

Design sketch

Iteration 1

What is it about?

This page shows once the user register and sign-in to the application.

The user can set the goals by adding the information, including gender, Weight, Height, lifestyle, physical activity, and BMI, to get the required daily calorie.

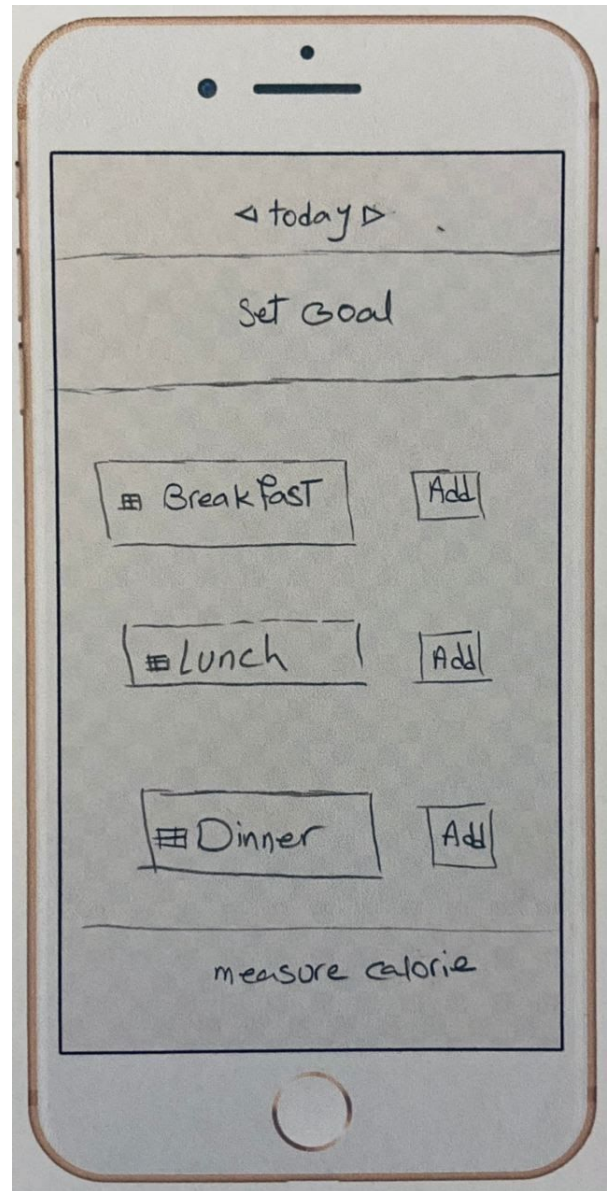
Add Breakfast, lunch, and dinner are essential sections.

Add button goes to another page to search in a database. A user could add each meal by searching the ingredients in the database or by a barcode reader.

Measuring calorie shows the remainder of daily calorie.

Research finding applied to the design

One of the key findings from our user interviews was the calorie counting method. They want to be aware of the calorie of each meal.



Iteration 2

Design principle(s) applied

- Users are willing to have an option for macro counting—showing the three macronutrients, including; protein, carbohydrates, and fat of their daily food.
- Track their weight loss visually in a chart

