# Feedback Workshop

#### Why give feedback?

Most immediate way to have an impact on how people behave

#### **My Promise**

"I want you to exit the room knowing

that you can change the world with

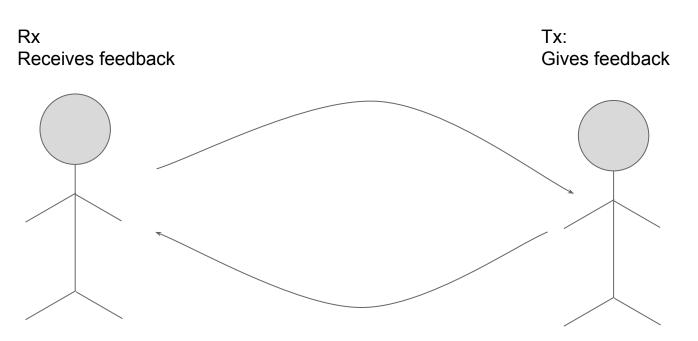
your words."

#### The Change Game

Change is important, so let's make a simulation game about it!

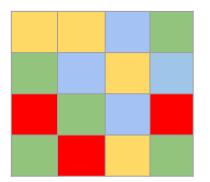
## **The Change Game**

Two Players



#### The Change Game: Example Run

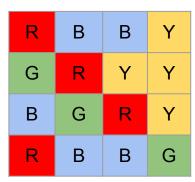
RX: has the Receiver sheet



wins if configuration is correct

Is my Configuration correct?

TX: has the Master sheet



wins if he stays in character

(answer in character)

#### The Change Game: The feedback givers

Red: Saboteur

(wants to advance his own agenda)

Blue: **Helpful** 

(wants to help you get your goal)

Green: No feedback

(doesn't want to help)

Yellow: Cheerleader

(only wants to please you)

Black: **Negative** 

(sees only the bad, wants to tell you how to do things)

#### When to give feedback?

- Continuously!
  - Creates a feedback-neutral environment
  - It doesn't let the car go in to the stream

#### **Principles of good feedback**

- Precision
- Timeliness
- Applicability
- Neutrality
- IGNORABILITY (can't be a momentous speech, you have 1:1 for that)

#### How Many times do you give feedback?

Feedback is difficult

#### How to give feedback

- Can I give you feedback / Can we speak about what just happened / Can I share something with you?
  - a. MUST expect also a no
- 2. When you <do something>
  - a. You frame the behavior
- 3. This is what happens
  - a. Show the desired/undesired consequence
- 4. Conclusion
  - a. Please could you do more of that, that was great.
    - i. More precisely, (that saved us a lot of time)
  - b. Please would you do differently next time?

#### How to receive feedback

- Understand that the giver cares about something or someone.
  - Could be you
  - Could be the topic
  - Could be herself
    - It is VERY important to to use understanding listening in this case
- Understand that sometimes the feedback contains "I feel hurted of what you said,"

### How **NOT** to give feedback?

• Ex: which Words?

Ex: which concepts you should not express?