

# REINFORCEMENT LEARNING

## From Fundamentals to Advanced Policy Methods

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- 1 Introduction to Reinforcement Learning Fundamentals
- 2 Advanced Reinforcement Learning Algorithms
- 3 Policy Optimization Methods
- 4 Advanced Policy Methods & Multi-Agent RL



# Outline

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# What is Reinforcement Learning?

## Reinforcement Learning

- **Reinforcement Learning** is a computational approach to learning whereby an **agent** tries to maximize the notion of cumulative **reward**.
- The agent learns to achieve a **goal** in an uncertain, potentially complex **environment**.

• Agent: The learner or decision maker

• Environment: Everything the agent interacts with

• Action: The decision made by the agent

• Reward: The feedback signal from the environment



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# RL vs. Other Learning Paradigms

## Supervised Learning:

- Uses **labeled** data
- Direct feedback
- Static datasets

## Unsupervised Learning:

- No labels
- Pattern discovery
- Structure finding

## Reinforcement Learning:

- Trial-and-error learning
- Delayed rewards
- Sequential decision making
- Exploration vs. exploitation
- Dynamic environments



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# Markov Decision Processes (MDPs)

An MDP is defined by the tuple  $(S, A, P, R, \gamma)$ :

- **S**: Set of **states**
- **A**: Set of **actions**
- **P**: **Transition** probabilities  $P(s'|s, a)$
- **R**: **Reward** function  $R(s, a, s')$
- $\gamma$ : **Discount** factor  $[0, 1]$

## Markov Property

The future is independent of the past given the **present state**.

$$P(s_{t+1}|s_t, a_t, s_{t-1}, a_{t-1}, \dots) = P(s_{t+1}|s_t, a_t)$$



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# Agent-Environment Interaction

## The RL Loop:

- 1 Agent observes current **state**  $s_t$
- 2 Agent selects **action**  $a_t$  based on policy  $\pi(a|s)$
- 3 Environment transitions to new **state**  $s_{t+1}$
- 4 Environment gives **reward**  $r_{t+1}$
- 5 Agent updates its **knowledge**
- 6 Repeat. . .



# Value Functions and Policies

## Policy

A **policy**  $\pi(a|s)$  is a mapping from states to **probability distributions** over actions.

## Value Functions

- **State Value:**  $V^\pi(s) = E[G_t | s_t = s]$
- **Action Value (Q-function):**  $Q^\pi(s, a) = E[G_t | s_t = s, a_t = a]$

Where  $G_t = \sum_{k=0}^{\infty} \gamma^k r_{t+k+1}$  is the **return**.



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# Practical Example: Grid World Navigation

- **Environment:**  $4 \times 4$  grid with walls and goal
- **States:** Agent's position  $(x, y)$
- **Actions:** Up, Down, Left, Right
- **Rewards:**  $-1$  per step,  $+100$  at goal,  $-100$  in pit
- **Goal:** Find shortest path to reward





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# Q-Learning Algorithm I

## Definition

Q-Learning is a **model-free** reinforcement learning algorithm that learns the optimal action-value function  $Q^*(s, a)$  directly from interactions with the environment.



# Q-Learning Algorithm II

## Q-Learning Update Rule

$$Q(s_t, a_t) \leftarrow Q(s_t, a_t) + \alpha[r_{t+1} + \gamma \max_a Q(s_{t+1}, a) - Q(s_t, a_t)]$$

- $\alpha$ : Learning rate  $[0, 1]$
- $\gamma$ : Discount factor  $[0, 1]$
- **Off-policy**: Learns optimal policy regardless of behavior policy
- **Model-free**: No need to know transition probabilities



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# Bellman Equation for Q-Values

## Bellman Optimality Equation

$$Q^*(s, a) = E[r + \gamma \max_{a'} Q^*(s', a') | s, a]$$

- Q-Learning approximates this equation through temporal difference learning
- The TD error:  $\delta = r + \gamma \max_a Q(s', a) - Q(s, a)$
- Learning is done by updating Q-values using the TD error



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# Exploration vs. Exploitation

## The Exploration-Exploitation Dilemma

Should the agent choose the **best known action** (exploit) or try **something new** (explore)?

### $\epsilon$ -Greedy Strategy

- With probability  $\epsilon$ : choose random action (explore)
- With probability  $1-\epsilon$ : choose best known action (exploit)
- Often use **decaying**  $\epsilon$  over time



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# Practical Example: Q-Learning in Grid World

- Initialize  $Q(s, a)$  arbitrarily (e.g., all zeros)
- For each episode:
  - Initialize state  $s$
  - Repeat until episode ends:
    - Choose action  $a$  using  $\epsilon$ -greedy policy
    - Take action  $a$ , observe reward  $r$  and new state  $s'$
    - Update Q-value:  $Q(s, a) \leftarrow Q(s, a) + \alpha[r + \gamma \max_a Q(s', a) - Q(s, a)]$
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# SARSA Algorithm

## SARSA Update Rule

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- **On-policy:** Updates based on the **actual policy** being followed
- **SARSA:** State-Action-Reward-State-Action sequence
- More **conservative** than Q-Learning
- Better for **safety-critical** applications



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# On-Policy vs. Off-Policy Learning

## On-Policy (SARSA):

- Learns about policy **currently following**
- More **conservative**
- Accounts for exploration in updates
- Safer in risky environments

## Off-Policy (Q-Learning):

- Learns about **optimal policy**
- More **aggressive**
- Ignores exploration in updates
- Faster convergence



# SARSA Algorithm Mechanics

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# Practical Example: Cliff Walking Problem

- **Environment:** Agent walks along a cliff edge
- **Cliff:** Large negative reward ( $-100$ )
- **Goal:** Reach the end safely
- **SARSA:** Takes safer path (away from cliff)
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# Function Approximation in RL

## The Problem

- Large or **continuous state spaces**
- Cannot store **Q-values** for every state-action pair
- Need to **generalize** from seen to unseen states

## Solution: Function Approximation

Use neural networks to approximate:  $Q(s, a) \approx Q(s, a; \theta)$



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# Deep Q Network (DQN) Architecture

## Key Components

- **Deep Neural Network:** Approximates Q-function
- **Experience Replay:** Stores and samples past experiences
- **Target Network:** Stable Q-targets for training
- **Fixed Q-Targets:** Reduces correlation in updates

## Loss Function

$$L(\theta) = E[(r + \gamma \max_{a'} Q(s', a'; \theta^-) - Q(s, a; \theta))^2]$$





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# Experience Replay Mechanism

- **Store:** Experiences  $(s, a, r, s')$  in replay **buffer**
- **Sample:** Random minibatch for training
- **Benefits:**
  - Breaks temporal correlations
  - Improves data efficiency
  - Enables batch learning



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# DQN for Atari Breakout: Practical Example

## Atari Breakout Implementation

- **Input:** Raw pixels ( $210 \times 160 \times 3$ )  $\rightarrow$  preprocessed ( $84 \times 84 \times 4$ )
- **Network:** CNN with 3 conv layers + 2 dense layers
- **Actions:** 4 discrete actions (NOOP, FIRE, RIGHT, LEFT)

• Preprocessing: Grayscale, resize, frame stacking (4 frames)

• Reward: +1 for each brick destroyed, +5 for clearing level



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# Policy-Based vs. Value-Based Methods

## Value-Based:

- Learn **value functions**
- Derive policy from values
- Discrete action spaces
- Q-Learning, SARSA

## Policy-Based:

- Learn **policy directly**
- Parameterized policies
- **Continuous** actions
- Stochastic policies



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# Policy Gradient Theorem

## Gradient of Expected Return

$$\nabla_{\theta} J(\theta) = E_{\pi_{\theta}}[\nabla_{\theta} \log \pi_{\theta}(a|s) Q^{\pi_{\theta}}(s, a)]$$

- $\theta$ : Policy parameters
- Intuition: Move parameters in direction that increases probability of good actions
- Key insight: We can estimate gradients through sampling



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# REINFORCE Algorithm

## REINFORCE Update

$$\theta \leftarrow \theta + \alpha \nabla_{\theta} \log \pi_{\theta}(a_t | s_t) G_t$$

- Uses **Monte Carlo** return  $G_t$
- High **variance** but unbiased
- Often use **baseline** to reduce variance
- $\theta \leftarrow \theta + \alpha \nabla_{\theta} \log \pi_{\theta}(a_t | s_t) (G_t - b(s_t))$



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# Actor-Critic Architecture

## Two Components

- **Actor:** Policy  $\pi_{\theta}(a|s)$  — **chooses** actions
- **Critic:** Value function  $V_{\phi}(s)$  — **evaluates** actions

## Benefits

- Lower variance than REINFORCE
- Online learning (no need to wait for episode end)
- Uses TD error:  $\delta_t = r_{t+1} + \gamma V(s_{t+1}) - V(s_t)$



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# Proximal Policy Optimization (PPO) Motivation

## Problems with Basic Policy Gradients

- Large policy updates can be **destructive**
- Hard to choose appropriate **step size**
- Poor **sample efficiency**

## PPO Solution

Constrain policy updates to stay in a **trust region** around current policy



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# PPO Clipped Objective

## Clipped Surrogate Objective

$$L^{CLIP}(\theta) = E[\min(r_t(\theta)\hat{A}_t, \text{clip}(r_t(\theta), 1 - \epsilon, 1 + \epsilon)\hat{A}_t)]$$

- $r_t(\theta) = \frac{\pi_\theta(a_t|s_t)}{\pi_{\theta_{old}}(a_t|s_t)}$  (probability ratio)
- $\hat{A}_t$  is advantage estimate
- Clips ratio to  $[1 - \epsilon, 1 + \epsilon]$
- Prevents **destructively large** policy updates



# Practical Example: PPO on LunarLander-v2

## LunarLander-v2 Environment

- **State:** Position, velocity, angle, angular velocity, leg contact (8D continuous)
- **Actions:** 4 discrete actions (NOOP, LEFT, MAIN, RIGHT)
- **Goal:** Land safely between flags (+100 to +140 points)

• Reward Shaping: Distance, speed, angle penalties, fuel costs

• PPO Advantages: Stable learning with sparse rewards

• Policy Network: MLP ( $8 \rightarrow 128 \rightarrow 128 \rightarrow 4$ )

Value Network: MLP ( $8 \rightarrow 128 \rightarrow 128 \rightarrow 1$ )

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  - **Performance:** Solves environment (**average reward** > 200)



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# Trust Region Concept

## Trust Region Optimization

- Optimize within a **trusted region** of current policy
- Ensures **monotonic improvement**
- Prevents policy **collapse**

## Trust Region Policy Optimization (TRPO) Constraint

$$E[KL(\pi_{\theta_{old}}(\cdot|s), \pi_{\theta}(\cdot|s))] \leq \delta$$



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# TRPO Mathematical Formulation

## Constrained Optimization Problem

$$\text{maximize} \quad L(\theta) \quad (1)$$

$$\text{subject to} \quad \bar{D}_{KL}(\theta_{old}, \theta) \leq \delta \quad (2)$$

- Solved using conjugate gradient method
- More principled than PPO but computationally expensive
- Guarantees monotonic improvement



# TRPO Mathematical Formulation

## Constrained Optimization Problem

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- Uses **Fisher information matrix** to scale gradients
  - Accounts for **geometry** of policy space
  - Update:  $\theta \leftarrow \theta + \alpha F^{-1} \nabla_{\theta} J(\theta)$
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# Practical Example: TRPO in Complex Continuous Control

## Complex Continuous Control Tasks

- **High-dimensional** state and action spaces
- Requires **precise** control and coordination
- Examples: *robotic manipulation, locomotion*

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# Multi-Agent Environments

## Challenges

- **Non-stationary** environments
- Other agents are **learning** simultaneously
- **Coordination** and competition
- **Communication** between agents

• **Cooperative:** Agents share common goal

• **Competitive:** Zero-sum games

• **Cooperative and competitive environments**



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A strategy profile where no agent can improve by **unilaterally changing** their strategy.

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# Centralized Training, Decentralized Execution

## CTDE Paradigm

- **Training:** Use **global information** and centralized critic
- **Execution:** Each agent acts with only **local observations**

- Addresses partial observability
- Enables coordination during training
- Maintains decentralized execution
- Examples: MADDPG, COMA, QMIX



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# Communication in Multi-Agent Systems

## Communication Protocols

- **Explicit:** Agents exchange messages
- **Implicit:** Agents infer others' intentions from actions

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• Challenges: Bandwidth constraints, noise, security

• Research in communication protocols for multi-agent systems



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# Outline

- 1 Introduction to Reinforcement Learning Fundamentals
- 2 Advanced Reinforcement Learning Algorithms
- 3 Policy Optimization Methods
- 4 Advanced Policy Methods & Multi-Agent RL



# Thanks!

## Questions?



Repo: <https://github.com/EngAndres/ud-public/tree/main/courses/reinforcement-learning>

