1 Solution to (3.c)

For $\|A\|_{\infty} \leq \sqrt{n} \, \|A\|_2$: Set **1** be the n-vector that has 1 as its entries. We have

$$||A||_{\infty} = ||A \cdot \mathbf{1}||_{\infty} \le ||A \cdot \mathbf{1}||_{2} \le ||A||_{2} \cdot ||\mathbf{1}||_{2} = \sqrt{n}||A||_{2}$$

For $||A||_2 \le \sqrt{n} ||A||_{\infty}$: Suppose \boldsymbol{v} to be the n-vector such that $||A||_2 = ||A\mathbf{v}||_2$ and $||\boldsymbol{v}||_2 = 1$. We have:

$$\|A\|_2 = \|A\boldsymbol{v}\|_2 \le \sqrt{n} \|A\boldsymbol{v}\|_{\infty} \le \sqrt{n} \|A\|_{\infty} \|\boldsymbol{v}\|_{\infty} \le \sqrt{n} \|A\|_{\infty} \|\boldsymbol{v}\|_2 = \sqrt{n} \|A\|_{\infty}.$$