Information, Demographics, and Body Measurements Questionnaire

(Made for the EGG and Emotionality Study)

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| **Information** | |
| Current time of day | \_\_\_\_\_\_\_\_\_\_ |
| Time of last meal | \_\_\_\_\_\_\_\_\_\_ |
| Typical diet | Western, Mediterranean, Vegetarian, Vegan, Pescatarian, Keto, Paleo, Raw, Low-carb, No sugar, Gluten-free, Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Demographics** | |
| Age | \_\_\_\_\_ |
| Sex | Male, Female, Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Gender | Male, Female, Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Ethnicity (please select all that apply) | Caucasian, Latinx/Hispanic, Middle Eastern, African, Caribbean, South Asian, East Asian, Other \_\_\_\_\_\_\_\_ |
| Year of education | Freshman, Sophomore, Junior, Senior |

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| **Body measurements** | |
| Height (in cm) | \_\_\_\_\_ |
| Weight (in lbs) | \_\_\_\_\_ |
| Waist circumference (in cm) | \_\_\_\_\_ |