



COMPANY PROFILE





Our Company

Raba Care Center is a Mental health platform designed to provide a safe space for self-exploration through Trainings, Mentorship and Counseling services that meet our clients unique needs.

We have a team of experienced mental health professionals that accompany our clients on their path to mental and emotional wellness.

5000+

The size of the **audience** we have reached this far.



Our Mental Health Consulting Team



Executive Director



Lead Psychotherapist



Consultant Psychiatrist



Psychiatric Medical Social Worker



Marriage & Family Therapist



Child Psychologist/ Play Therapist



Purpose Coach

Vision

To be the most preferred center for comprehensive mental health services.

Mission

We exist to educate society on mental health issues, empowering individuals in their wellness journey, Mentor young professionals, challenging mental health stigma, and advocating for psychotherapy..



Our Services



- ◆ **Individual Therapy**
- ◆ **Youth & Adolescent Therapy**
- ◆ **Marriage & Family Therapy**
- ◆ **Mentorship Programs**
- ◆ **Loss & Grief/Trauma Therapy**
- ◆ **Community & Mental Health Programs**
- ◆ **Drug & Substance Abuse Counseling**
- ◆ **Psychological Evaluations**

Some Of Our Highlights



**Youth Mentorship
Programs**



**School
Leadership Training**



**Church-based
Trainings**



Mental Health & Psychological Support



Youth Support for Life Transitions



SGBV Survivors Support Groups



Motherhood Conversations



Student Therapy Sessions



GBV & Mental Health Webinars



Educational & Empowerment Achievements



Support for Young Mothers



Empowerment of Domestic Managers (House Helps)



University of Washington Online Courses Training



Mental Health Training To County Assembly Of Baringo

Our Next Steps



**Sponsorship Program
for Disadvantaged
Students**

**Boy-child
Empowerment
Program**

**Youth Transition
Programs Expansion**



Domestic Managers Empowerment Training



New Strategic Partnerships

We Have Been Featured on



**Bridges smiles
foundation**



**Nivishe
foundation**



Family TV



EBN TV



Radio Mwago FM



KBC TV



**Mwellness
CBO**



**Truth FM
Radio**



LFE



**Kenya Conference
of Catholic Bishops
(KCCBO)**



**Strathmore
University
Mentorship
Programs**



**Jijue
Kushamiri
Organization**



**Radio
Waumini**



NICE TV



Badili Africa



**Ready to engage
with us?**



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Follow us

Raba Care Center



Doreen Nkatha Wachira

Lead Psychotherapist | Founding Director Raba Care Center

18+ Years in Mental Health, Counseling, Mentorship and
Advocacy

Call us



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