



ROAR ONLINE!



Weekly Newsletter

Issue 6 - Michelmas Term 2010

A busy week for Emmanuel College as Emma Ents returns tonight and we prepare for ECSU Hustings on Friday 19th in the Bar! Let the campaigns begin.

Emma Ents

Emma Ents returns tonight with SPECTRESOUL. Be in the bar from 9pm - 12am. Prices at £4 before 10 pm. The best place to dance on a wednesday night

Peking Duck

This week's edition of the Duck is a retrospective look back on some of the romances I had in my notebook that I never got around to putting in from the beginning of term. Thought you'd escaped? Think again

Sports Results

Rowing: Queens Ergs - NW1 4th, NW2 32nd in first division, NW3 16th in 2nd Division

Football: 6-0 vs. Christs

Pool: 5-4 vs. Downing (**Editor's note:** I think that's right... but they definitely won)

Green Day

MCR are holding a green day on the 20th of November for more information please check the other side.

ECSU Manifestos

Manifestos must be handed into the JCR pigeon hole (the corner of the pigeon hole room) by Thursday Evening.



Editor: Thomas Marriott. What do you think of the new ROAR? Got any articles to send or reports to write? Email: TPBM2



The Naked Chef

This week's guest Editorial is provided by Matthew Pooley. Matt is a second year MML, was a RAG Rep last year and for Freshers he wrote that night life guide in your special issue

I went to hall this week. Not that strange, you might think, but then again I'm living ten thousand Cambridge-miles out of college in the Barnwell Hostel. Those of you who are mad enough to get up at 6.45 in the morning and battle Siberian winds to get to the boathouse, which is just opposite, will know just how treacherous journey to college and back can be.

The benefit of living technically in college but practically in another county is that someone took pity on us and installed an amazing kitchen. We have a dining table, hobs, and the holy-grail of College accommodation: an oven. We can cook. Every Sunday, someone roasts a chicken or a leg of lamb.

I was disturbed to find, despite the vast selection (potato croquettes, mixed veg and more potato croquettes), that people in hall looked glum. Maybe it was Week 5 Blues. Maybe it was the cold. Maybe, but I'm pretty sure they were experiencing uninspiring-food syndrome.

To some of you, this will be second-nature already... but you don't have to eat in hall. I had a mad revelation last year that I could make my own sandwiches at lunch-time, but then I discovered that despite the limitations of South Court gyp rooms, it was possible to cook almost anything I wanted in the microwave. As a first-



Tom's Picture Of The Week:
Novice Emma Birds pre-Queens' Ergs.
See how they got on in the sports report.
Picture submitted by Clare Anderson

year arts student trying to keep my hall bill down, I had plenty of free time to experiment, and amongst many forgotten and boiled-over messes, I managed to rustle up a few culinary masterpieces that would have made Jamie Oliver proud.

There are so many things you can cook in the microwave that might not be obvious:

Jacket Potatoes: Prick with a fork, cook on high for 8 minutes or so. Pow.

Scrambled eggs: So easy it's criminal. Crack a couple of eggs in a jug, add a spoon of water/milk if you like, whisk with a fork, stick in the microwave for 50 secs or so. Fluff up and pour on toast.

Baked apples: Peel an apple, cut out the core and stand on a plate. Put a spoon or two of sugar in the hole, with a bit of butter if you have some. Heat for a minute and a half.

Almost any veg, steamed: Put in a bowl with a spoon or two of water and cover the bowl loosely.

Cook for a few minutes (different veg need different times, but probably won't take longer than five minutes).

Pasta: You don't have to buy disgusting ready-to-go pasta packs. Just put a bit of normal pasta in a bowl and cover with water, and cook it for a bit under 10 minutes. Keep an eye or you'll end up rescuing the microwave from flooding.

With some spices, cans of tomatoes and imagination, you can make anything you like. Some of the microwaves in college have grills to cook bacon and sausages. Last year my crowning achievement was a proper lentil curry: a few spices, some cheap rice cooked in the microwave, and some reduced naan from Sainsbury's. Cook onions in your George Foreman. If you get super-keen, you could get some herb pots and keep them on the windowsill: cheap, last for ages and make you look like some kind of domestic god(ess) (Mum was so proud...)

Try it. Make a spag-bol in the microwave. Cook double-chocolate sponge cake. (Try Google for amazing recipes for both of these). Escape the cheese toastie cycle and make yourself some memories. One of the best things we did last year was making mulled wine in a V Staircase gyp room. So strong, and so tasty, (but carrotless, Marriott) (**Editor's note:** Cinammon sticks look a lot like carrots when intoxicated). On the other hand, you could carry on eating hall food. Each to their own.

Matt Pooley

Editor's Note: Matt and Nick Chilvers also managed to successfully cook a fillet steak on a toastie maker upon my suggestion... anything's possible

Peking Duck!



In lieu of a recent lack of gossip (apologies I've been uncontactable) **AT LAST** we publish **AN** a**NA**logue of some of the news that has gone on this term and not been published in the duck.

Following the recent announcement of the royal engagement

between William and **KATIE** (okay that was a bit of a cheat) we were glad to check our records and see that a similarly named young lady was busy romancing a young man (who wasn't a Jerk **I'M** glad to say). Other **CL**early missed det**AI**ls **RE**garding the beginning of term missed involved a get together that would have been h**ANDY** to have put in earlier.

QUACK

Emma Ents Presents SPECTRASOUL TONIGHT



It's been a while but EMMA ENTS is back with another huge night to give you that AURAL DELIGHT we've all been missing... This is your antidote to cheese. Emma Ents Presents: SPECTRASOUL <http://www.myspace.com/spectrasoul> with support from OLLY WATSON & FINN DD and hosted by MC MUMBLZ. Remember how sick Alix Perez was? We do. So we've booked another SHOGUN AUDIO stalwart. Having gained a reputation as one of the new-school pioneers on the drum and bass circuit, SpectraSoul keep pushing their sound. Both their faultless production and their skills on turntables have taken them around the globe and their latest EP is a sign of great things to come.

Emma Bar 9-12/ £5/£4 before 10

£2.50 double spirit mixer/£1.80 pints etc

Green Day

The Emmanuel Society (the alumni society for which you are ALL automatically members) is holding a environmentally themed 'Green Day' on the afternoon of the Saturday the 20th of November in the Queens Building Lecture Theatre. Junior Members are all invited to come and learn or contribute to this day which is going to be a very interesting day with some big names in the world of green issues.

The afternoon starts at 2pm with a debate hosted by Tim Yeo (MP in the last Parliament and Chairman of the Commons Environmental Audit Committee) with the key question: "This house believes that the individual can have as much positive impact on green issues as does the State or government."

Speakers include a politician involved in writing current environmental policy, the head of a wind farm company, and an organic gardener. They will have great things to say on their experiences of the green issues which are affecting the world today as well as invoking a thoughtful debate.

Following tea and cake the afternoon will conclude at 3:50pm with a "Green Challenge", a quiz in the style of University Challenge where two teams answer green-related questions in a head-to-head battle! One team will be of Senior Members, (including the Master!), and the other of Junior Members, including our very own MCR green officer and also some of television fame!

Kim Roper

SPORTS!

Firsts Football

Yes you did read that correctly. Emma 6 Christ's 0. On a wet Sunday afternoon Emma gave Christ's a demonstration in total football as the self proclaimed 'golden generation' of Emmanuel football made a statement of intent to the rest of the first division. Christ's had come into the game fresh from a 2-0 win over league holders Downing and a 6-0 win in cuppers. Any confidence they had gained from this was soon to disappear as they spent a

long afternoon chasing shadows around fortress Wilby and left knowing they had been thoroughly outplayed. The foundation of the performance could be traced to before kick off as Andy Stothart and Will Spencer got the team fired up with some inspired tunes. On the pitch Jonny Parsons marked his return to the team after an injury spell with 2 goals and some trademark backheels, but JD was not to be outdone and grabbed himself a brace of cool finishes. Dan 'The puppet master' Brown filled in admirably in midfield, spraying passes with ease around the pitch and at one point forcing a Christ's defender to scream in desperation 'pick him up he's pulling all the strings from there!'. The team knew something special was happening when Tom Fryer, before Sunday a player who actively feared crossing the halfway line, smashed a finish from the edge of the box into the far top corner. He was mobbed by disbelieving team mates before at half time letting it slip that 'I was just trying to tackle the guy'. All in all a brilliant performance from all concerned!

Tom Hughes

Pool

Friday night saw the start of the new pool season for Emma I, as they took on a talented Downing side in a tight, and at times bizarre, match. For those unfamiliar with the format of college pool, each match is played by two teams of six over the course of nine frames, with six singles and three doubles frames. The match began as a mere formality for Emma, as they claimed four of the first five frames after some exquisite pool from Callum Vipond, Mark Hoggard and Martin Dickson. Emma were only one frame from victory, but the match was taken to 4-4 after a spirited comeback by their opponents. After around an hour of fast-paced, exciting pool, it was now up to the partnership of Yvor Malone and Nedal Ramahi to claim victory over a big, jolly chap and a man who looked a bit like Guy Fawkes. The frame developed slowly as the players exchanged some fantastic safety shots, with neither side looking like making the breakthrough. And when I say "slowly", I mean it. This single frame took nearly as long as all the other frames combined, the pool equivalent of the tie-breaker between John Isner and Nicolas Mahut. But after we all nearly killed Nedal for suggesting yet another safety play, he finally cleared up to hand Emma a well deserved, if painfully drawn out, victory.

Dan Spoon

Rowing

The novice Emma Birds excelled themselves in their debut race on Tuesday – Queens Ergs, a 500m relay competition. After intimidating the other crews with pre-race roaring and pink and blue warpaint, they fought off some tough competition to achieve 3 great results:

W3 came 16th in the second division, beating Queens W2, W2 reached 32nd in the first division, and W1 pulled out a stunning 4th place, qualifying for the late-night final, when they did the whole thing again to finish 6th overall! Congratulations to Gina, Elisabeth and Emily for their incredibly impressive times of 1:47.7, 1:47.9 and 1:47.9, and a mention to Lizi for the biggest grin I've ever seen anyone wear while erging! Bring on Emma Sprints, and a chance to show off our amazingness on the water as well - Fit via vi!

Clare Anderson

HUSTINGS

On Friday the bar will be hosting an event unlike Emma Ents or Bar Extension. It's Hustings at 7 PM before online voting opens up for positions on the exec. It's worth turning up so you can ask questions and watch your college mates being put on the spot so you can become an informed voter. Of course there is the plus side of the more interesting speeches e.g. drunken speeches (tip: don't go to formal first... it ended badly for me) and passionate debates about the meat content in soups.

Thomas Marriott

Roar Editor