SUBJECT

EATING, CHOOSING THE TYPE OF FOOD YOU EAT: THE ULTIMATE ACT OF SUBVERSION

AND WHY FOOD IS A POLITICAL SUBJECT?

WHAT HAVE YOU HEARD ABOUT MEAT?

WHAT ARE YOUR PRECONCEIVED IDEAS ABOUT MEAT?

PRECONCEIVED IDEA ABOUT MEAT



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FOOD & WATER

Do livestock really drink and eat all of our food?

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Do livestock really take all of our land?

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WHY?

Why are these figures used in this way?

01

FOOD & WATER

ABOUT FOOD

WHAT COWS REALLY EAT



ABOUT WATER

THERE IS DIFFERENT TYPES OF WATER:

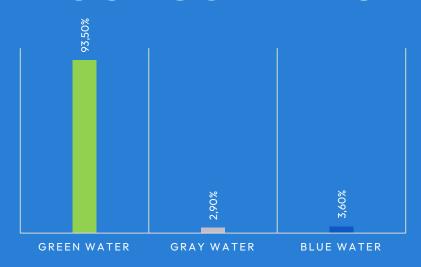
GREEN WATER: Rainfall

<u>GREY WATER</u>: Relatively clean water from

baths, sinks, washing the barn

BLUE WATER: Fresh water

AVERAGE WATER CONSUMPTION



It means that we need 1075 L of non-green water to produce 1 KG of Meat. In comparaison, Rice need 790 L

DAILY VITAMIN AND MINERAL INTAKE

200g OF STEACK

VITAMIN		MINERALS	
VITAMIN E	2%	CALCIUM	4%
VITAMIN K	2%	IRON	18%
THIAMINE	4%	MAGNESIUM	10%
RIBOFLAVIN	12%	PHOSPHORUS	40%
NIACIN	66%	POTASSIUM	10%
VITAMIN B6	60%	SODIUM	4%
FOLATE	6%	ZINC	52%
VITAMIN B12	34%	COPPER	8%
PANT.ACID	12%	PROTEIN	86%
CHOLINE	32%		

200g OF RICE

VITAMIN		MINERALS	
VITAMIN E	0%	CALCIUM	6%
VITAMIN K	0%	IRON	4%
THIAMINE	16%	MAGNESIUM	8%
RIBOFLAVIN	4%	PHOSPHORUS	18%
NIACIN	36%	POTASSIUM	6%
VITAMIN B6	24%	SODIUM	0%
FOLATE	2%	ZINC	8%
VITAMIN B12	0%	COPPER	12%
PANT.ACID	10%	PROTEIN	18%
CHOLINE	0%		

FOR COMPARAISONS

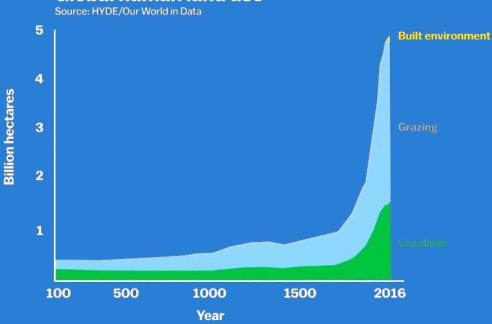


02

ABOUT LAND

GLOBAL HUMAN LAND USE

Global human land use



VAST MAJORITY OF LAND USE IS FOR AGRICULTURE.

AS WE CAN SEE GRAZING TAKE WAY MORE SPACE THAN CROPLAND.

SO WHY DON'T WE REDUCE GRAZING TO USE MORE SPACE TO GROW CROPS?

THERE IS ALWAYS A BUT



MARGINAL LAND

Is land that has little or no agricultural or industrial value. It represent 2/3 of the agriculture land



FERTILIZER

Manure can be used as natural fertilizer



CROPS

Crops do not grow everywhere/anywhere



NO LIVESTOCK

2/3 of food producing land would go to waste

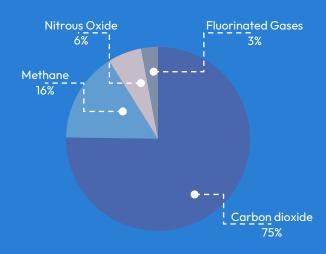


ABOUT METHANE

Methane from agriculture represent 16 % of greenhouse gas emissions

GREEN HOUSE GAS

GLOBAL GREENHOUSE GAS EMISSION BY GAS



METHANE IS MORE THAN 25 TIMES AS POTENT AS CARBON DIOXIDE AT TRAPPING HEAT IN THE ATMOSPHERE.

NATURAL CYCLE



GRASS GROW

Grass is made with rain (H₂O) and photo synthesis (CO₂)



GRAZE

Livestock eat grass, which is transformed into methane



BURP

Livestock burp and realease methane in the atmosphere



TRANSFORM

After 10-12 years methane is converted in H₂O and CO₂

04

BUT WHY?

USED TO JUSTIFY POLITICAL CHANGE

TAX MEAT

There is already a plan in Europe to tax meat and reduce taxes on fruit and vegetables



DRASTIC MEASURES

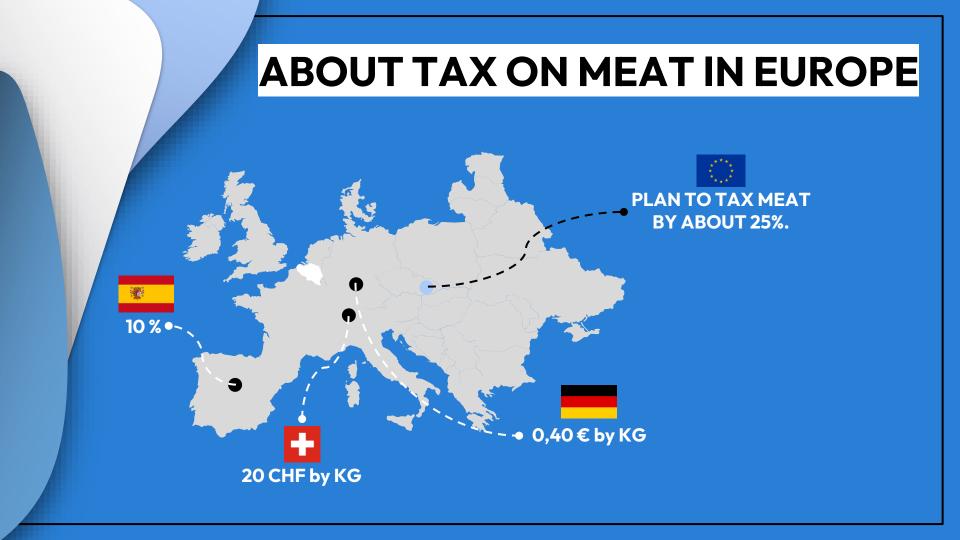
reduce the number of livestock in the world's second largest exporter of agricultural and agri-food products by 30%



NEW BUSINESS

Replacing meat is a good window of opportunity to create new business





PROVIDE NEW SOURCES OF MEAT...



INSECT

Insect is a good source of proteine and other essential nutrients while being less costful to produce.



ARTIFICIAL MEAT

Made by « Beyond Meat » using plant.



...BROUGHT TO YOU BY GOOD PHYLANTROPIC FRIENDS!

BEYOND MEAT°



Agronutris.

.00

INNOVAFEED

THE ORIGINAL







Microsoft

DON THOMPSON





MEHDI BERRADA





JACK WELCH





CONCLUSION

IT RAISE A LOT OF QUESTION:

- Is it a good idea to leave part of our diet in the hands of a few billionaires?
- Is this a violation of our rights?
- What about farmers?

05

RESSOURCES

RESSOURCES

- https://www.investopedia.com/terms/m/marginal-land.asp
- https://www.the71percent.org/industrial-water
 - usage/#:~:text=Clothing,gallons%20of%20water%20are%20consumed.
- https://www.youtube.com/watch?v=sGG-
 - A80Tl5g&list=LL&index=7&t=396s&ab_channel=Whatl%27veLearned
- file:///C:/Users/emili/Downloads/environments-06-00038.pdf
- https://www.epa.gov/gmi/importance-methane
- https://www.epa.gov/ghgemissions/global-greenhouse-gas-emissions-data
 - https://www.nutripro.nestle.fr/article/apport-nutritionnel-conseille-pour-adulte
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- https://www.researchgate.net/figure/Blue-water-use-for-rice-production-and-consumption_tbl2_297650322
- https://meatthefacts.eu/home/more-than-meats-the-eye/environment/how-much-water-does-it-take-to-produce-1kg-of
 - beef/#:~:text=With%20more%20than%2090%25%20of,around%2050L%20of%20fresh%20water.
- https://www.celagri.be/combien-de-litres-deau-faut-il-pour-produire-1kg-de-viande/
- https://reporterre.net/Aux-Pays-Bas-la-revolte-des-agriculteurs-se-poursuit
- https://www.tappcoalition.eu/nieuws/16831/increasing-number-of-countries-start-taxing-meat-and-dairy-
- https://www.lesechos.fr/industrie-services/conso-distribution/la-start-up-americaine-beyond-meat-compte-lever-184-millions-de-dollars-lors-de-ipo-1013280
- https://www.lemonde.fr/economie/article/2021/11/10/ces-start-up-francaises-quicomposent-l-assiette-de-demain_6101563_3234.html
- https://www.lesechos.fr/industrie-services/conso-distribution/faut-il-taxer-la-viande-1170313#:~:text=L'id%C3%A9e%20d'instaurer%20une,europ%C3%A9enne%2C%20%C3%A0%20partir%20de%202021.

TO GO FURTHER:

"Eating less Meat won't save the Planet. Here's Why" from the channel What I've Learned