

All articles not specifically mentioned were used for background information
(My apologies, I said cold coffee in the video when it was a cold brew)

Coffee

1. <https://espressocoffeeguide.com/all-about-coffee-2/worlds-best-history-of-coffee/coffee-history-1900-1950/>
2. https://erowid.org/chemicals/caffeine/caffeine_timeline.php
3. <https://blogs.scientificamerican.com/anthropology-in-practice/the-culture-of-coffee-drinkers/>
4. <https://anthrosource.onlinelibrary.wiley.com/doi/epdf/10.1525/aa.1996.98.4.02a00070>
5. <https://magazine.crema.co/third-wave-f6479681dcf9>
6. <https://filtermag.org/if-we-wrote-about-caffeine-like-we-do-other-drugs/>
7. <https://www.arcadiapublishing.com/Navigation/Community/Arcadia-and-THP-Blog/July-2017/New-York-City-Coffee-A-Caffeinated-History>
- 8.

Raw Caffeine:

1. <https://www.healthline.com/health-news/fda-cracking-down-on-caffeine-powder#1>

Tea

1. <https://time.com/3996712/a-brief-history-of-the-tea-bag/>

Articles:

1. ir.canterbury.ac.nz/bitstream/handle/10092/6961/fenn_thesis.pdf?sequence=1
2. https://www.tandfonline.com/doi/pdf/10.1080/01483918708074191?casa_token=5n9CooCRaNsAAAAA:SEK8rBAtONtIrv6QbO2b4vZxBAJ2HK0D6_XduTm9upZr0PScjempzY-k0_ooUEEC9dlZvAiAKsl0Q