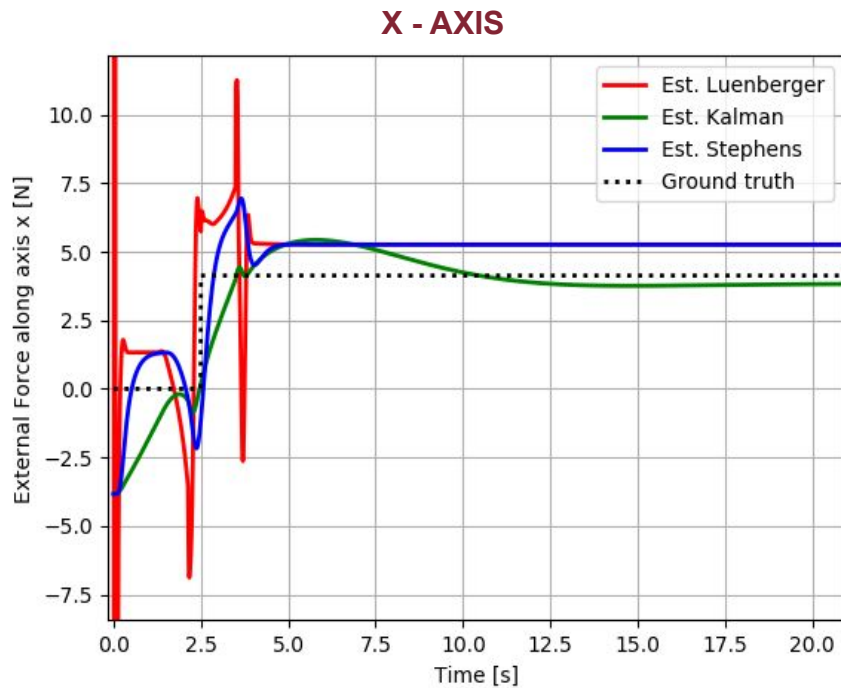
- Implementation of abstract methods of Observer and *LeafObserver*
- Covariance matrices **Q**, **R** found empirically

# Experimental Setup

- Three different behaviours:
    - Stand without balance
    - Stand with balance
    - Walking
  - Two experiments for each behaviour:
    - Constant force:  $F_{ext} = (4.1 \ 4.7 \ 0)$
    - Periodic force:  $F_{ext} = \begin{pmatrix} A_x \sin(2\pi f_x t + \phi_x) \\ A_y \sin(2\pi f_y t + \phi_y) \\ 0 \end{pmatrix}^T$   
with  $A_x = 4.1$  N,  $A_y = 4.7$  N,  $f_x = f_y = 0.1$  Hz,  
 $\phi_x = 0$  rad and  $\phi_y = \pi/2$  rad.
- 
- Whole state estimated
  - Implementation of an observer for **each dimension** for the *Kalman Filter based* observer
  - Implementation of an observer for **x and y axes** only for the *Luenberger* and *Stephens* observers
- Analysis of the results through
- Qualitative evaluation of the resulting plots
  - Quantitative evaluation through selected metrics:
    - **RMSE** (*Root Mean Square Error*)
    - **MAE** (*Mean Absolute Error*)
    - **TTC** (*Time to Convergence*)
- RMSE computed for the whole signal and at steady-state



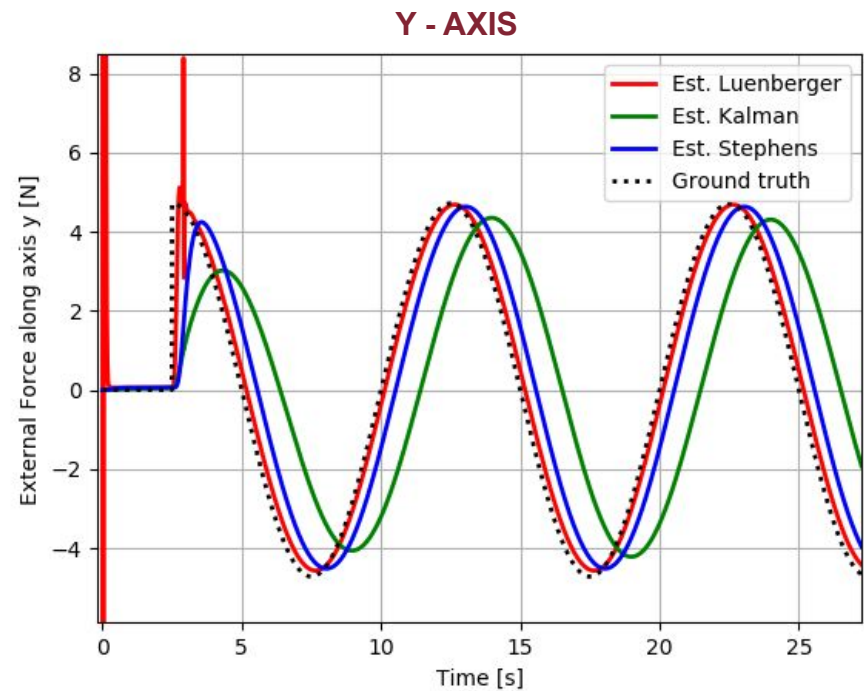
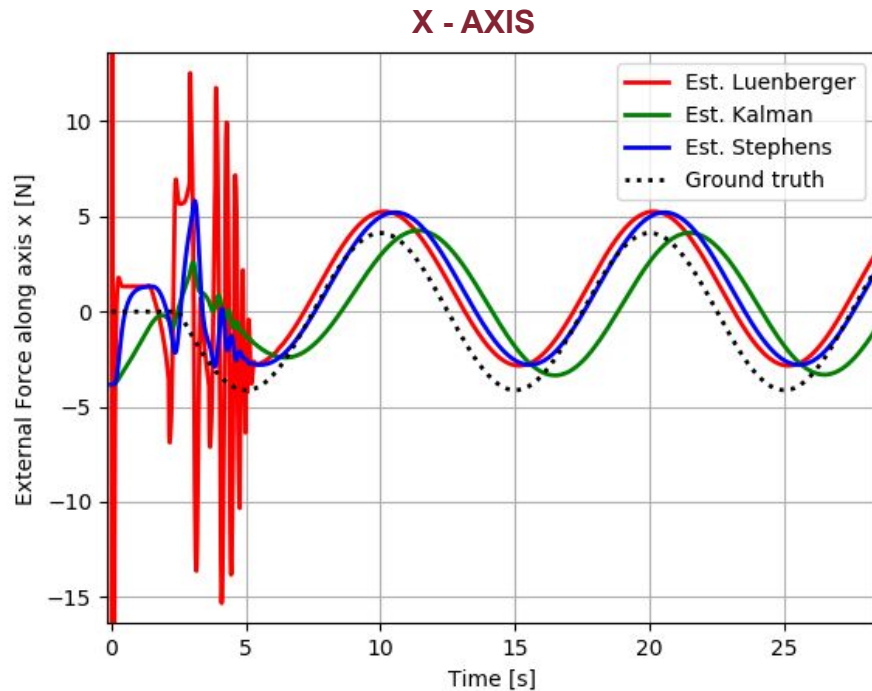
# Experiment 1 | Stand no Balance: Constant force



- More precise estimation for **y-axis**
- Luenberger was the **quickest**, but had the **highest total RMSE** due to presence of peaks
- KF had **lowest errors** but **longer TTC**
- Stephens' results are similar to KF ones but was **faster**

Observer	Metric			
	RMSE (tot.) [N]	MAE (tot.) [N]	RMSE [N]	TTC [s]
Luenberger	50.25	2.89	1.13	<b>4.5</b>
KF based	<b>1.21</b>	<b>0.99</b>	<b>0.83</b>	23.0
Stephens	1.32	1.21	1.13	5.0

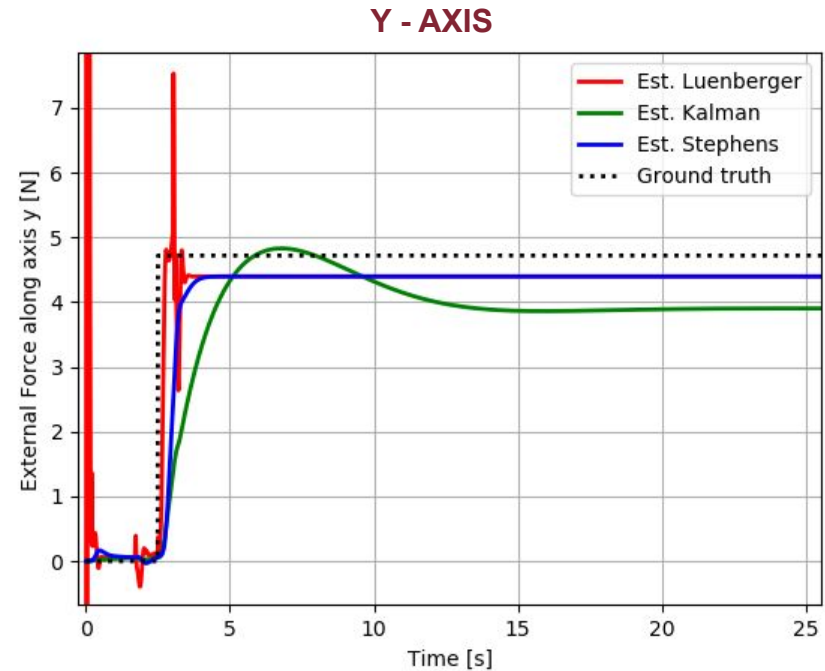
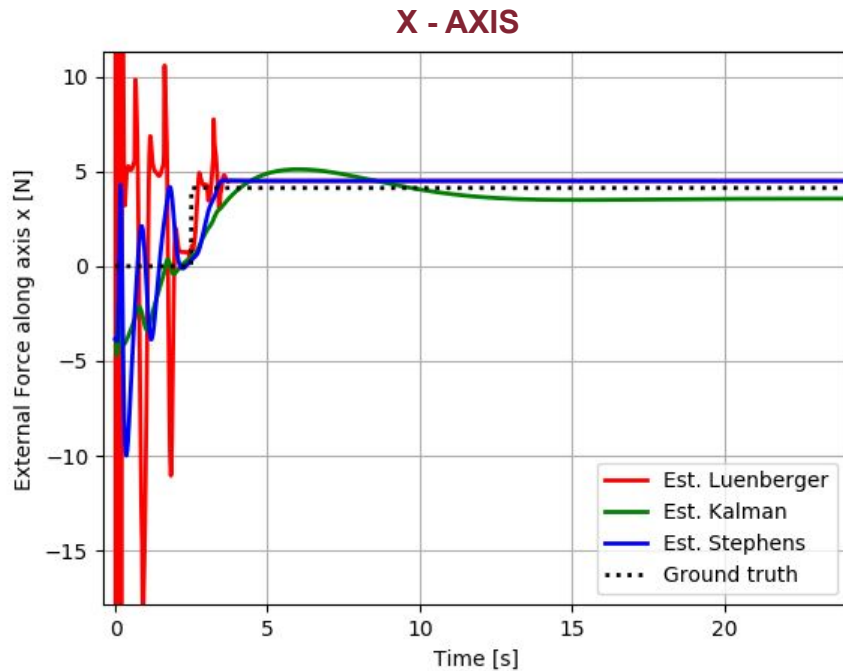
## Experiment 2 | Stand no Balance: Periodic force



- Better estimation for **y-axis**, especially Luenberger
- Luenberger was the **quickest**, but had the **highest total RMSE**
- KF presented the highest delay and scaled down the amplitude of the signal
- Stephens' results are similar to KF ones but it had lowest **total RMSE** and **MAE**

Observer	Metric			
	RMSE (tot.) [N]	MAE (tot.) [N]	RMSE [N]	TTC [s]
Luenberger	51.50	3.35	<b>1.28</b>	<b>5.5</b>
KF based	3.68	3.59	3.75	<b>5.5</b>
Stephens	<b>2.09</b>	<b>1.83</b>	1.91	5.6

## Experiment 3 | Stand with Balance: Constant force

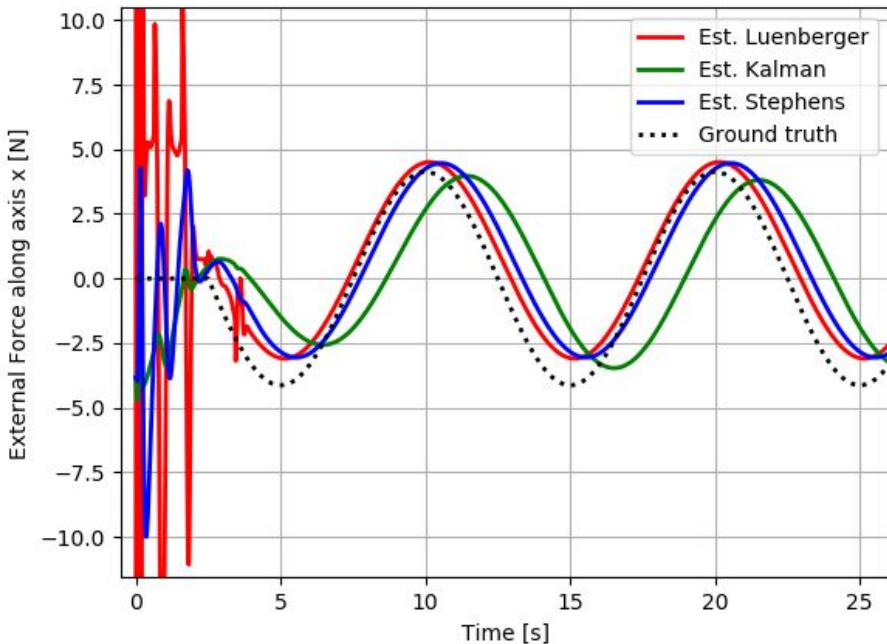


- **x-axis** suffered more of the peaking phenomenon
- Luenberger is the **quickest**, but has the **highest total RMSE**
- KF has **lower errors** then Luenberger but **highest TTC**
- Stephens' results are similar to KF ones but it was **faster**

Observer	Metric			
	RMSE (tot.) [N]	MAE (tot.) [N]	RMSE [N]	TTC [s]
Luenberger	50.82	2.85	<b>0.50</b>	<b>4.00</b>
KF based	1.33	1.10	0.99	24.0
Stephens	<b>1.24</b>	<b>0.72</b>	<b>0.50</b>	4.6

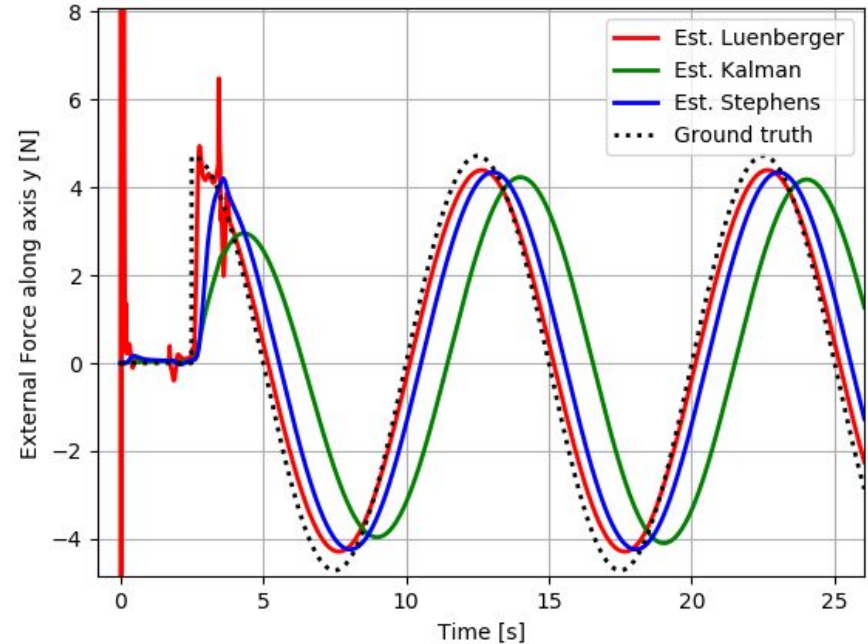
## Experiment 4 | Stand with Balance: Periodic force

X - AXIS



- Peaks and oscillations on **x-axis** before application force
- Luenberger and Stephens provided **better estimates** than KF
- **Major delay** in KF estimates
- Metrics consistent to previous experiments

Y - AXIS

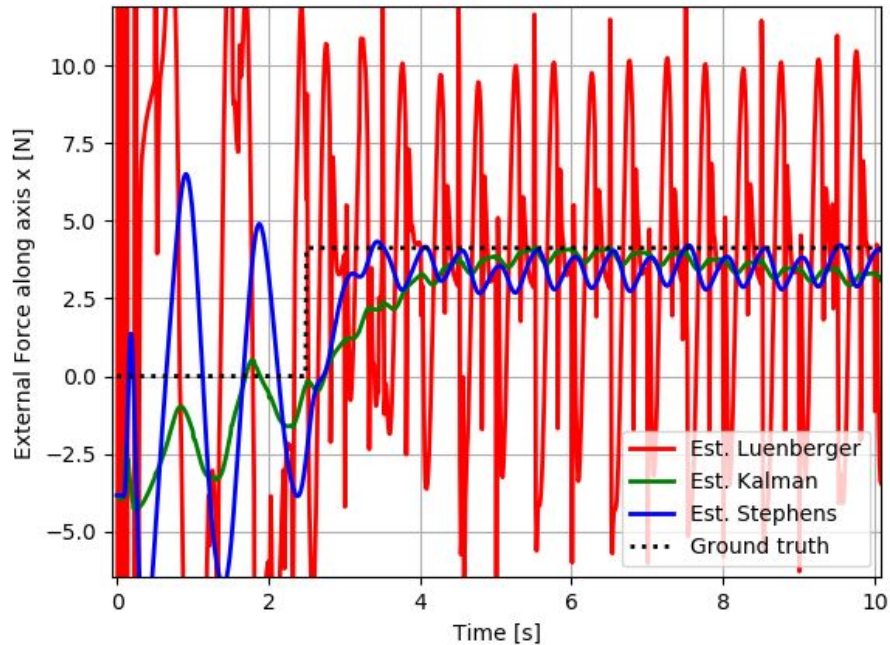


Observer	Metric			
	RMSE (tot.) [N]	MAE (tot.) [N]	RMSE [N]	TTC [s]
Luenberger	51.15	3.20	<b>0.90</b>	<b>4.0</b>
KF based	3.69	3.62	3.78	5.0
Stephens	<b>1.94</b>	<b>1.72</b>	1.69	<b>4.0</b>

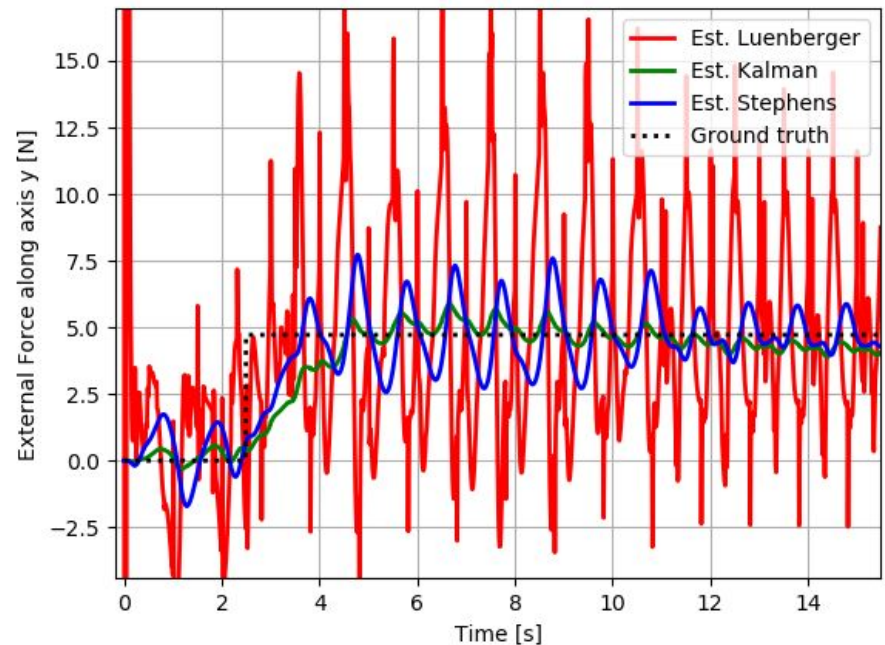


# Experiment 5 | Walking: Constant force

X - AXIS



Y - AXIS

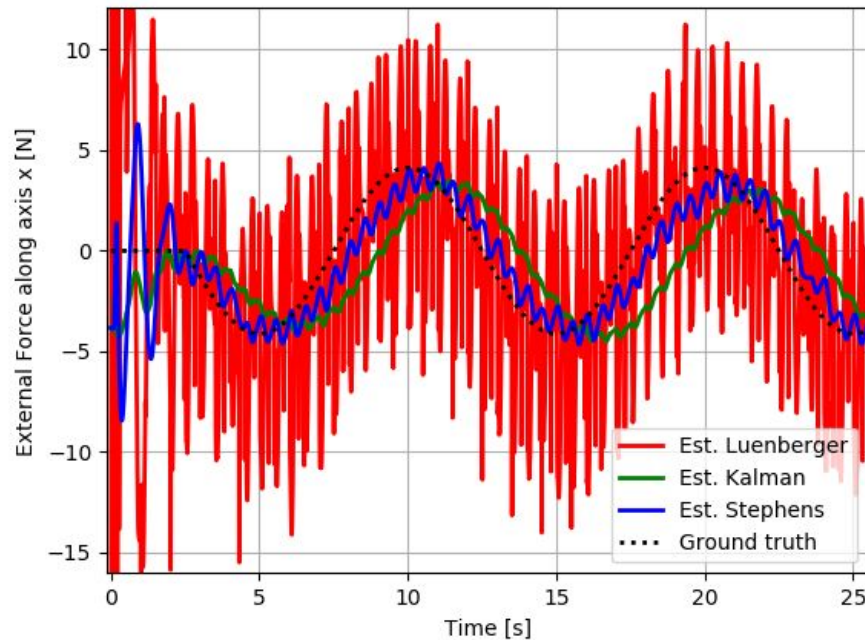


- High peaks and oscillations on both **axes**.
- Degraded results in Luenberger probably due to it's deterministics nature
- Stephens slightly better than KF and with **lower TTC**

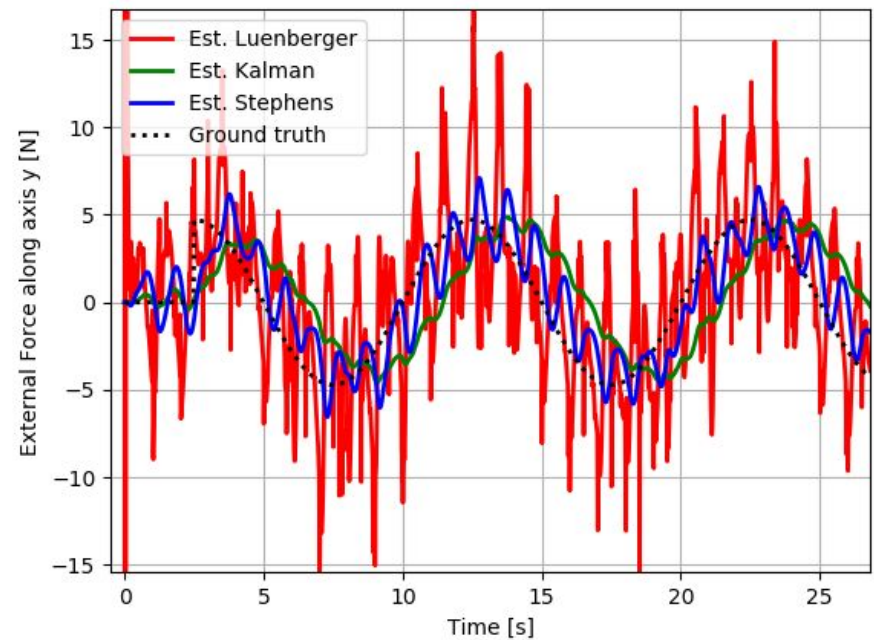
Observer	Metric			
	RMSE (tot.) [N]	MAE (tot.) [N]	RMSE [N]	TTC [s]
Luenberger	52.10	7.33	5.85	<b>4.5</b>
KF based	<b>1.68</b>	1.49	1.54	20.0
Stephens	1.76	<b>1.35</b>	<b>1.09</b>	6.0

## Experiment 6 | Walking: Periodic force

X - AXIS



Y - AXIS



- All the observers suffer from oscillating behaviour but clearly have detected shape of the force
- Luenberger presented the **highest spikes**
- KF showed the highest **delay** in following the force trend
- Stephens was the **best**, i.e. with lowest errors, but highest TTC

Observer	Metric			
	RMSE (tot.) [N]	MAE (tot.) [N]	RMSE [N]	TTC [s]
Luenberger	50.60	7.44	6.09	<b>2.5</b>
KF based	3.84	3.74	3.99	4.5
Stephens	<b>1.85</b>	<b>1.50</b>	<b>1.31</b>	6.0

# Observers Comparison

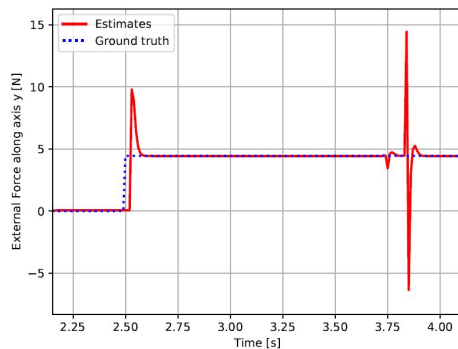
- **Stephens'** observer turned out to be the **best performing**
- Luenberger observer was the fastest but with **highest errors**
- Kalman Filter based observer provided good results but introduced the **highest delay** in replicating the shape of the periodic force
- Stephens' observer had the **lowest errors** and is **very fast**

Observer	Metric			
	RMSE (tot.) [N]	MAE (tot.) [N]	RMSE [N]	TTC [s]
Luenberger	51.07	4.51	2.63	<b>4.17</b>
KF based	2.57	2.42	2.48	13.67
Stephens	<b>1.7</b>	<b>1.39</b>	<b>1.27</b>	5.2

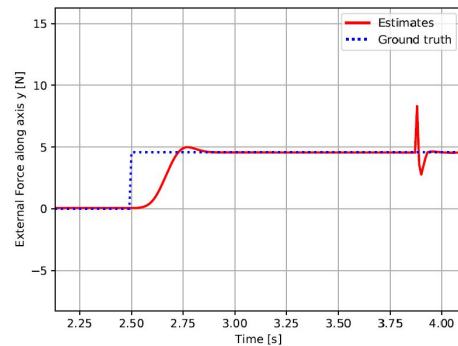
*Average of the values for all the experiments*

# Experimental Considerations

- Filtering of the ZMP measurements
  - Found normalized cutoff frequency 0.04 through analysis of Fourier Transform
  - Low pass FIR filter of order 31 obtained with Hamming window



**Before**



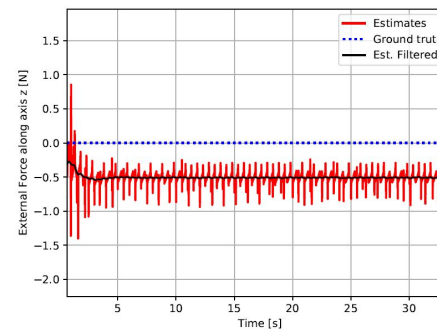
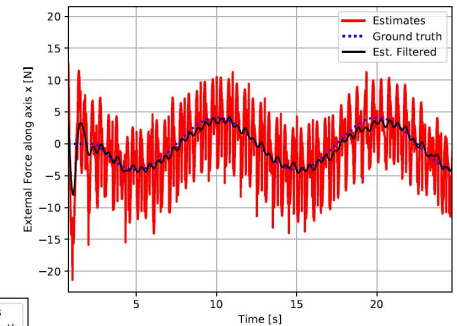
**After**

*Results of the application of the ZMP filter in the experiment of constant force when standing no balance (Luenberger observer)*

- Filtering of the external force estimates for walking

- Better view of the estimated trends
- Low pass FIR filter of order 100 obtained with Hamming window
- Not suitable for real-time applications

*Walking behaviour, periodic force, Luenberger observer*

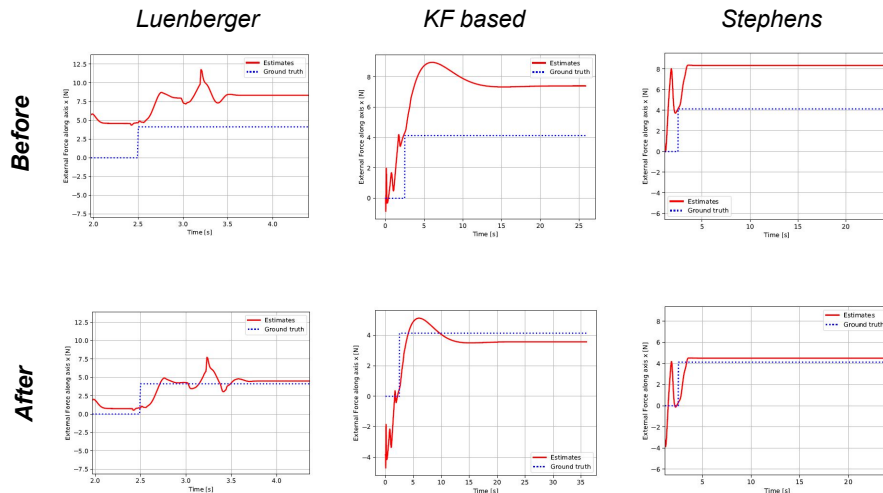


*Walking behaviour, constant force, Kalman Filter based observer*

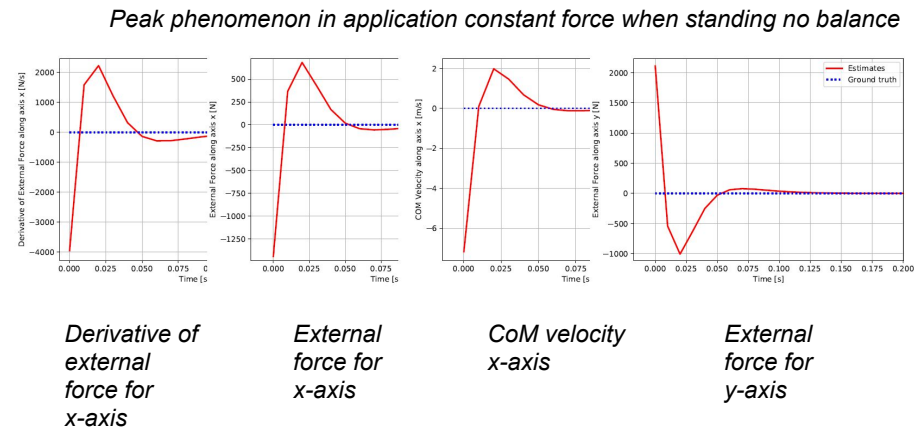


# Experimental Considerations (cont'd)

- Removal of systematic offset along x-axis in force estimates
  - Offset distribution with mean 3.84 N and st.dev. 0.86 N
  - Probably due to non-zero displacement between x CoM and point of application of the force
- Peaking phenomenon for the Luenberger observer
  - Affected several quantities
  - Unreliable extreme values
  - Shows up only at first instants with quick depletion



Results of the offset correction in the experiment of constant force when standing with balance



# Conclusions and Future Work

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- The problem of estimating external forces acting on a robot was addressed through the implementation of three state-disturbance observers
- The construction of a shared structure provided a testbed for future researchers
- The framework was validated through experiments, in which it was found that the Stephens' observer was the best solution in terms of high performances and speed of convergence
- Future improvements may include:
  - Finer hyperparameters tuning
  - Online filtering of the estimates
  - Testbed augmentation with new observers

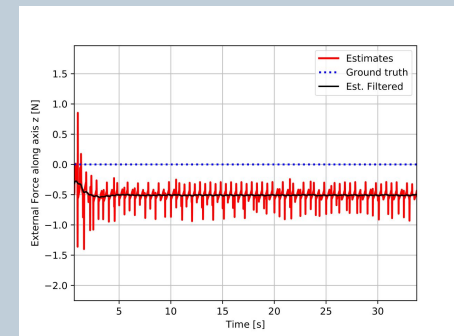
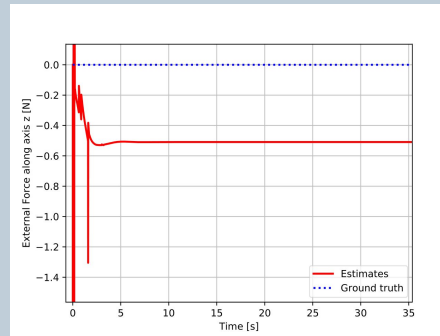
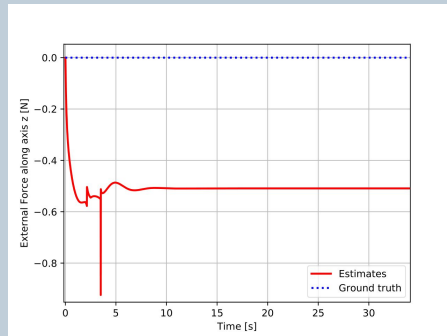
# References

- [1] N. Scianca, M. Cognetti, D. De Simone, L. Lanari, G. Oriolo. *Intrinsically stable MPC for humanoid gait generation*. 2016 IEEE-RAS 16th International Conference on Humanoid Robots (Humanoids), Cancun, 2016, pp. 601-606, doi: 10.1109/HUMANOIDS.2016.7803336.
- [2] F. M. Smaldone, N. Scianca, V. Modugno, L. Lanari, G. Oriolo. *Gait Generation using Intrinsically Stable MPC in the Presence of Persistent Disturbances*. 2019 IEEE-RAS 19th International Conference on Humanoid Robots (Humanoids), Toronto, ON, Canada, 2019, pp. 651-656, doi: 10.1109/Humanoids43949.2019.9035068.
- [3] L. Hawley, W. Suleiman. *External force observer for medium-sized humanoid robots*. 2016 IEEE-RAS 16th International Conference on Humanoid Robots (Humanoids), Cancun, 2016, pp. 366-371, doi: 10.1109/HUMANOIDS.2016.7803302.
- [4] L. Hawley, R. Rahem, W. Suleiman. *Kalman Filter Based Observer for an External Force Applied to Medium-sized Humanoid Robots*. 2018 IEEE/RSJ International Conference on Intelligent Robots and Systems (IROS), Madrid, 2018, pp. 1204-1211, doi: 10.1109/IROS.2018.8593610.
- [5] B. J. Stephens. *State estimation for force-controlled humanoid balance using simple models in the presence of modeling error*. 2011 IEEE International Conference on Robotics and Automation, Shanghai, 2011, pp. 3994-3999, doi: 10.1109/ICRA.2011.5980358.

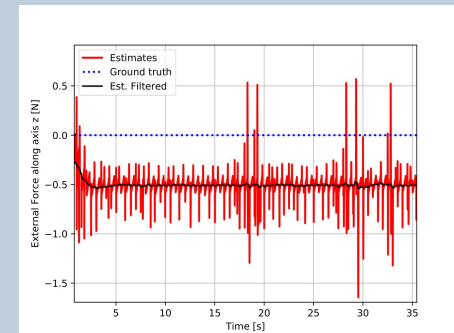
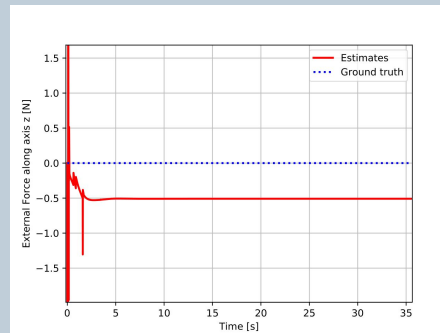
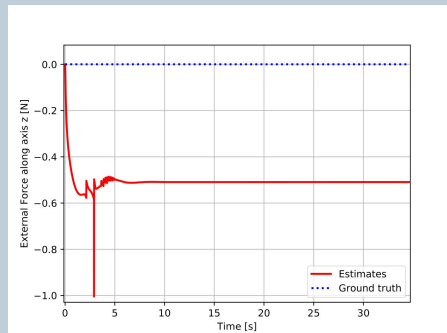
# Appendix A: External Force along z-axis

- KF based observer for z-axis estimation of the external force

Constant Force



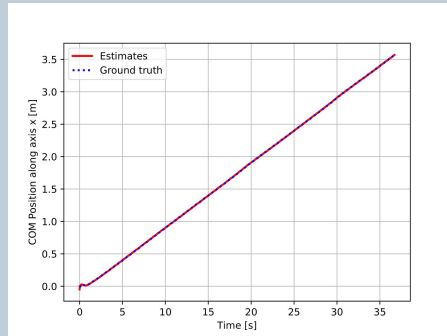
Periodic Force



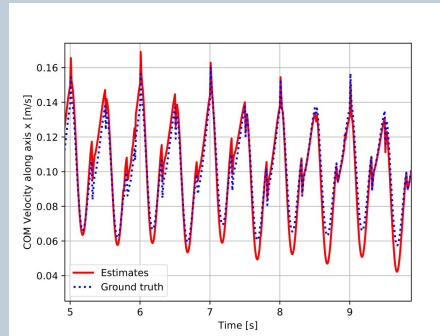
# Appendix B: Full State Estimation

- Examples of the estimation of other quantities

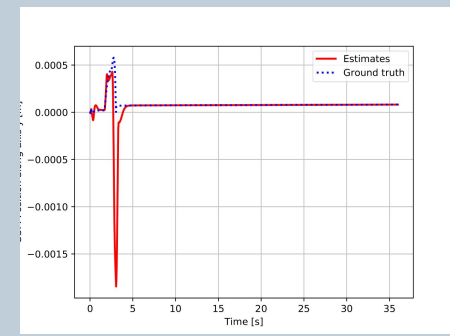
*Luenberger*



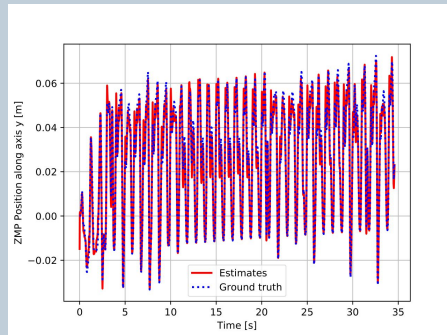
*Kalman*



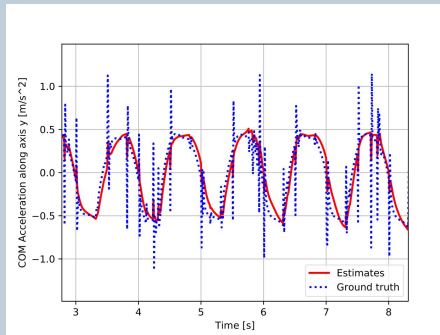
*Stephens*



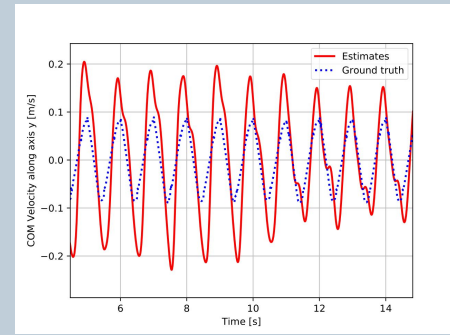
*Walking - Periodic force*



*Walking - Periodic force*



*Standing - Constant force*



*Walking - Constant force*



*Walking - Periodic force*



*Walking - Constant force*

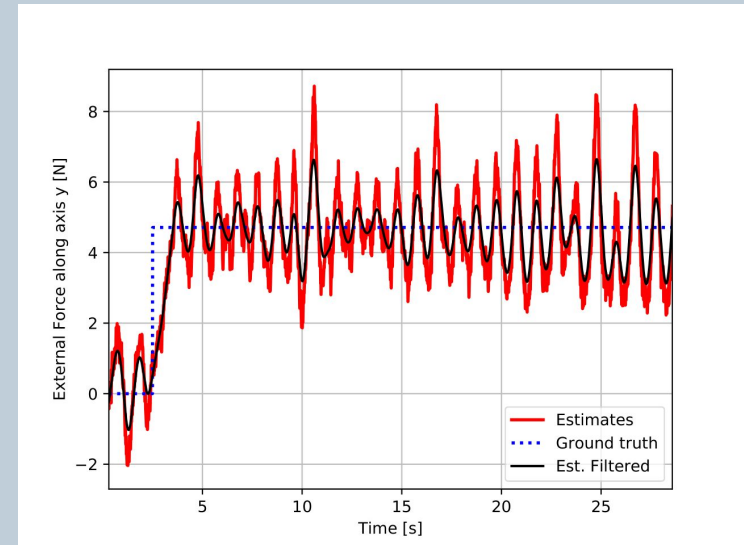
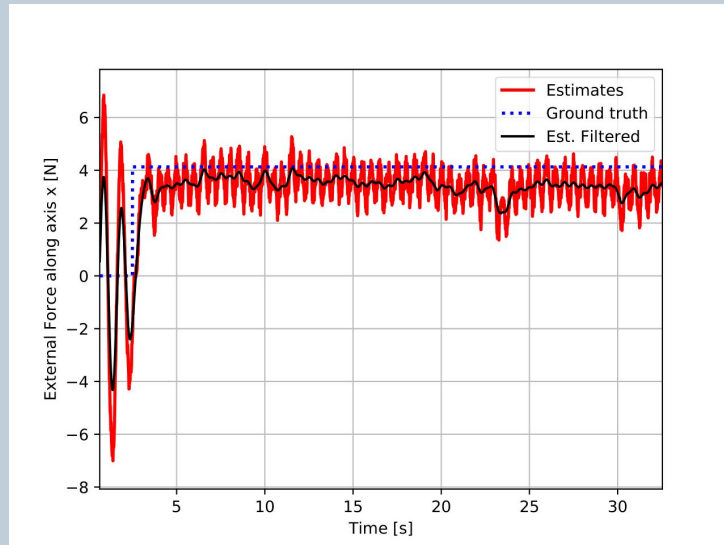


## Appendix C: Additional Noise

- Added a **Gaussian white noise** with zero mean and st.dev. of  $\sigma = 0.002$  to the measurements for Stephens' observer
- Tried **several st.dev. values** to evaluate impact of noise
- Obtained noisier estimates but the overall trend follows ground truth behaviour
- Sufficiently robust to additional disturbances

Observer	Metric			
	RMSE (tot.) [N]	MAE (tot.) [N]	RMSE [N]	TTC [s]
Stephens	2.03	1.66	1.63	4.5

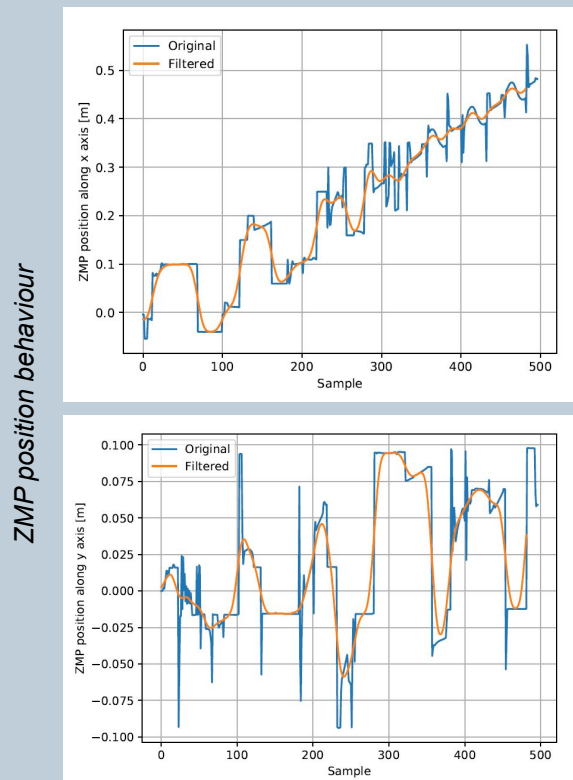
*Error metrics for this additional experiment*



*Walking behaviour, constant force with additionally perturbed measurements*

# Appendix D: Miscellaneous

- Results of the low pass filtering procedure on the ZMP position



- Covariance values of the Kalman Filter based observer used in the experiments

Measurement noise covariance matrix:

$$R_z = \begin{pmatrix} 0.01 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{pmatrix}, \quad R_x = R_y = \begin{pmatrix} 0.01 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 0.01 \end{pmatrix}$$

Inputs covariance values:

$$\sigma_{\ddot{x}_c}^2 = \sigma_{\ddot{y}_c}^2 = \sigma_{\ddot{z}_c}^2 = 10^3$$

$$\sigma_{\ddot{F}_x}^2 = \sigma_{\ddot{F}_y}^2 = \sigma_{\ddot{F}_z}^2 = 10^3$$

\* the filtered behaviour is actually shifted by half of the order of the filter