

# WELFARE TIMETABLE: \*EASTER TERM\* (WEEKS 2-4)



## THURS FRI SAT SUN MON TUES WED

**WEEK 2**  
beginning  
30/04/15

*Pilates  
@ Graduate  
Union Lounge,  
5:15-6:15pm,  
FREE*

*Zumba  
@ Graduate  
Union Lounge,  
6:30-7:30pm,  
FREE*

*Free Lunchtime  
Concert @  
Kettle's Yard 12:15-  
1pm*

*Zumba @ the  
Union Society,  
5pm, members £2/  
non-members £5*

*Yoga, Old JCR  
7-8pm*

*Meditation with the  
Buddhism & Meditation  
Society, 7.15-8.45pm,  
CUSU Conference Room,  
New Museums Site*

*Meditation at the Union  
Society, 5pm, £2  
Members/£5 Non-  
members*

*Tea and Cake  
in the Bar,  
3-5pm*

*Yoga @  
Graduate Union  
Lounge,  
5:30-6:45pm,  
FREE*

**WEEK 3**  
beginning  
07/05/15

*Pilates  
@ Graduate  
Union Lounge,  
5:15-6:15pm,  
FREE*

*Zumba  
@ Graduate  
Union Lounge,  
6:30-7:30pm,  
FREE*

*Free Lunchtime  
Concert @  
Kettle's Yard 12:15-  
1pm*

*Zumba @ the  
Union Society,  
5pm, members £2/  
non-members £5*

*Bouncy Castle  
on the Paddock  
12-4pm*

*Bouncy Castle  
on the Paddock  
12-4pm*

*Yoga, Old JCR  
7-8pm*  
  
*Meditation with the  
Buddhism & Meditation  
Society, 7.15-8.45pm,  
CUSU Conference Room,  
New Museums Site*

*Meditation at the Union  
Society, 5pm, £2  
Members/£5 Non-  
members*

*Zumba  
6-7pm  
Old Library  
[room & time  
TBC]*

*Mindfulness,  
Old JCR,  
7-7:45pm*

*Master's Film  
Night  
7:30pm*

*Yoga @  
Graduate Union  
Lounge,  
5:30-6:45pm,  
FREE*

**WEEK 4**  
beginning  
14/05/15

*Pilates  
@ Graduate  
Union Lounge,  
5:15-6:15pm,  
FREE*

*Zumba  
@ Graduate  
Union Lounge,  
6:30-7:30pm,  
FREE*

*Exam Drop-in with  
the Dean and  
Counsellor, 1-2pm,  
C2 Front Court*

*Free Lunchtime  
Concert @  
Kettle's Yard 12:15-  
1pm*

*Zumba @ the*

*Pet a Puppy  
11am-4pm  
[book slot]*

*Tea and Cake  
in the Bar,  
3-5pm*

*Yoga, Old JCR  
7-8pm*

*Exam Drop-in with the  
Dean and Counsellor,  
4.30-5.30pm,  
C2 Front Court*

*Meditation with the  
Buddhism & Meditation  
Society, 7.15-8.45pm,  
CUSU Conference Room,  
New Museums Site*

*Meditation at the Union*

*Zumba  
6-7pm  
Old Library  
[room & time  
TBC]*

*Yoga @  
Graduate Union  
Lounge,  
5:30-6:45pm,  
FREE*

# WELFARE TIMETABLE: \*EASTER TERM\* (WEEKS 5-7)



	THURS	FRI	SAT	SUN	MON	TUES	WED
<b>WEEK 5</b> beginning 21/05/15	<i>Pilates</i> @ Graduate Union Lounge, 5:15-6:15pm, FREE	<i>Free Lunchtime</i> Concert @ Kettle's Yard 12:15- 1pm	Tea and Cake in the Bar, 3-5pm		Yoga, Old JCR 7-8pm		Mindfulness, Old JCR, 7-7:45pm
	<i>Zumba</i> @ Graduate Union Lounge, 6:30-7:30pm, FREE	<i>Zumba @ the</i> Union Society, 5pm, members £2/ non-members £5			Exam Drop-in with the Dean and Counsellor, 4.30-5.30pm, C2 Front Court	Zumba 6-7pm Old Library [room & time TBC]	<i>Yoga @</i> Graduate Union Lounge, 5:30-6:45pm, FREE
					<i>Meditation with the</i> Buddhism & Meditation Society, 7.15-8.45pm, CUSU Conference Room, New Museums Site		
					<i>Meditation at the Union</i> Society, 5pm, £2 Members/£5 Non- members		
<b>WEEK 6</b> beginning 07/05/15	<i>Pilates</i> @ Graduate Union Lounge, 5:15-6:15pm, FREE	Exam Drop-in with the Dean and Counsellor, 1-2pm, C2 Front Court	Tea and Cake in the Bar, 3-5pm		Yoga, Old JCR 7-8pm		<i>Yoga @</i> Graduate Union Lounge, 5:30-6:45pm, FREE
	<i>Zumba</i> @ Graduate Union Lounge, 6:30-7:30pm, FREE	<i>Free Lunchtime</i> Concert @ Kettle's Yard 12:15- 1pm			<i>Meditation with the</i> Buddhism & Meditation Society, 7.15-8.45pm, CUSU Conference Room, New Museums Site	Master's Film Night 7:30pm	
		<i>Zumba @ the</i> Union Society, 5pm, members £2/ non-members £5			<i>Meditation at the Union</i> Society, 5pm, £2 Members/£5 Non- members		<i>Yoga @</i> Graduate Union Lounge, 5:30-6:45pm, FREE
<b>WEEK 7</b> beginning 14/05/15	<i>Pilates</i> @ Graduate Union Lounge, 5:15-6:15pm, FREE	<i>Free Lunchtime</i> Concert @ Kettle's Yard 12:15- 1pm			Yoga, Old JCR 7-8pm		
	<i>Zumba</i> @ Graduate Union Lounge, 6:30-7:30pm, FREE	<i>Zumba @ the</i> Union Society, 5pm, members £2/ non-members £5			<i>Meditation with the</i> Buddhism & Meditation Society, 7.15-8.45pm, CUSU Conference Room, New Museums Site		
					<i>Meditation at the Union</i> Society, 5pm, £2		