

# HUN CHN

A Cross-Cultural Examination of Family Communication Patterns,  
Maternal psychological control, and Young Adult Depression

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Communication and Media Science

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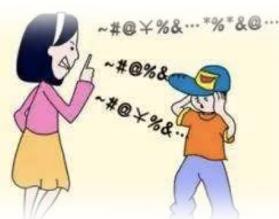
RESEARCH

05

DISSCUSSION

- Cross-cultural studies on 3 domains in Hungary and China
- Studies on family communication and maternal psychological control in Hungary
  - FCP → depression
  - MPC → depression
  - Mediator ?
- Depression as contributor to disability as well as suicide deaths
  - Largest
  - No
  - Few
- Studies on relationship of FCP and MPC
  - Focus on young adults

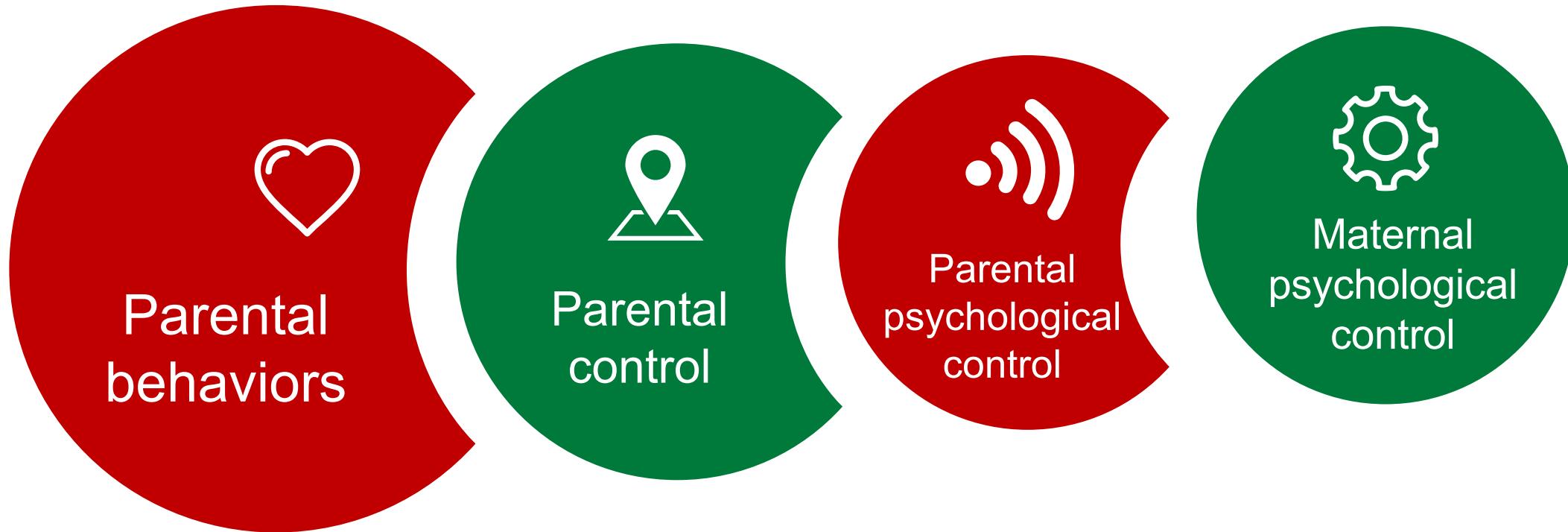
## Theoretical Perspective



- McLeod and Chaffee conceptualized FCP by defining two dimensions (**socio-oriented and concept-oriented**) in 1972 .
- 4 family types: **Consensual, pluralistic, protective, laissez-faire.**
- Ritchie advanced the **Revised Family Communication Patterns** (RFCP) in 1988, 1989, conversation-orientation and conformity-orientation.
- The **definitions of two dimensions** by Koerner and Fitzpatrick were widely employed, **conversation orientation, conformity orientation.**
- FCP's influences on children outcomes,  
conformity orientation was **positively related to depression**.



## Theoretical Perspective



Categorizing , Schaefer, 1965, Barber, 1996  
Maternal psychological control, children's outcomes, depression

## Research questions and Hypotheses

- 1 Which family communication patterns are more prevalent in Hungary?
- 2 Relationships between maternal psychological control and family communication patterns.
- 3 Mediating roles of family communication patterns and maternal psychological control.
- 4 Culture does not have influence on the relationship between maternal psychological control and depression for young adults.

# Methodology



## Participants

- 246/235
- 103 males, 132 females
- 128 Hungarian, 107 Chinese
- Average age-26.98



## Measures

- 3 instruments
- 46 questions
- Measurement reliability



## Procedure

- Online questionnaire
- Convenience & snow-ball sampling, Facebook group
- Two weeks

## Methodology

# Word clouds of participants' ages



# Hungarian participants



# Chinese participants

# Results

## Statistical Analysis

- ❖ Pearson Correlation
- ❖ Paired *t*-test
- ❖ Linear regression
- ❖ Hierarchical regression



- Conversation orientation, pluralistic family style is most prevalent. 😎

- MPC has a significant positive impact on conformity orientation,
- MPC has a negative impact on conversation orientation.

- MPC mediates neither of two FCP dimensions' relationship with depression. 😂
- Conversation orientation mediates the relationship of MPC and depression.
- Conformity orientation does not mediate the relationship of MPC and depression.
- Culture mediates the relationship MCP and depression. 😂

😊 Was supported

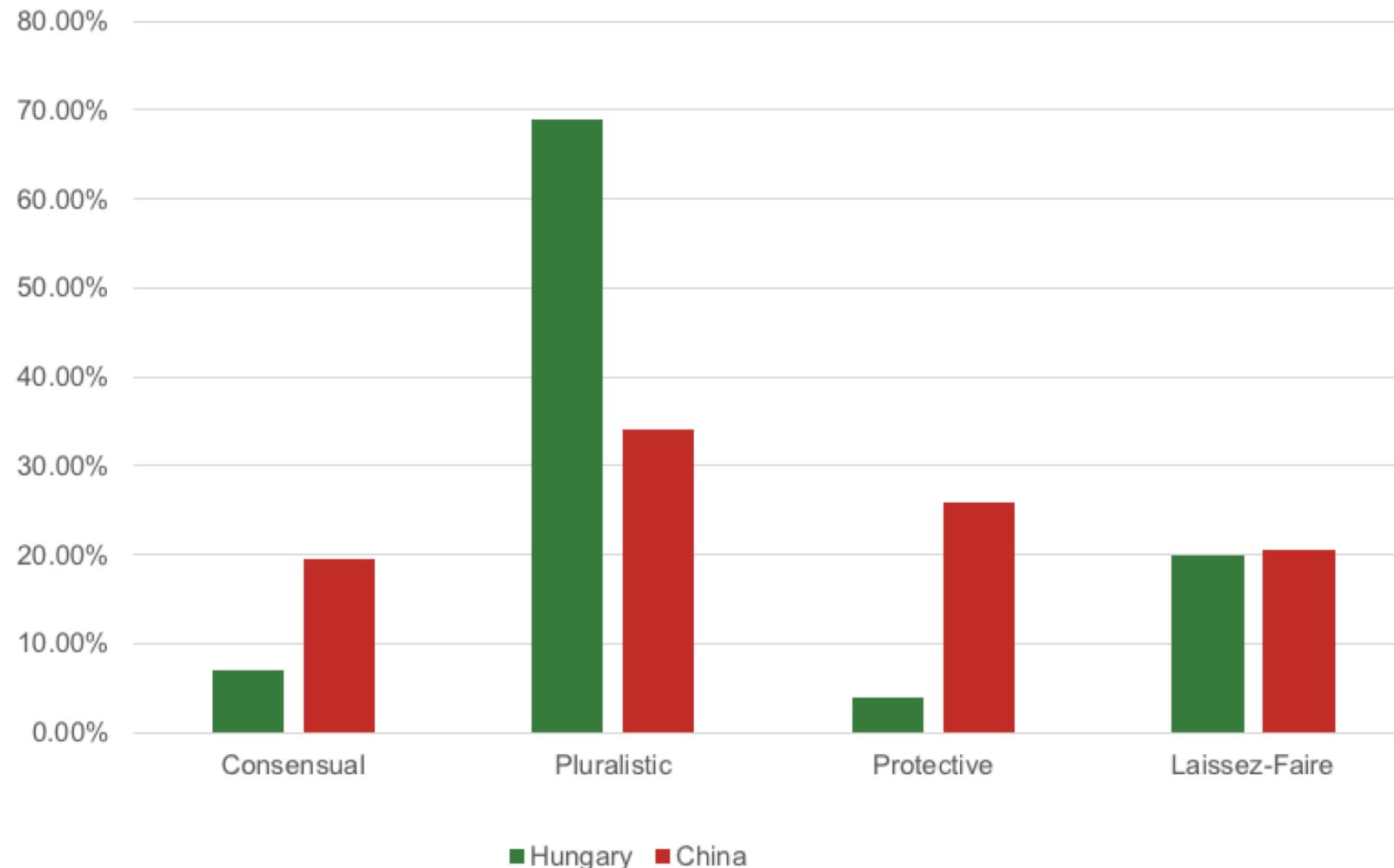
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😎 Questions

# Results

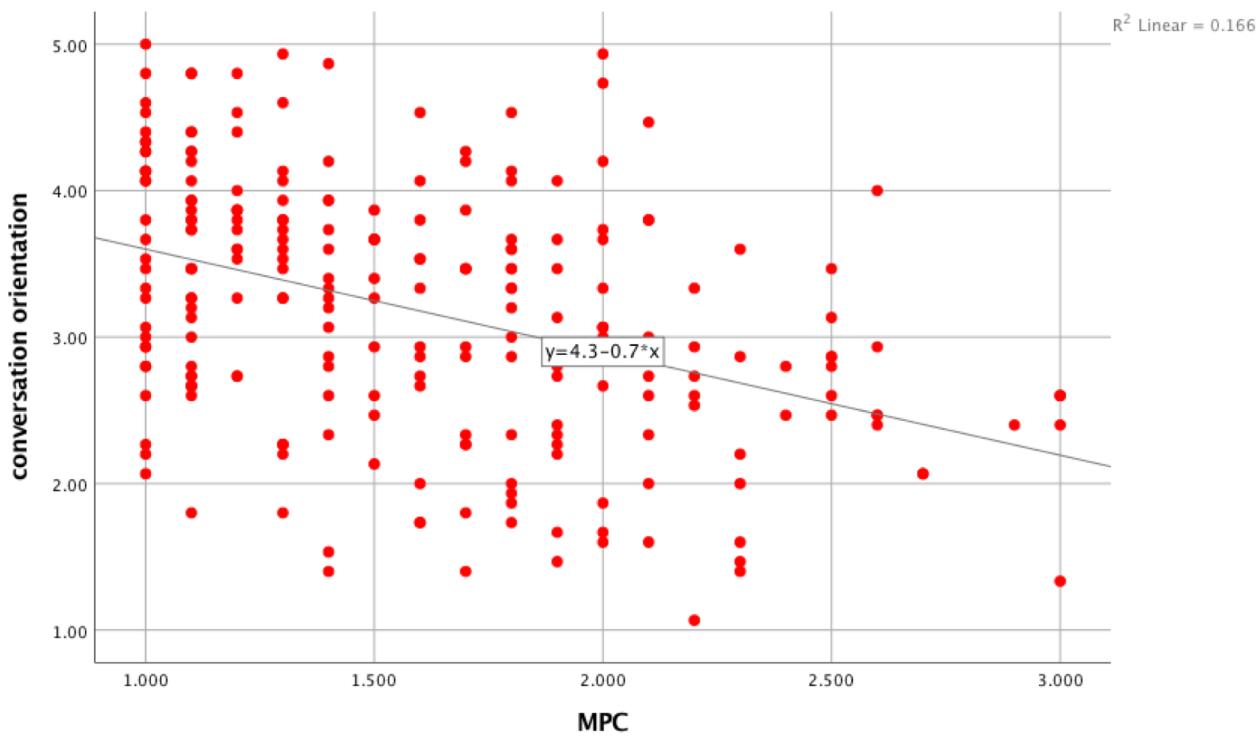
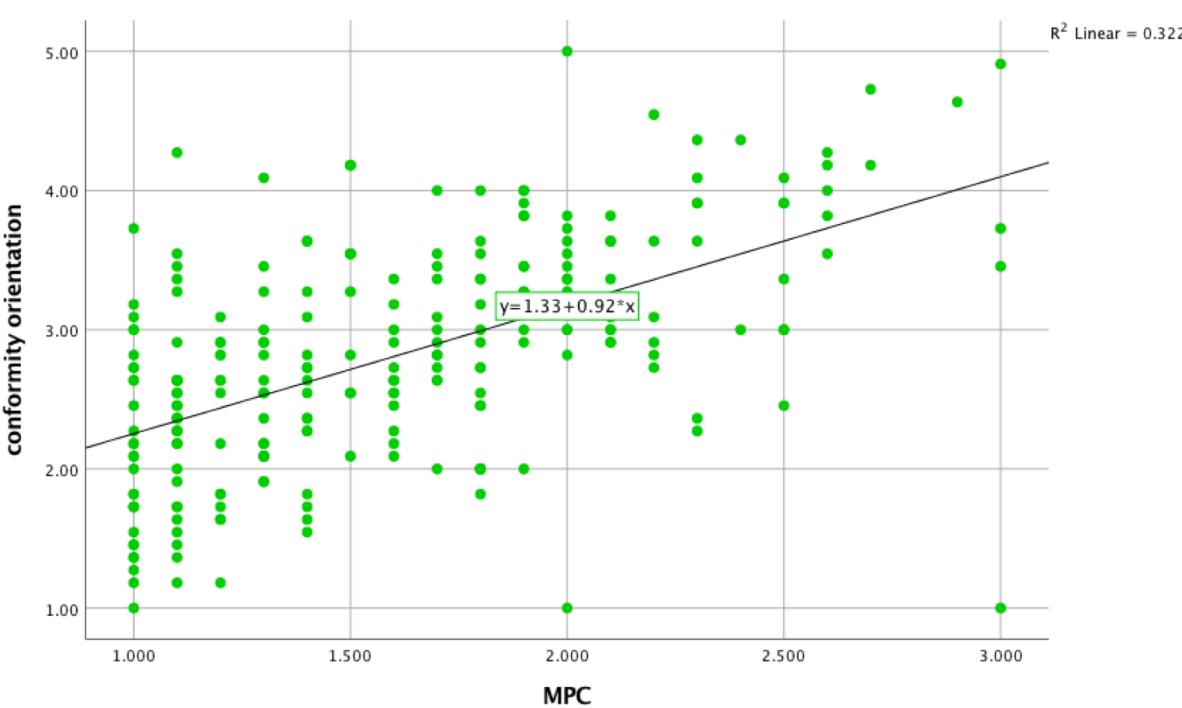
- ❖ Paired *t*- test  
conversation orientation
- ❖ Median split method  
pluralistic style

Four Family Types in Hungary and China



# Results

## ❖ Linear regression



- MPC has a significant positive impact on conformity orientation,
- MPC has a negative impact on conversation orientation.

# Discussion

Q

1. Other **theories** for cultural comparison in your chosen topic?
2. What **other cultures** would be interesting to be drawn into consideration for your research?
3. How would you **ethically train parents to be more aware of the significance** of their communication and the mental-psychological environment they create with it?



A

1. Schwartz - **theory of basic human values**,  
Triandis - **individualism and collectivism** .
2. **South America, Brazil**  
Few literature, high depression, mysterious place.
3. 1/20 depression, around you;  
critical **lifelong influences** of childhood.



## Implications

- Cross-cultural research.
- Mediating role of FCP.
- Parents' practices for children's psychological development.



## Limitations

- Generalizability of the findings
- Other variables
- Reporting bias
- Literature in Hungarian



## Future directions

- Family communication and behavioral control
- More cross-cultural examination
- Paternal communication & control and children's depression





Thank > You