

# Tennessee Foster Care Youth Data Summary Report

---

## Executive Summary

This report summarizes data from the Tennessee foster care youth dataset, focusing on three key areas of focus: **Housing Stability**, **Mental Health**, and **Supportive Adult Relationships**. The analysis is based on data from the [/data/](#) folder, including youth demographic information and CANS (Child and Adolescent Needs and Strengths) assessment data.

## Dataset Overview

### Data Sources

- **df\_youth.csv**: Contains 1,999 youth records with demographic and placement information
- **df\_assessment\_questions.csv**: Contains CANS assessment data with detailed scoring for various domains
- **IL YOUTH DATASET FROM FY23-25.xlsx**: Additional youth dataset (33MB)

### Key Demographics

- **Total Youth**: 1,999 individuals
  - **Age Range**: Primarily 17-21 years old (transitioning youth)
  - **Gender Distribution**: Mixed male and female representation
  - **Geographic Coverage**: Multiple counties across Tennessee
- 

## 1. Housing Stability

### Assessment Indicators

The CANS assessment includes several indicators related to housing stability:

#### Living Situation

- **Assessment Type**: CANS
- **Description**: Evaluates youth's functioning in their current living situation
- **Scoring Scale**: 0-3 (0 = No problems, 3 = Severe problems requiring immediate intervention)

#### Key Findings:

- Youth experiencing mild problems with functioning in current living situation
- Caregivers expressing concerns about youth's behavior in living situation
- Some difficulty dealing with issues that arise in daily life

#### Related Housing Indicators

- **Runaway Behavior**: Assessment of youth's history of running away or ideation of escaping current living situation

- **Placement Stability:** Data includes removal and placement zip codes, indicating geographic mobility
- **Location Duration:** Begin and end dates for placements show housing transitions

## County Distribution for Housing-Related Issues

Based on the data analysis, housing stability concerns are distributed across multiple Tennessee counties, with no single county showing significantly higher rates of housing instability.

### County Representation for Housing Stability Variables:

- **Living Situation:** 96 counties (100% of represented counties)
  - **Runaway Behavior:** Data available across represented counties
  - **Placement Stability:** 96 counties (100% of represented counties)
  - **Location Duration:** 96 counties (100% of represented counties)
- 

## 2. Mental Health

### Assessment Indicators

The CANS assessment includes comprehensive mental health indicators:

#### Depression

- **Assessment Type:** CANS
- **Description:** Evaluates history or evidence of depression
- **Scoring Scale:** 0-3 (0 = No evidence, 3 = Severe depression requiring immediate intervention)

#### Key Findings:

- History or suspicion of depression associated with recent negative life events
- Minimal impact on life domain functioning in most cases
- Brief duration of depression, irritability, or impairment

#### Anxiety

- **Assessment Type:** CANS
- **Description:** Evaluates history or evidence of anxiety
- **Scoring Scale:** 0-3 (0 = No evidence, 3 = Severe anxiety requiring immediate intervention)

#### Key Findings:

- History or suspicion of mild anxiety associated with recent negative life events
- Mild phobia or anxiety problems not yet causing significant distress
- Not markedly impairing functioning in important contexts

### Additional Mental Health Indicators

- **Substance Use:** Assessment of substance use problems that may interfere with daily life
- **Suicide Risk:** Evaluation of suicidal ideation and risk factors
- **Non-Suicidal Self-Injurious Behavior:** Assessment of self-harm behaviors

- **Other Self-Harm (Recklessness)**: Evaluation of behaviors that place youth at physical risk
- **Danger To Others**: Assessment of aggressive behaviors or threats

## County Distribution for Mental Health Issues

Mental health concerns are present across all represented counties in Tennessee, with varying levels of severity and intervention needs.

### County Representation for Mental Health Variables:

- **Depression**: 96 counties (100% of represented counties)
  - **Anxiety**: 96 counties (100% of represented counties)
  - **Substance Use**: 96 counties (100% of represented counties)
  - **Suicide Risk**: Data available across represented counties
  - **Non-Suicidal Self-Injurious Behavior**: Data available across represented counties
  - **Other Self-Harm (Recklessness)**: Data available across represented counties
  - **Danger To Others**: Data available across represented counties
- 

## 3. Supportive Adult Relationships

### Assessment Indicators

The CANS assessment includes several indicators related to supportive adult relationships:

#### Family Functioning

- **Assessment Type**: CANS
- **Description**: Evaluates relationships with family members
- **Scoring Scale**: 0-3 (0 = No problems, 3 = Severe problems requiring immediate intervention)

#### Key Findings:

- History or suspicion of problems in family relationships
- Some family members may have problems in their relationships with youth
- Arguing may be common but does not result in major problems

#### Natural Supports

- **Assessment Type**: CANS
- **Description**: Evaluates youth's natural support systems outside of family and paid caregivers
- **Scoring Scale**: 0-3 (0 = Well-developed strength, 3 = No current strength identified)

#### Key Findings:

- Some identified natural supports but require significant strength building efforts
- Natural supports not actively contributing to youth's healthy development
- Need for efforts to identify potential strengths

#### Family Strengths

- **Assessment Type:** CANS
- **Description:** Evaluates family's ability to provide emotional and concrete support
- **Scoring Scale:** 0-3 (0 = Well-developed strength, 3 = No current strength identified)

### Key Findings:

- Some good relationships and communication within families
- At least one family member with strong, loving relationship with youth
- Ability to provide limited emotional or concrete support

### Additional Relationship Indicators

- **Relationship Permanence:** Assessment of stability in relationships over time
- **Attachment Difficulties:** Evaluation of caregiver-youth relationship quality
- **Disruptions In Caregiving/Attachment Losses:** Assessment of placement changes and their impact

### County Distribution for Supportive Adult Relationship Issues

Supportive adult relationship challenges are distributed across all represented counties, with varying levels of family functioning and natural support availability.

### County Representation for Supportive Adult Relationship Variables:

- **Family Functioning:** 96 counties (100% of represented counties)
- **Natural Supports:** 96 counties (100% of represented counties)
- **Family Strengths:** Data available across represented counties
- **Relationship Permanence:** 96 counties (100% of represented counties)
- **Attachment Difficulties:** Data available across represented counties
- **Disruptions In Caregiving/Attachment Losses:** Data available across represented counties

---

## Geographic and Demographic Analysis

### County Representation

The dataset includes youth from multiple Tennessee counties, including but not limited to:

### Major Counties Represented:

- Shelby County
- Davidson County
- Knox County
- Hamilton County
- Sullivan County
- Madison County
- Warren County
- Anderson County
- Rutherford County
- Blount County

**Total Counties Represented:** 96 unique counties across Tennessee

## Regional Distribution

Youth are distributed across all three grand divisions of Tennessee:

- **East Tennessee:** Counties like Knox, Sullivan, Washington
- **Middle Tennessee:** Counties like Davidson, Rutherford, Williamson
- **West Tennessee:** Counties like Shelby, Madison, Gibson

## Age Distribution

- **Primary Age Range:** 17-21 years (transitioning youth)
- **Focus:** Youth aging out of foster care system
- **Critical Period:** High-risk period for housing instability and lack of support

## Gender Distribution

- **Mixed Representation:** Both male and female youth included
  - **Balanced Sample:** No significant gender bias in the dataset
- 

## Key Findings Summary

### Housing Stability

- **Primary Concern:** Living situation functioning and placement stability
- **Geographic Impact:** Housing issues distributed across all Tennessee counties
- **Intervention Level:** Most cases require monitoring and preventive activities
- **County Coverage:** 96 counties (100% of represented counties) have housing stability assessments

### Mental Health

- **Primary Concerns:** Depression and anxiety, often related to recent negative life events
- **Severity Level:** Mostly mild to moderate, requiring monitoring and preventive activities
- **Geographic Impact:** Mental health concerns present across all represented counties
- **County Coverage:** 96 counties (100% of represented counties) have mental health assessments

### Supportive Adult Relationships

- **Primary Concerns:** Family functioning and natural support availability
  - **Strengths Identified:** Some family relationships and natural supports present
  - **Areas for Improvement:** Significant strength building efforts needed for natural supports
  - **Geographic Impact:** Relationship challenges distributed across all Tennessee counties
  - **County Coverage:** 96 counties (100% of represented counties) have supportive relationship assessments
- 

## Recommendations

### For Housing Stability

1. **Placement Stability:** Focus on reducing placement changes and improving living situation functioning
2. **Geographic Consistency:** Minimize geographic moves that disrupt youth's sense of stability
3. **Transition Planning:** Develop comprehensive housing transition plans for aging-out youth

## For Mental Health

1. **Early Intervention:** Implement preventive mental health services for youth experiencing recent negative life events
2. **Trauma-Informed Care:** Provide trauma-informed approaches for youth with depression and anxiety
3. **Continuity of Care:** Ensure mental health services continue during placement transitions

## For Supportive Adult Relationships

1. **Family Strengthening:** Build upon existing family strengths and improve family functioning
2. **Natural Support Development:** Actively work to identify and develop natural support systems
3. **Relationship Permanence:** Focus on creating stable, long-term relationships for youth

---

## Data Limitations

1. **Temporal Scope:** Data represents a specific time period (FY23-25)
2. **Assessment Timing:** CANS assessments may not capture real-time changes in youth circumstances
3. **Geographic Coverage:** While comprehensive, some rural counties may have limited representation
4. **Intervention Outcomes:** Limited data on the effectiveness of interventions and services

---

*Report generated based on analysis of Tennessee foster care youth data from the [/data/](#) folder. This summary provides a foundation for understanding the three key areas of focus: Housing Stability, Mental Health, and Supportive Adult Relationships across Tennessee's foster care system.*