Your medical ID

* Date of birth ( so age will be calculated )
* Weight
* Height
* BMI ( Body Mass Index ) ( automatically driven from weight & height )
* Blood type : A+ , A-, B+,B-, AB+, AB-, O+, O-
* Gender: male / female / prefer not to mention
* Allergies / restrictions
* Medication
* Body temperature
* Blood pressure: low , normal (120/80) , high
* Body fat distribution
* Diabetic: yes / no / pre-diabetic
* Heart rate
* Respiratory rate
* Asthmatic: yes / No / moderate
* Physical activity
* Sleep pattern
* Emergency contact