

*Version: 4/5/2020 Please contact Jennifer Pfeifer (jpfeifer@uoregon.edu) with any questions. This survey will be available in Qualtrics on OSF in the near future. Please check to see that the phrase “before COVID-19 (e.g., in February)” is appropriate/applicable for your population. If not, include a question to determine that and pipe through the rest of the survey.*

### **Adolescent Social Connection & Coping during COVID-19 Questionnaire (ASC)**

This questionnaire is designed to learn about the ways you connect with people, and how it makes you feel. This might be affected by the COVID-19 outbreak, especially when following physical distancing or shelter-in-place orders.

However, there are lots of ways to connect with people even if you can't be together in person.

For example, you can use:

- Messaging/texting - conversations between two people or a closed group of people, primarily words and emojis, some pictures
- Voice-only calls
- Video calls (e.g., through Facetime, Google Duo, Skype, Zoom, social media)
- Posting on social media (e.g., written posts, pictures or selfies, videos, apps to share songs/art/etc.)
- Liking or responding to other people's posts
- Playing online games

You can also feel socially connected by helping or comforting others, saying nice or friendly things to others; or volunteering your time or donating money to people in need.

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#### **Block1 - [[[only administer the first time if surveys are repeated]]]**

**Think of a typical two-week period before COVID-19 (e.g., in February). In a TYPICAL TWO WEEKS, how often did you...**

##### **1.1.a. Get together with friends IN PERSON (outside of school or school-related activities).**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

##### **1.1.b. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

##### **1.2.a. Scroll through social media (e.g., pictures, stories, tiktoks) WITHOUT posting, commenting, liking, or retweeting.**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**1.2.b. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**1.3.a. Connect with FRIENDS (from online or real life), WITHOUT seeing them in person?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**1.3.b. Which of the following methods did you use to connect with FRIENDS, WITHOUT seeing them in person? Check all that apply, then indicate your most common method.**

- Messaging/texting - conversations between two people or a closed group of people, primarily words and emojis, some pictures
- Voice-only calls
- Video calls (e.g., through Facetime, Google Duo, Skype, Zoom, social media)
- Posting on social media (e.g., written posts, pictures or selfies, videos, apps to share songs/art/etc.)
- Liking or responding to posts they made
- Playing online games with them
- Other [text box] \_\_\_\_\_

**1.3.c. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**1.4.a. Connect with other peers your age (ACQUAINTANCES from online or real life), WITHOUT seeing them in person?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day

- Multiple times a day
- Almost constantly

**1.4.b. Which of the following methods did you use to connect with ACQUAINTANCES, WITHOUT seeing them in person? Check all that apply, then indicate your most common method.**

- Messaging/texting - conversations between two people or a closed group of people, primarily words and emojis, some pictures
- Voice-only calls
- Video calls (e.g., through Facetime, Google Duo, Skype, Zoom, social media)
- Posting on social media (e.g., written posts, pictures or selfies, videos, apps to share songs/art/etc.)
- Liking or responding to posts they made
- Playing online games with them
- Other [text box] \_\_\_\_\_

**1.4.c. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**1.5.a. Connect with FAMILY MEMBERS that DO NOT live in your house, WITHOUT seeing them in person?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**1.5.b. Which of the following methods did you use to connect with FAMILY MEMBERS that DO NOT live in your house, WITHOUT seeing them in person? Check all that apply, then indicate your most common method.**

- Messaging/texting - conversations between two people or a closed group of people, primarily words and emojis, some pictures
- Voice-only calls
- Video calls (e.g., through Facetime, Google Duo, Skype, Zoom, social media)
- Posting on social media (e.g., written posts, pictures or selfies, videos, apps to share songs/art/etc.)
- Liking or responding to posts they made
- Playing online games with them
- Other [text box] \_\_\_\_\_

**1.5.c. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**1.6.a. Connect with ROMANTIC INTERESTS/PARTNERS, WITHOUT seeing them in person?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**1.6.b. Which of the following methods did you use to connect with ROMANTIC INTERESTS/PARTNERS, WITHOUT seeing them in person? Check all that apply, then indicate your most common method.**

- Messaging/texting - conversations between two people or a closed group of people, primarily words and emojis, some pictures
- Voice-only calls
- Video calls (e.g., through Facetime, Google Duo, Skype, Zoom, social media)
- Posting on social media (e.g., written posts, pictures or selfies, videos, apps to share songs/art/etc.)
- Liking or responding to posts they made
- Playing online games with them
- Other [text box] \_\_\_\_\_

**1.6.c. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**1.7. How well did you feel like the following groups typically met your social needs before COVID-19?**

1 (not at all) ; 2 (very slightly) ; 3 (slightly) ; 4 (moderately) ; 5 (very well) ; 6 (extremely well)

**a. your friends ;**

**b. other peers your age (acquaintances) ;**

**c. family members that don't live in your house ;**

**d. romantic interests/partners ;**

**e. people that do live in your house.**

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**Block2 -**

**In the PAST TWO WEEKS, how often did you...**

**2.1.a. Get together with friends IN PERSON (outside of school or school-related activities).**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**2.1.b. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**2.2.a. Scroll through social media (e.g., pictures, stories, tiktoks) WITHOUT posting, commenting, liking, or retweeting.**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**2.2.b. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**2.3.a. Connect with FRIENDS (from online or real life), WITHOUT seeing them in person?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**2.3.b. Which of the following methods did you use to connect with FRIENDS, WITHOUT seeing them in person? Check all that apply, then indicate your most common method.**

- Messaging/texting - conversations between two people or a closed group of people, primarily words and emojis, some pictures
- Voice-only calls

- Video calls (e.g., through Facetime, Google Duo, Skype, Zoom, social media)
- Posting on social media (e.g., written posts, pictures or selfies, videos, apps to share songs/art/etc.)
- Liking or responding to posts they made
- Playing online games with them
- Other [text box] \_\_\_\_\_

**2.3.c. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**2.4.a. Connect with other peers your age (ACQUAINTANCES from online or real life), WITHOUT seeing them in person?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**2.4.b. Which of the following methods did you use to connect with ACQUAINTANCES?**

**Check all that apply, then indicate your most common method.**

- Messaging/texting - conversations between two people or a closed group of people, primarily words and emojis, some pictures
- Voice-only calls
- Video calls (e.g., through Facetime, Google Duo, Skype, Zoom, social media)
- Posting on social media (e.g., written posts, pictures or selfies, videos, apps to share songs/art/etc.)
- Liking or responding to posts they made
- Playing online games with them
- Other [text box] \_\_\_\_\_

**2.4.c. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**2.5.a. Connect with FAMILY MEMBERS that DO NOT live in your house, WITHOUT seeing them in person?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day

- Multiple times a day
- Almost constantly

**2.5.b. Which of the following methods did you use to connect with FAMILY MEMBERS that DO NOT live in your house, WITHOUT seeing them in person? Check all that apply, then indicate your most common method.**

- Messaging/texting - conversations between two people or a closed group of people, primarily words and emojis, some pictures
- Voice-only calls
- Video calls (e.g., through Facetime, Google Duo, Skype, Zoom, social media)
- Posting on social media (e.g., written posts, pictures or selfies, videos, apps to share songs/art/etc.)
- Liking or responding to posts they made
- Playing online games with them
- Other [text box] \_\_\_\_\_

**2.5.c. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**2.6.a. Connect with ROMANTIC INTERESTS/PARTNERS, WITHOUT seeing them in person?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**2.6.b. Which of the following methods did you use to connect with ROMANTIC INTERESTS/PARTNERS, WITHOUT seeing them in person? Check all that apply, then indicate your most common method.**

- Messaging/texting - conversations between two people or a closed group of people, primarily words and emojis, some pictures
- Voice-only calls
- Video calls (e.g., through Facetime, Google Duo, Skype, Zoom, social media)
- Posting on social media (e.g., written posts, pictures or selfies, videos, apps to share songs/art/etc.)
- Liking or responding to posts they made
- Playing online games with them
- Other [text box] \_\_\_\_\_

**2.6.c. How socially connected did this make you feel?**

7 point scale from 1 (very socially disconnected); 2 (moderately socially disconnected); 3 (slightly socially disconnected); 4 (neutral); 5 (slightly socially connected); 6 (moderately socially connected); 7 (very socially connected)

**2.7. Overall, how well do you feel like the following groups are meeting your social needs in the PAST TWO WEEKS?**

1 (not at all) ; 2 (very slightly) ; 3 (slightly) ; 4 (moderately) ; 5 (very well) ; 6 (extremely well)

- a. your friends ;
- b. other peers your age (acquaintances) ;
- c. family members that don't live in your house ;
- d. romantic interests/partners ;
- e. people that do live in your house ;

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**3. In the PAST TWO WEEKS, have you noticed any important aspects to your friendships or relationships that you can no longer engage in and don't have a good substitute for? Please list them below.**

Text box

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**Block4 -**

**4.1. In the PAST TWO WEEKS, how often have you taken physical risks to meet your social needs (e.g., sneaking out to see someone in person, being closer than 6 feet to someone who doesn't live in your house)?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**[[[If anything other than never:]]] Please give some examples.**

Text box

**4.2. In the PAST TWO WEEKS, how often have you taken social risks to meet your social needs (e.g., sharing personal information to try and make new friends, telling someone you're interested in that you like them)?**

- Never
- Once
- Twice (about once a week)



- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**[[[If anything other than never:]]] Please give some examples.**

Text box

**4.3 In the PAST TWO WEEKS, how often have you taken physical risks to meet non-social needs (e.g., taking a run on a crowded trail, going to work at your part-time job, babysitting, picking things up from the grocery store)?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**[[[If anything other than never:]]] Please give some examples.**

Text box

**4.4. In the PAST TWO WEEKS, how often have you taken social risks to meet non-social needs (e.g., avoiding seeing a friend or significant other in person so that neither of you would make each other sick, asking for help online because your family needed food or money, calling out a classmate for not following social distancing orders)?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**[[[If anything other than never:]]] Please give some examples.**

Text box

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**Block5 (adapted from the CRISIS questionnaire) -**

**In the PAST TWO WEEKS,...**

**5.1. How has the quality of the relationships between you and members of your family changed?**

7 point scale from 1 (much more negative); 2 (more negative); 3 (slightly more negative); 4 (no change); 5 (slightly more positive); 6 (more positive); 7 (much more positive)

**5.2. How stressful have these changes in family relationships been for you?**

- Not at all
- Very Slightly
- Slightly
- Moderately
- Quite a Bit
- Extremely

**5.3. How has the quality of your relationships with friends changed?**

7 point scale from 1 (much more negative); 2 (more negative); 3 (slightly more negative); 4 (no change); 5 (slightly more positive); 6 (more positive); 7 (much more positive)

**5.4. How stressful have these changes in friendships been for you?**

- Not at all
- Very Slightly
- Slightly
- Moderately
- Quite a Bit
- Extremely

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**Block6 - [[[only administer the first time if surveys are repeated]]]**

**Think of a typical two-week period before COVID-19 (e.g., in February). In a TYPICAL TWO WEEKS...**

**6.1 How often did you...**

**6.1.a. help others?**

**6.1.b. comfort others?**

**6.1.c. say nice/friendly things to others?**

**6.1.d. volunteer your time or donate money to people in need?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**6.2 How important was it to you that you...**

**6.2.a. help others?**

**6.2.b. comfort others?**

**6.2.c. say nice/friendly things to others?**

**6.2.d. volunteer your time or donate money to people in need?**

1 (not at all) ; 2 (very slightly) ; 3 (slightly) ; 4 (moderately) ; 5 (very important) ; 6 (extremely important)

**6.3 How easy was it for you to...**

**6.3.a. help others?**

**6.3.b. comfort others?**

**6.3.c. say nice/friendly things to others?**

**6.3.d. volunteer your time or donate money to people in need?**

1 (very hard) ; 2 (hard) ; 3 (slightly hard) ; 4 (neutral) ; 5 (moderately easy) ; 6 (easy) ; 7 (very easy)

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**Block7 -**

**In the PAST TWO WEEKS,...**

**7.1 How often did you...**

**7.1.a. help others?**

**7.1.b. comfort others?**

**7.1.c. say nice/friendly things to others?**

**7.1.d. volunteer your time or donate money to people in need?**

- Never
- Once
- Twice (about once a week)
- Several times a week
- About once a day
- Multiple times a day
- Almost constantly

**7.2 How important was it to you that you...**

**7.2.a. help others?**

**7.2.b. comfort others?**

**7.2.c. say nice/friendly things to others?**

**7.2.d. volunteer your time or donate money to people in need?**

1 (not at all) ; 2 (very slightly) ; 3 (slightly) ; 4 (moderately) ; 5 (very important) ; 6 (extremely important)

**7.3 How easy was it for you to...**

**7.3.a. help others?**

**7.3.b. comfort others?**

**7.3.c. say nice/friendly things to others?**

**7.3.d. volunteer your time or donate money to people in need?**

1 (very hard) ; 2 (hard) ; 3 (slightly hard) ; 4 (neutral) ; 5 (moderately easy) ; 6 (easy) ; 7 (very easy)

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**Block8 -**

**8. Here are a few different pairs of words. For each pair, please select the point on the scale that most closely matches how you have felt the PAST TWO WEEKS when using social media.**

Response options include a 6 point interval scale between the X and Y words, from -3 (very X) ; -2 (X) ; -1 (slightly X) ; +1 (slightly Y) ; +2 (Y) ; +3 (very Y)

- Included/Excluded
- Anxious/Calm
- Distressed/Comforted
- Connected/Disconnected