

## CONSENT FOR PROJECT PARTICIPANTS

**Application:** TrueNorth

**Group:** SEM

**Name and Surname:**.....

### PART I - CONSENT TO THE PROJECT

- ☐ have read and understood the information sheet provided relating by the project application TrueNorth and have received a copy of this document.
- ☐ have been able to ask questions which have been answered fully.
- ☐ want to be informed of the overall project results at the end.
- ☐ give permission to be informed of incidental findings that might be relevant for my health status.

### PART II - CONSENT TO THE DATA PROCESSING

- ☐ understand that my clinical information may be reviewed by properly authorized individuals as part of the project and that such information will be treated as strictly confidential.
- ☐ am aware of the type of data and samples that will be collected.
- ☐ give permission for using of the samples and data for the project purposes stated in the information sheet.
- ☐ am aware that the persons stated in the information sheet, bound by my professional secrecy, will have the authority to access my personal data.
- ☐ agree that anonymised personal data will be communicated or published in specialized reports.
- ☐ give permission for storage of the personal data and samples until September 2024.
- ☐ am aware that I have the right to request access to and rectification or erasure of my personal data or restriction of processing concerning personal data or to object to processing as well as the right to data portability.
- ☐ am aware that if I withdraw from the project, samples will be destroyed and data already collected will be anonymised and may be processed by authorized researchers.

I give consent to participation in this application project

\_\_\_\_\_  
**Name of Project Participant**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Signature**

I declare that I have fully informed above mentioned participant about this application project. If during the project new information becomes available that could influence the consent of the participant or can help to provide new treatment of healthcare, I will immediately inform them.

\_\_\_\_\_  
\_\_\_\_\_  
**Names of Project Developer**  
(Please write in capital letters)

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
\_\_\_\_\_  
**Signature**

## INFORMATION SHEET FOR PROJECT PARTICIPANTS

**Application:** TrueNorth

**Group:** SEM

**Research Center:** University of Padua

**Principal Investigator in the Center:** Giacomo Cappon

This information sheet is to inform you about an application project that we invite you to participate in. This project has been approved by the professor Giacomo Cappon. Before you decide whether you can take part, we would like to explain what is involved in this project and what your participation means. Please, take your time to read the information sheet and ask any questions that may arise.

### **Why are we doing this project?**

Project Purpose: develop a supportive and motivational application in order to help ex-alcoholic people into everyday life by strengthening the prevention and the treatment, offering a sustained and portable support system after hospital-based treatment.

### **What will we need to do if you take part?**

The participant has to wear a Firbit Versa 2 smartwatch in order to monitor his/her personal data.

Data to be Collected: resting Heart Rate, Heart rate and Minutes Asleep.

### **What are the possible benefits and disadvantages of taking part?**

Benefits: help people follow good habits; monitor ex-alcoholic's progress; keep the encouragement of patients high.

## **More information about taking part**

### **Subject confidentiality**

Follow (as much as we can) the GDPR: participants have to sign this information sheet and a consent form.

People having access to data: other groups' participants.

Storage period and location: From may to September 2024.

Participant's rights:

- The right to be informed
- The right of access
- The right to rectification
- The right to erasure
- The right to object
- The right to restrict processing
- The right to data portability
- Rights not to be subject to automated decision making and profiling

### **Who is organizing this project?**

**Professor** Giacomo Cappon

**University** of Padua

**Department of** Information Engineering