Business Model Canvas (BMC) for a Healthy Food App

Element	Details
Customer Segments	- Type 1 and Type 2 diabetes patients Hypertension patients Elderly individuals requiring a healthy diet Health-conscious individuals aiming to prevent chronic diseases Hospitals and clinics looking to provide suitable dietary options for patients.
Value Proposition	- Providing well-balanced, customized healthy meals based on patient needs Ensuring controlled calories, sugar levels, and sodium content in every meal Offering personalized dietary recommendations based on users' health data Making healthy food options easily accessible without personal preparation Collaborations with nutrition experts and doctors to ensure quality and balanced meals.
Channels	- Mobile application (iOS & Android) for ordering and customization Website offering ordering and subscription services Social media platforms for marketing and customer engagement Partnerships with hospitals and clinics to promote the app Physical selling points such as health food stores or pharmacies.
Customer Relationships	- Direct technical support via in-app chat or phone Educational content on healthy nutrition through blogs and social media Loyalty programs offering discounts and rewards for regular users Periodic surveys to enhance services based on customer feedback.
Revenue Streams	- Monthly subscriptions for customized meal plans Pay-per-order revenue model Paid advertisements within the app from health food brands Partnerships with clinics and hospitals to provide services Sales of health-related products (e.g., supplements, healthy beverages).
Key Activities	- Developing and improving the app for a seamless user experience Preparing healthy meals according to dietary standards Managing delivery operations to ensure fresh and timely food arrival Digital marketing and promotional strategies to attract customers Analyzing customer health data to improve meal recommendations.
Key Resources	- A team of nutrition experts and specialized chefs Advanced technology system for order processing and meal recommendations

Element Warehouses for storing high-quality healthy ingredients.- Efficient distribution network for fast and safe delivery.- Partnerships with hospitals and doctors to enhance credibility. - Collaborations with doctors and nutritionists for precise recommendations.- Healthy food suppliers to ensure quality and sustainability.- Delivery companies to ensure fast and efficient food transportation.- Hospitals and clinics to offer services to their patients.- Online payment platforms to facilitate transactions. - App development and maintenance costs.- Food preparation and

Cost Structure storage costs.- Logistics and delivery expenses.- Marketing and

advertising costs.- Employee salaries and expert partnerships.