Reflection W03 Emily Raventos Total Points: 100

Justification: I answered questions to equal 100 points. I also did the prep work.

5 What did I do to prepare for class this week?

5 Why is this week’s topic important?

10 How would you explain this week’s topics to a person not in this class?

20 If this was a religion class, how would you relate this week’s topic to the gospel?

20 How does your experience relate to other experiences you have had?

20 How do you plan on contributing to the team, besides completing your tasks?

20 Why is this week’s topic important to teamwork?

To prepare for class this week I read the articles titled “Extroverts, Introverts, and Everything in Between” and “The Power of Introverts.” After reading those articles and participating in class if I needed to explain this week’s topic to someone else, I would say we learned how to be more aware of who we are to be a better teammate. I would then talk about how some people are Extroverts, some are Introverts, and some are Ambiverts, and I would describe each of those. There are always different strengths people can bring to the table.

If this were a religion class, I would tie it into Come Follow Me from this week. President Bonnie L Oscarson shared a quote, “Each member should know how much he or she is needed. Each person has something important to contribute and has unique talents and abilities that help move this important work along.” This shows how important we all are as children of God, no matter who we are.

I’ve noticed in my group projects I’ve had to do for class that it’s very helpful to have people with different personality types. For example, I’m an introvert and I do not like presenting, public speaking, etc. However, there’s usually someone who is more extroverted and does like that kind of thing. It’s a good balance and helps the project work effectively.

This will help me contribute to groupwork for this class, as well as any other teamwork I might have, because I’ll be more aware of who I am and who others might be too. It’s so important to be aware of yourself and how you work in teams.

I’m working as a Software Tester right now and have a team I work with. It’s nice to know some people’s personalities and strengths and weaknesses.