$$\begin{bmatrix} a_{11} & a_{12} & & & \\ a_{21} & a_{22} & & & \\ a_{31} & a_{32} & & & \\ & & & & \\ \end{bmatrix}$$

$$\hat{Q}_{11} = Q_{11} - \hat{Q}_{11} \frac{Q_{21}}{Q_{11}} = 0$$

$$\hat{Q}_{22} = Q_{22} - Q_{12} \frac{Q_{21}}{Q_{11}} \Rightarrow (Q_{21}) = 0$$

$$\hat{Q}_{21} = Q_{22} - Q_{12} \frac{Q_{21}}{Q_{11}} = 0$$

$$a_{jz} = a_{jz} - a_{iz} \frac{a_{j1}}{a_{ii}}$$

$$|a_{jz}| = |a_{jz}| + |a_{iz}| \left|\frac{a_{j1}}{a_{ii}}\right|$$

$$|a_{jz}| = |a_{jz}| + |a_{iz}| \left|\frac{a_{j1}}{a_{ii}}\right|$$

$$\frac{\sum_{j>3} |a_{j2}| \leq \sum_{j>3} |a_{j2}| + \sum_{j>3} |a_{i2}| \frac{a_{j1}}{a_{i1}}|$$

$$|a_{n1}| > |a_{n1}| - |a_{i2}| \frac{a_{21}}{a_{i1}}|$$

Now 
$$\sum_{j \neq 3} |a_{j}z| + \sum_{j \neq 3} |a_{i}z| \left| \frac{a_{j1}}{a_{i1}} \right| + |a_{i2}| \left| \frac{a_{21}}{a_{i1}} \right|$$

$$= \sum_{j \neq 3} |a_{j}z| + |a_{i2}| \left| \frac{\sum_{j \neq 2} |a_{j1}|}{a_{i1}} \right|$$

$$\sum_{j \neq 2} |a_{j2}| \leq |a_{21}|$$