

FOLLOW-UP CONSULTATION REPORT

PATIENT INFORMATION

Name: John Doe
Date of Birth: 05/15/1980
Patient ID: P-1001
Date of Visit: January 20, 2023
Provider: Dr. Sarah Johnson

REASON FOR VISIT

Follow-up for hypertension, diabetes, and hyperlipidemia management. Review of recent laboratory results.

INTERVAL HISTORY

Patient reports improved adherence to medication regimen. No episodes of chest pain or shortness of breath. Has been monitoring blood pressure at home with readings averaging 132/84 mmHg. Blood glucose readings have been within target range \$fasting 90-120 mg/dL\$. Patient reports increased physical activity \$walking 30 minutes, 4 days per week\$ and improved dietary habits with reduced carbohydrate intake.

VITAL SIGNS

BP: 130/82 mmHg
HR: 72 bpm
RR: 16/min
Temp: 98.4 °F
Weight: 178 lbs \$down 2 lbs from last visit\$

PHYSICAL EXAMINATION

General: Well-appearing male in no acute distress
HEENT: Normocephalic, atraumatic. PERRL. EOMI. Oropharynx clear.
Cardiovascular: RRR. No murmurs, gallops, or rubs.
Respiratory: Clear to auscultation bilaterally. No wheezes or crackles.
Abdomen: Soft, non-tender, non-distended. No organomegaly.
Extremities: No edema. Pulses 2+ throughout.
Neurological: Alert and oriented x3. Cranial nerves II-XII intact.

LABORATORY RESULTS

HbA1c: 6.8% \$Improved from 7.2%\$
Fasting glucose: 110 mg/dL
LDL: 118 mg/dL \$Improved from 135 mg/dL\$
HDL: 45 mg/dL
Triglycerides: 145 mg/dL
Creatinine: 0.9 mg/dL \$eGFR >60 mL/min\$

ASSESSMENT AND PLAN

- Hypertension - Improved control. Continue Lisinopril 10mg daily.
- Type 2 Diabetes - Improved control. Continue Metformin 500mg twice daily.
- Hyperlipidemia - Improved. Continue Atorvastatin 20mg daily.
- Continue lifestyle modifications with diet and exercise.
- Follow-up in 3 months with repeat laboratory testing.