

# ANNUAL PHYSICAL EXAMINATION REPORT

## PATIENT INFORMATION

Name: John Doe

Date of Birth: 05/15/1980

Patient ID: P-1001

Date of Examination: December 5, 2022

Provider: Dr. Sarah Johnson

## CHIEF COMPLAINT

Annual physical examination. Patient reports no acute complaints.

## PAST MEDICAL HISTORY

1. Hypertension - diagnosed 5 years ago
2. Type 2 Diabetes Mellitus - diagnosed 3 years ago
3. Hyperlipidemia - diagnosed 4 years ago
4. Mild obesity

## MEDICATIONS

1. Lisinopril 10mg daily
2. Metformin 500mg twice daily
3. Atorvastatin 20mg at bedtime
4. Aspirin 81mg daily

## VITAL SIGNS

BP: 135/85 mmHg

HR: 75 bpm

RR: 16/min

Temp: 98.6°F

Weight: 182 lbs

Height: 5'10"

BMI: 26.1 (Overweight)

## PHYSICAL EXAMINATION

General: Well-developed, well-nourished male in no acute distress

HEENT: Normocephalic, atraumatic. PERRL. EOMI. TMs clear. Oropharynx clear.

Neck: Supple. No lymphadenopathy or thyromegaly.

Cardiovascular: RRR. No murmurs, gallops, or rubs.

Respiratory: Clear to auscultation bilaterally. No wheezes, rales, or rhonchi.

Abdomen: Soft, non-tender, non-distended. No organomegaly.

Extremities: No edema. Pulses 2+ throughout.

Neurological: Alert and oriented x3. Cranial nerves II-XII intact.

Skin: No rashes, lesions, or concerning moles.

## ASSESSMENT AND PLAN

1. Hypertension - Reasonably controlled. Continue Lisinopril 10mg daily.
2. Type 2 Diabetes - Continue Metformin 500mg twice daily. Order HbA1c.
3. Hyperlipidemia - Continue Atorvastatin 20mg daily. Order lipid panel.
4. Overweight - Discussed diet and exercise. Goal to lose 5-10 lbs in next 6 months.
5. Preventive care: Flu vaccine administered today. Due for colonoscopy next year at age 45.