

Personal Information

Stride Length : 3.1  
Daily Step Goal 8000  
Coralie80@yahoo.com  
32723 Brekke Burg, West Randallburgh DE 20889

Sleep Hours Data

7.3

Hours Slept

10.7

Record Hours Slept

7.51

Average Hours Slept

Quality Sleep Data

4.3

Quality Of Sleep

4.9

Record Quality Sleep

3.09

Average Sleep Quality

Daily Miles

4.51

Miles Today

Steps Today 5534

Active Minutes

182

Todays Active Minutes

294

Record Active Minutes On  
2019/06/27

Average Weekly Activity

9065

Average Weekly Steps

132

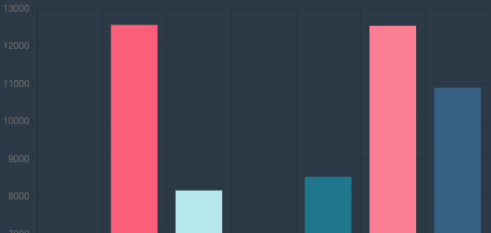
Average Weekly Minutes Active

27

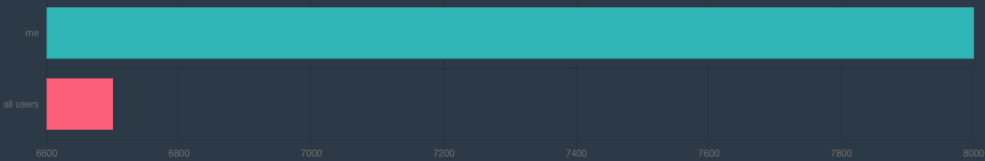
Average Weekly Flights Climbed

Weekly Activity Overview

Weekly Steps



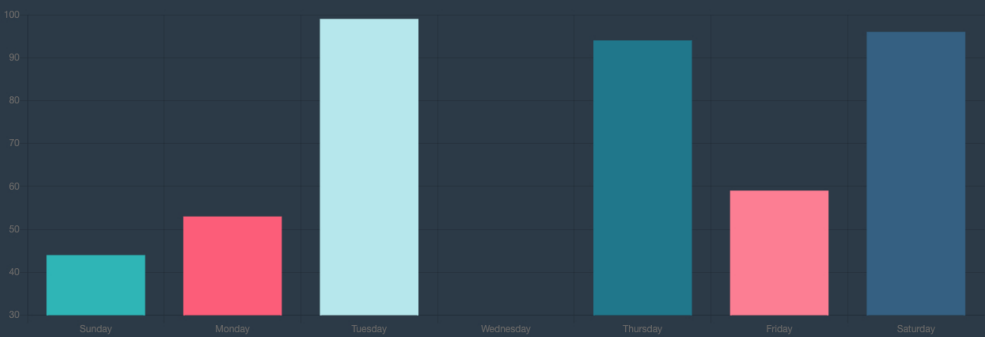
Step Goal Comparison



Hydration

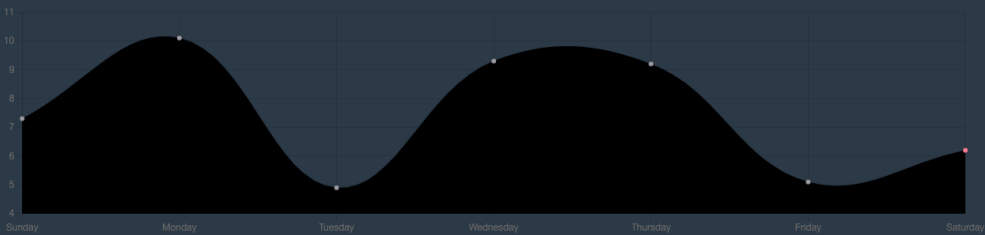
44 oz Today

This Week's Water Consumption

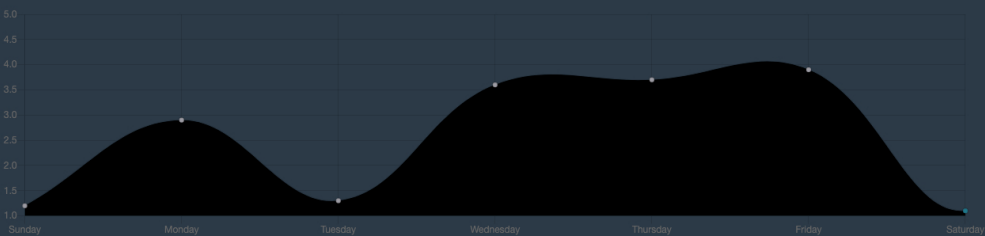


Sleep

Hours Slept This Week



Quality Of Sleep This Week



Daily Activity Comparison

\*Below is your daily activity compared to the average of all users.

My Step Comparison

