

Hand Lowering

You were told to extend your right arm straight out and feel it becoming heavy as though a weight were pulling the hand and arm down

How strongly did you feel your hand become heavy, where 0 means you felt your arm was no more heavy than normal and 5 means you felt your arm becoming as heavy as if you had a heavy object in your hand, pulling it down? *

Normal Heaviness

0

1

2

3

4

5

Very heavy

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