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Sexism exists in my culture unlike many other cultures and its impacting lives of the people from specific gender class. One of the most visible example is gender based violence. In my patrimonial culture, these violences is happening towards women. Incidents of domestic violence and dowry-related mistreatment is a common thing. Urban area or coutryside, no matter where a women living, it's like a common phenomena for most of them. Even in many families, girls are often seen as a burden. Parents focus on their son more than daughter. Most of them think that girls are meant to be a member of another family after their marriage and that is why focusing on their son's career is more important to carry out their family tree further ahead. Another discrimination towards girls is in education sector. Some family give importance in their sons education and focus less on their daughters. Thus dreams of many girls died because of lack of opportunities. Additionally, girls are facing discriminations in their job sectors also. The boss or the manager of the company often sees women as less capable of doing some tasks and they give priority to men. These things also effects in salary and occur pay gap. Also, womens often get less opportunities to do social task.

After analysing these sexist practises' benefits and drawbacks highlights of my society I can say that there are no merits to sexism rather than demerits. Inequality and discrimination towards women just hampering our social and economical growth. There is nothing good in sexism for any society in the world. These things perpetuate inequality, undermine individual potential, and hinder personal and professional growth and that is not good thing for any society. It creates an atmosphere that is favorable for gender-based abuse and violence and that is harmful to people's bodies and minds. Moreover, by limiting the contributions and involvement of a sizable percentage of the population, sexism hinders the advancement of society.

Understanding gender is crucial for anthropologists because of its profound influence on the dynamics of human societies. We can compare a society with a human body and men and women are its two eyes. Unlike a human who cannot do his best without one eye, a society cannot get the best without the contributions of its women. Anthropologists dive into the diverse cultural expressions of gender roles and identities and recognize that norms vary significantly across different cultures. By analyzing the influence of gender on social structures, anthropologists get insights into the distribution of power, division of workforce, and societal hierarchies. Moreover, anthropologists unravel the complexities of human identity, encompassing diverse gender norms, rituals, and ceremonies by studying gender identity and expression. Also, anthropologists contribute to social change by challenging discriminatory practices and supporting gender equality based on cultural context after understanding its importance. Another important topic that adds to a fuller understanding of social dynamics is the overlap of gender with some other dimensions of identity, such as race and class. Anthropologists study the effects of patrilineal and matrilineal systems of society as they investigate how gender influences relationships, family roles, and inheritance patterns in the context of familial and kinship structures. After considering all of these things, anthropologists can examine cultural, social, and personal aspects of a problem through a lens of gender awareness, which promotes cross-cultural understanding and supports attempts to solve gender-based inequality.