Reflection W06 Emily Raventos Total Points: 100

Justification: I answered questions that total to be 100 points.

20 How does your experience relate to other experiences you have had?

20 How do you plan on contributing to the team, besides completing your tasks?

20 Why is this week’s topic important to teamwork?

20 If this was a religion class, how would you relate this week’s topic to the gospel?

20 Tell me about what you taught someone? And what did they learn that they didn’t know before?

10 How would you explain this week’s topics to a person not in this class?

5 What did I do to prepare for class this week?

5 Why is this week’s topic important?

In class, and in the prep work/reading, I took several personality tests. I’ve taken some of the personality tests before and it was really interesting to see if the results changed or stayed consistent. In high school I took the color personality test and that one changed quite a bit. The Myers Briggs personality test has stayed pretty consistent though, especially since I got back from my mission.

Using my Personal Project/User manual I’m more aware of how I act, my priorities, how I think, and who I like to be around. I also was able to learn a little more about who I want to be and in what areas of my life I would like to be better at. Knowing this will help me contribute to teamwork because I’ll be better prepared to contribute. I’ll also know how I can best help my teammates.

If this were a religion class, I would say that our Heavenly Father loves all of us individually and he has blessed us with many opportunities to grow and improve. On top of that we each have talents and skills that are unique to us and can be used to further the Kingdom of God as well as any team activities that might be important to us.

If I were to explain this week’s topic to someone else, I would tell them that they are unique in a good way. Understanding oneself and our talents and abilities is essential to good teamwork. I would also have them take some of the personality tests, especially the Myers Briggs personality test, because I find it super interesting and that will be fun to compare and learn about each other’s personalities too.

I “taught” this to one of my roommates and they are the same Myers Briggs personality as me! Which makes sense because we’re super similar. Another roommate has the same MB personality as my brother. Super interesting!